

Emotional Intelligence *What is it and how do I GET IT?*

When: January 12th,2022 | 7:45AM to 9:00AM
In Person & Virtual: Think Bank, 3655 Hazelton Rd, Edina, MN 55435
Register: <u>https://www.eventbrite.com/e/227900214677</u>

What to Expect:

Emotional Intelligence or EQ is a term that we hear all the time, yet many people fail to understand its meaning or to grasp the impact it has on their personal relationships and professional performance. In this session you learn a simple framework for understanding EQ along with a practical model for developing it.

Speaker: Robb Breding



Robb Breding has spent most of his life and career seeking to inspire people and organizations to be the very best they can be! He spent the first eleven years of his career as an executive leader at a prominent fortune 500 retail company. Subsequently, he ventured to start his own retail company selling wireless phones. As president and CEO, he grew the business from a single store to over fifty locations, employing over 250 people across five states in just 10 years. After selling the wireless business in 2014, Robb's wife, Pam was diagnosed with cancer. The battle that ensued lasted over two years and together he and Pam fought not only the cancer, but also phenomena and heart failure caused by chemotherapy. This life altering experience was a wakeup call for Breding and helped to solidify what has become his "WHY" in life. That is "To empower people to understand and fulfill their God given purpose!" Since then, Breding has founded REV Advisory Group to carry out this mission.