

Space

## WHAT'S IN THIS BULLETIN

13<sup>th</sup> Dec 2022

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- Call For Expression Of Interest: Vacancy: District 9800 RAM Supervisor
- Gallery

### Meeting Responsibilities

*Chair*  
WILLIAMS, Rohan

*Greeter/Zoom Host*  
JOHN, Rebecca

*Reporter*  
John, Neville

*Photographer*  
THORNTON, Roger

*Door*  
PASTIDIO, Lady

*Bulletin Editor*  
LIM, Daniel

*Social Media*  
LIM, Daniel



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## NEXT MEETING

This is a breakfast meeting at the RACV Club in the CBD, and the last meeting of the calendar year.

If you would like to visit our meeting, please book directly through [Humanitix](#) by close of business on Friday, 9 December 2022. If you would like a more general discussion about attending a Rotary meeting, phone 0455-858-996.

The meeting will commence at 7:40am and conclude no later than 8:45.

# **CHRISTMAS BREAKFAST MEETING FOR MEMBERS, FAMILIES AND FRIENDS**



**Christmas breakfast for members, families and friends.**

Christmas hampers collected for distribution to selected communities.

Garden DesignFest raffle drawn.

Special Christmas musical performance.

Celebrate our club's achievements for the first half of the Rotary year and share the company of our Rotary friends.

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## **FROM THE LAST MEETING**

**Reporter:** Therese Robinson

**Meeting visitors:**

- Professor Renata Kokanovic
- Peter McDonald visiting Rotarian, Toowoomba
- Jo Garretty, guest of Maureen Jackson

**Guest speaker: Professor Renata Kokanovic**

Professor Kokanovic walked us through her research interests in mental health concerns, from both improving understanding of people with lived experience of poor mental health and mental health care. She is Director of the Social and Global Studies Centre at RMIT, and is a founder and Director of Healthtalk Australia since 2012. In this role, she collaborates with a wide range of industry partners including government, not for profit organisations and people with lived experience to produce digital health resources. In particular, Healthtalk Australia uses stories told by a diverse range of people to understand their experience of mental illness and of the care they experienced, as well as by their carers' and families. The purpose is to support people who may be newly diagnosed to help them ask questions, understand what to expect and help them to articulate how they may wish to receive support. In relation to care experienced, the digital resources aim to highlight what is and isn't working in provision of care and how to improve it. Healthtalk is more than mental health with digital resources on ageing and women's health also.

The resources were developed with oversight by two advisory groups, one led by people with lived experience, and one with health care experts. The intention is also to situate the resources in the context of people's lives, and therefore impact on families, daily activities and work.

Healthtalk has more than 500 interviews with Australians from a range of adults (18 years up) with diverse backgrounds, gender and cultural identities. There are a total of 14 resources. Healthtalk resources are used by health professionals in various ways, including input to drafting of legislation of a new mental health act, and professional development.

New work that has been funded includes a project on substance abuse, a project looking at the physical health of people with mental health issues and those preparing for parenthood. Other collaborations include work with SPECTRUM on people with a diagnosis of borderline personality disorder, and with Orygen Health with Peter McGorrie.

Professor Renata also spoke briefly about the Big Anxiety Festival, which ran in Melbourne from 21 September to 15 October 2022, which she co-directed. Up to 50 events were held across Victoria, comprising artists with lived experience and creative responses. A two day forum was held in Melbourne and an 'Awkward Conversations' event, where members of the public could book a 30 minute interview with people with lived experience. These were fully subscribed.

Professor Kokanovic answered a number of questions and offered to attend again in the future to provide updates. Professor Kokanovic also acknowledged the irony in discussing digital resources when she was unable to get her presentation to work.

### **Announcements:**

- Neville John announced that the two Bunnings BBQ held on the weekend had been very successful, with Collingwood raising \$865 and Port Melbourne \$1850. This funding will be provided to Echuca-Moama to assist with flood relief. Neville acknowledged the support of members of the club.
- Peter Duras announced that Caprice has made another very large donation of clothing, which needs to be distributed to charitable partners before christmas. Please let Peter know if you are available to assist with the sorting and distribution.

- Rebecca John reminded members of the opportunity to purchase a hamper to assist vulnerable people through Steps Outreach or asylum seekers through the Uniting Lantana program.
- Michelle Crawford announced that there would be two guests from TAL at the christmas breakfast next week. This year the TAL staff have an option of providing a financial donation or a gift.
- Doug Roberts announced that a Mental Health First Aid course would be commencing next week and that this would be the fourth one the club has supported this year. In addition, interviews with police applicants for the Silk-Miller scholarships were held on Wednesday.
- Peter Duras noted that Herb Greenwood is recovering from surgery, and that Pauline O'Brien is recovering from a nasty fall.

