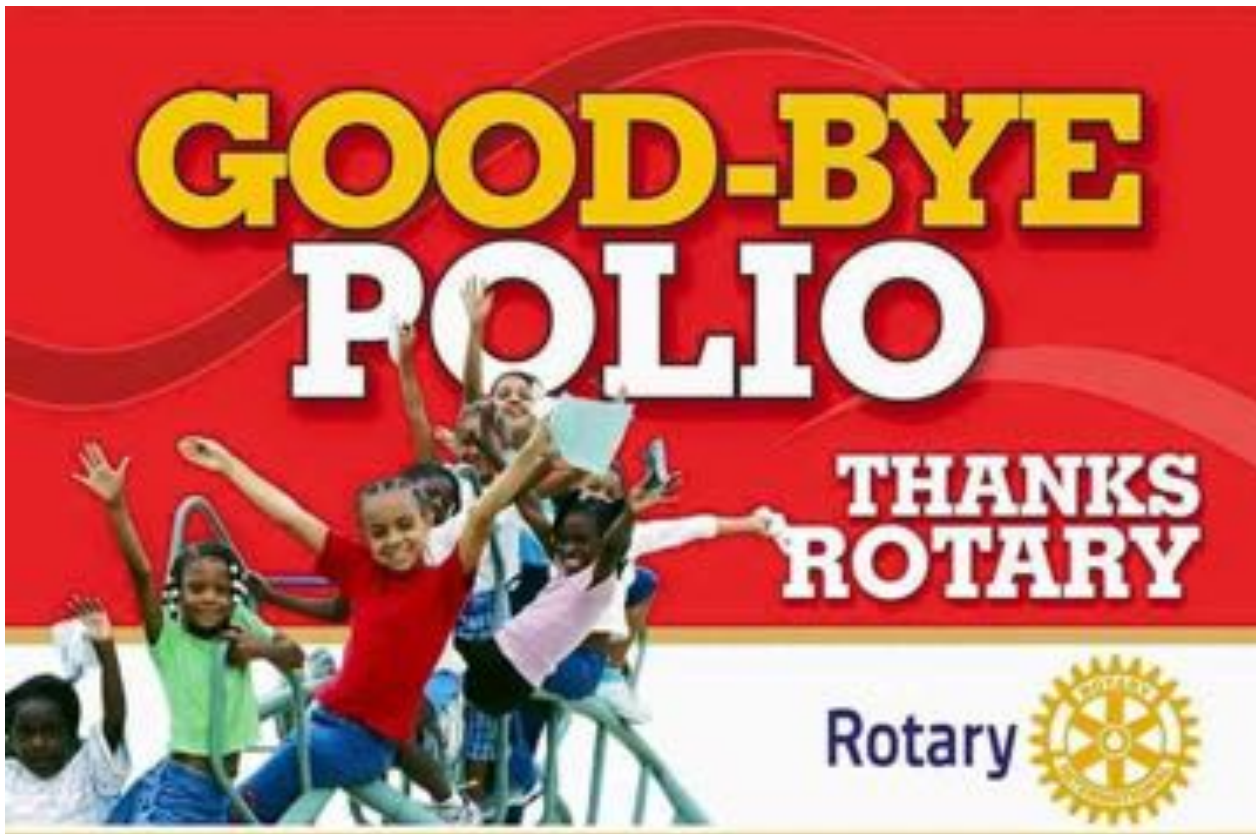


Rotary Club of Los Gatos
Tuesday, May 5, 2020



Pledge of Allegiance



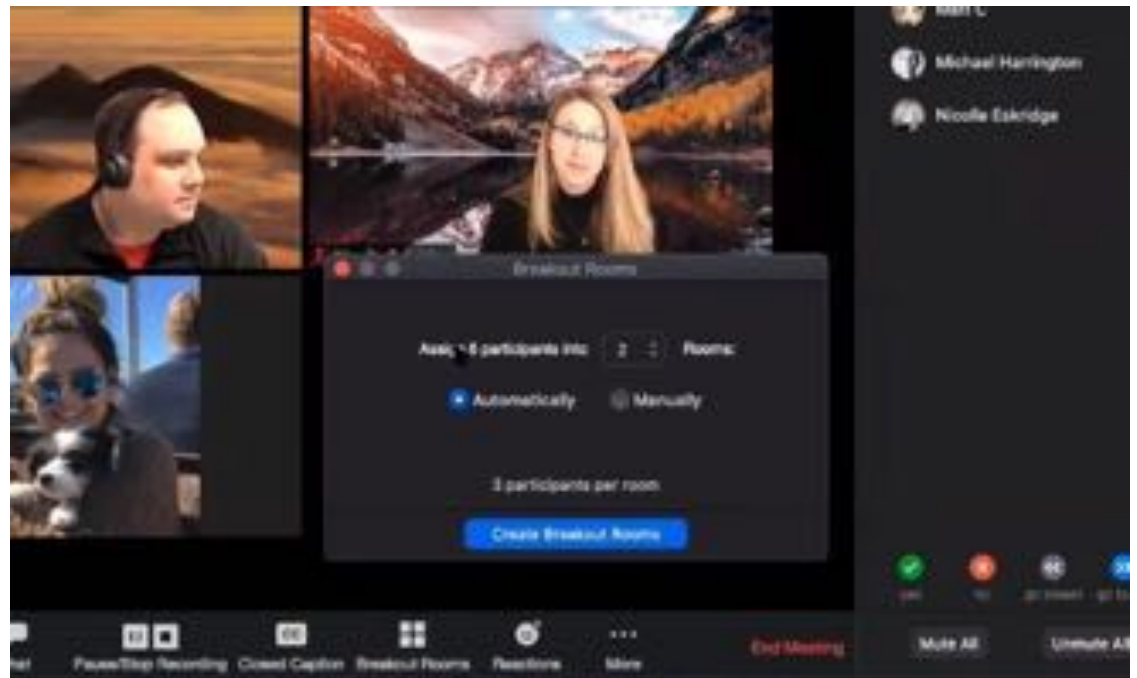
Do We Have Any Guests or Visitors?



