

NEIGHBORHOOD

SATURDAY, FEBRUARY 17, 2024 | journalstar.com | SECTION D

EXTRA

Lincoln South Rotary grants \$3,375 to No Footprint Too Small



COURTESY PHOTO

Rachel Schabe (left), outreach coordinator for No Footprint Too Small, with Mary Gilbride, 2023-24 president of Lincoln South Rotary.

NICKI KLEIN
for the Neighborhood Extra

Mental health has been gaining attention as an important part of overall wellness, and Rotary recognizes that wellness is important to ensuring a healthy community and world.

Lincoln South Rotary Club was made aware of the needs of families grieving the loss of a child – miscarriage, stillborn or lost during infancy. Club members learned that an organization called No Footprint Too Small was providing services to those grieving families.

With the support of a

Rotary District Matching Grant, Lincoln South Rotary Club presented No Footprint Too Small with \$3,375. Those funds provided for items that are included in clinic comfort bags given to families upon learning of the loss, or likely loss, of a child. The bag includes a flyer with support contact information and books to help the family process grief.

No Footprint Too Small Outreach Coordinator Rachel Schaben was presented with the check during a meeting of Lincoln South Rotary Club on Feb. 2.

“When you hear the news that your child is no longer growing inside of you, you are faced with difficult choices,” Schaben said. “Then there is the grief of the actual loss. It is nice to have this comfort bag – knowing that people care and are there to support you.”

Other services provided by No Footprint Too Small are support groups, larger care bags, funeral assistance and weighted bears. Visit nofootprinttoosmall.com to learn more.

Mental health is an important initiative to many, including Rotary International.

“We are happy to provide a grant to this worthy organization and grateful that they are here to support the mental health of our community,” said Lincoln South Rotary Club President Mary Gilbride.

Rotary International includes 1.4 million members in over 46,000 member clubs around the world. Together, Rotary members see a world where people unite and take action to create lasting change – across the globe, in our communities and in ourselves. To learn about Lincoln South Rotary Club, visit www.lincolnsouthrotary.org.