**President Rohan made the following announcements:**

- Asking members to contribute to the membership survey which is currently running, with some helpful and constructive feedback provided already
- The regionalisation vote recommending the new model has been approved and is going to the Rotary International Board for ratification
- Suggest booking for the Rotary International Conference by 14 December as fees will go up by \$100 after that
- Please let Rohan know if you are planning to discontinue with Rotary next year, as full fees will be charged for members enrolled at 1 January
- Next meeting will be the Christmas breakfast with guests from TAL, Steps Outreach and Lantana, the Garden Design Fest raffle will be drawn, there will be a hot breakfast and a musical performance by the choir who sang at changeover

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## **2023 MELBOURNE ROTARY INTERNATIONAL CONVENTION - REGISTRATION GUIDE FOR MEMBERS**



#### **MAKING SURE YOU GET THE BEST DEAL TO REGISTER FOR THE RI MELBOURNE CONVENTION**

If you have not yet registered for the RI Convention in Melbourne in May 2023, **here's how to get the lowest price possible:**

1. Book as soon as possible and before 15 December, when the cost to register increases by US \$100
2. Make sure that you select the option when you come to pay with your credit card (preferred option) that you **select AUD** from the **dropdown menu**. This will ensure that you do not pay credit card fees, commissions or incur a poor exchange rate. You will be billed at the "Rotary" exchange rate for that month, which will be better than the rate offered by your credit card provider
3. In the circumstance that you do need to cancel your booking it will also ensure that you get the best exchange rate on your refund and avoid other costs
4. If you or your partner or other guest are **under the age of 30**, you can access a really great registration rate of only **US \$125!**
5. Children are welcome too for a very nominal fee

**If you are still uncertain about your payment**, or if there seems to be no option to pay in AUD choose the payment option of "Pay Later" and then contact the Rotary Office in Sydney at [risppo.finance@rotary.org](mailto:risppo.finance@rotary.org), providing your registration ID so they can assist you to complete the registration.

#### **How to register:**

Go to: [Melbourne | Rotary Convention](#)

Please **follow the step by step instructions below** if you need assistance with the process to register.

At the same link you can also reserve **accommodation** from a range of price options.

#### **Other Conference Opportunities:**

To reserve a spot at **Signature events** and **host hospitality** events or to arrange a **tour** in conjunction with your visit to Melbourne please visit the Host Organisation Committee website at: [Rotary International Convention, Melbourne 2023 \(27-31 May\) \(rotarymelbourne2023.org\)](https://rotarymelbourne2023.org)

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## **ROTARY CLUB OF NORTH MELBOURNE - SUPPORT DISPLACED PERSONS FROM UKRAINE**



**RAFFLE TICKET DRAW IS ON  
7TH. OF JANUARY 2023.**

**Rotarians, Support Displaced  
Persons From Ukraine, Help  
Raise Funds.**

RC of North Melbourne is assisting the Association of Ukrainians in Victoria who are running a raffle to raise funds to support re-settlement.

The Association is offering Clubs in our District of 9800, the opportunity to support the needs of the displaced Ukraine community, whilst also raising funds for their own Club.

By offering a \$5.00 return per raffle ticket sold back to the Clubs. The raffle tickets are \$20 each, a book holds 20 tickets, each book sold will raise \$400, with Clubs to receive \$100 back"

**Prizes:**

**First prize \$15,000 gift card.**

**Second prize \$2000 gift card.**

**Plus 30 x 100 Gift card.**

For orders please get in touch with  
RC of NM Ted Dziadkiewicz

m: 0408106719

email: [tedd@contourstravel.com.au](mailto:tedd@contourstravel.com.au)

or Association of Ukrainians in Victoria  
[communications@auv.org.au](mailto:communications@auv.org.au)



**CALL FOR EXPRESSIONS OF INTEREST:**  
**VACANCY: DISTRICT 9800 RAM SUPERVISOR**

## CALL FOR EXPRESSIONS OF INTEREST

### VACANCY: DISTRICT 9800 RAM SUPERVISOR

The Rotarians Against Malaria (RAM) District Supervisor is a member of his/her RAWCS District Committee. Their appointment is made in accordance with the procedures and requirements of that Committee. A RAM District Supervisor represents RAM on their District RAWCS Committee as well as to the Rotary Clubs and Rotarians within their Districts

The position of the D9800 District Supervisor is now vacant and Southern Region is seeking a suitable candidate to email an 'Expressions of Interest' for this position to the Southern Region Supervisor Gloria Hargreaves. Orientation and mentoring will be provided

The role of a RAM District Supervisor includes:

- Forming a committee to assist with and support his/her work within the District. This will allow for visits to clubs and the representation of RAM at District functions to be shared and will also provide for succession planning
- Raising and promoting awareness within Rotary, Rotaract and the general public of what RAM is and does.
- Keeping regular contact with each club in his/her District
- Visiting Rotary and Rotaract clubs as guest speaker giving presentations on RAM
- Raising funds and support for RAM's National Programs
- Mounting RAM displays at District functions (eg Conference, PETS, District Assemblies etc)
- Ensuring that he/she has a ready supply of resources (RAM Brochures, MAD Leaflets, RAM pins, colouring books, a banner etc) and contacting the National Secretary when supplies need supplementing
- Contributing to District e-News and the DG's Newsletter
- Promoting Malaria Awareness Day (MAD) to publicise RAM's work to Rotarians and members of the general public

#### Contact:

Southern Region RAM Supervisor Gloria Hargreaves. ([ram.southern@rawcs.org.au](mailto:ram.southern@rawcs.org.au)) or [egharg@netspace.net.au](mailto:egharg@netspace.net.au) for the Role Description and Nomination Form.

Thank you.

Southern Region RAM Supervisor Gloria Hargreaves  
5<sup>th</sup> December, 2022

## GALLERY



Becky and Russell



Therese and Rob



Tom and Visitor Peter



Visitor, Guest speaker  
Renata, Birthday today  
Bekkie, Rohan, Millie



Pre Meeting - Millie,  
Maureen, Neville