Breakout with Doug Brent

Tune In With Zoom!

- We started to “Break Out” at 12:00 PM today
- We also offer help with set-up, use of old and new devices, guides to purchase upgrades for better performance
- Your buddies can call and help



Inspiration

Gary Allison

HAPPY BIRTHDAY ROTARIANS!

Hal Rosen	May 1
Riley Barr	May 2
Susie Mize	May 5
Gordon Levin	May 6
Randy Cobb	May 10
Andrew Stearns	May 12
Robert Chaykin	May 23
Grady Jeter	May 25
John Pencer	May 25
Carol Abela	May 26
Kamyar Negari	May 26
Michael Grove	May 29
Rami Wazni	May 29
Kent Cooper	May 30

Happy Wedding Anniversaries This Month!

Steve & Linda Rice	25 years
Larry & Claire Jinks	49 years
Nicholas & Kendall Welzenbach	13 years
Geraldine & Bernado Arce	4 years



Condolences For the Loss of Beverly McCleve

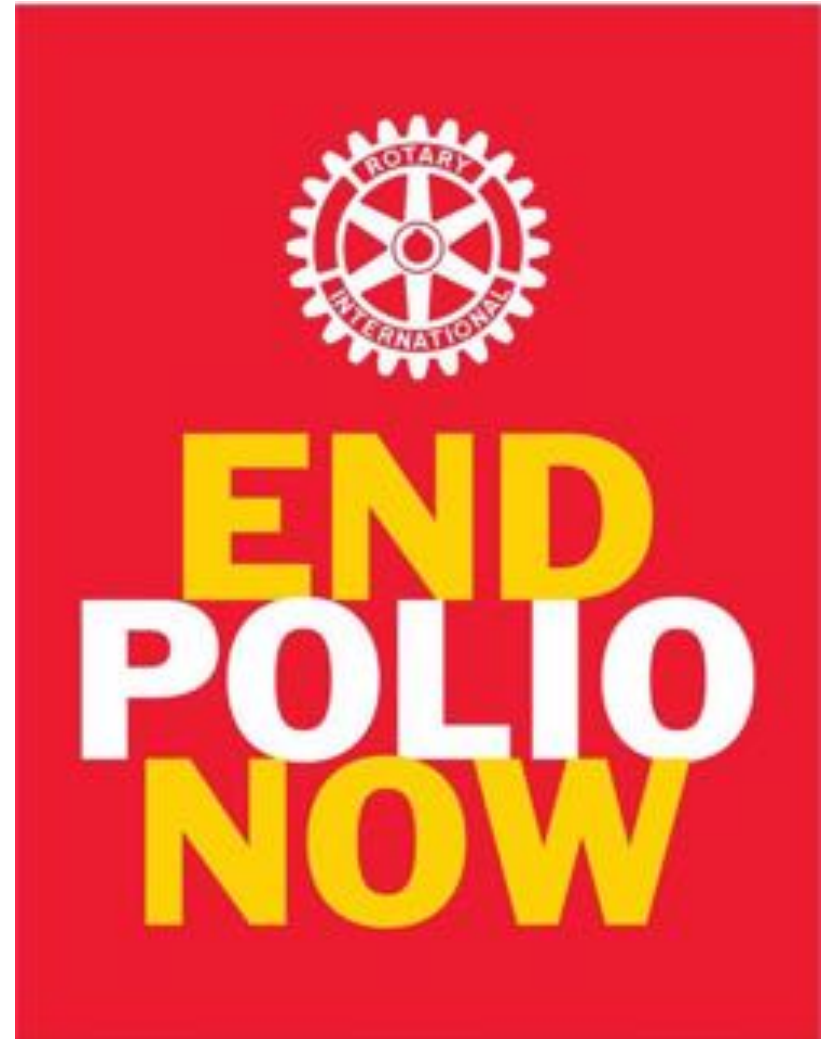


Dave Downing
Los Gatos Rotary Member Since 1987
President 2005-2006
Still on the Ivories, Just Moving to Capitola



Polio Plus Campaign

- BOD rescinded previous "opt out" measure; now it's up to you!
- Dan Snyder/Avis La Grone will be sending out requests for donations with information on last year's giving
- Please contribute generously and quickly
- We are "This Close!" to ending polio
- BOD and volunteers will call non-responders in several weeks
- Deadline for contributions is June 30



Red to Blue
Meet our Neighbors In Area 8
It's Time to Share Your Story

- **Attend another Rotary club meeting**
 - **Los Gatos Morning Rotary** **Wednesday 7:15 AM**
 - **Cupertino Rotary** **Wednesday 12:00 PM**
 - **E Club Silicon Valley** **on line**
 - **Saratoga Rotary** **Friday 12:15 PM**
- **Red Badge Bio presentation on Zoom!**
- **Henry Vitkovich & David Karwowski will help you**

Enjoy Your New Life For A While

- Run, bike, hike, walk, but maintain social distance
- Limit travel in town, keep records of personal contact
- Shop with care, clean hands and handles, use clean bags, wear masks
- Listen to reliable news sources; avoid spreading misinformation
- Share recipes, food, supplies
- Check in with your neighbors, friends, family
- Enjoy some books, stream tv, clean out the attic, weed the garden and get your taxes done



The Great Social Distancing Race

Mike Norcia

- Run 4 miles in your own venue, date and time before May 17
- Verify time if you wish to with Strava, Garmin, Asics
- Bibs will be mailed out; email time to registration site
- Medals for top 3 finishers by age group;
added Stroller Division and Dog Division
- Photo Sharing Platform
- \$10 Discount for April 2021 Great Race
- Alternatives:
 - Refund
 - Deferral to 2021 Great Race
 - Donate Registration Fee to Los Gatos Rotary Charities Foundation
- Invite your family, friends, neighbors, anyone/anywhere



Los Gatos Rotary Buddies

Carol Abela, Chair

- Check in with friends, old and young, well and not so well
- Offer help with food, medication, referrals, supplies
- Help with computer comfort, Zooming
- Share advice about social distancing, clean practices
- Encourage Zoom Meeting participation
- Check with Carol for help or to be of help



“Guiding Grief”-An Apple Podcast Hosted by Nicholas J. Welzenbach



<https://anchor.fm/guiding-grief/episodes/Guiding-Grief-Covid-19-Edition-ed1qno>

Avenues of Service

Dick Konrad, Service Project Chair

- West Valley Community Services: food pantry
- St. Luke's Pantry Drop Offs: weekly with Tina Orsi-Hartigan
- Alex Hult-"#feedtheneed"
go fund me for local family meals
- Red Cross Blood Drive-St. Andrews Church; Tina Orsi-Hartigan, David Wells
- Food Runners-Patti van der Burg
- Michelle Nelson-Myers-food pick-ups
- House of Hope-Amy Potts; bagging and delivery
- Feed Our Heroes-Paul Johnson, LGCC, LG Educ. Community; meals for GSH staff



More Avenues of Service

- **Family Giving Tree: COVID-19 Education Relief Fund to support students and teachers; school supply kits, groceries, staff education funding; Judy Rodriguez/Family Giving Tree;**
<https://familygivingtree.org/>
- **Second Harvest of Silicon Valley: 1 in 10 people in Silicon Valley receives food from Second Harvest; help with donations, food drive, distribution; Hal Rosen; shfb.org**
- **Santa Clara County Health Services Volunteer Sign Up; no medical experience required; safe environment; sent by Heidi Owens;**
<https://www.sccgov.org/sites/phd/DiseaseInformation/novel-coronavirus/Pages/i-can-help.aspx>

Uplift Family Services



- *As the coronavirus disease continues to cross economic, demographic, and geographic borders and leave California communities in an uncertain state, the families we serve are grappling with ...basic needs such as food, household essential... simple crafts and activities for children who are in the home—like paper, markers, books, board games*
- Autism (sABA) Campbell Program urgent material needs:
<https://www.amazon.com/gp/registry/wishlist/1ELHV6QWSTB2W/>
- Families in need of computer printers, desks, bunk bed with desk

CALLING ALL CALIFORNIANS!

Every Californian can safely help their community during these difficult times. Here are some ways you can make a difference:



Deliver Meals

Vulnerable seniors are at greatest risk amid COVID-19. Let's help keep them safe and cared for. Contact your local Meals on Wheels organization, visit www.mealsonwheelsamerica.org.



Donate to a shelter or food bank

During this time organizations are running low on food items, help them stay well stocked for those in need.



Volunteer at a food bank

Food banks are in great need of volunteers to help pack and sort food. They are taking precautions to prioritize volunteer safety. Visit California Association of Food Banks at www.CAfoodbank.org to find a food bank near you.



Support Nonprofits

Nonprofit organizations serving vulnerable communities – like seniors and low-income families – need your help. Find a fund to donate to nonprofits in your community on the Philanthropy California COVID-19 Response Page: www.philanthropyca.org/covid-19-response.



Wellness Checks

Check on older neighbors with a call, text, or talk through the door.



Hygiene Kits

Create hygiene kits and drop off at a shelter for people experiencing homelessness to help them stay healthy and safe.

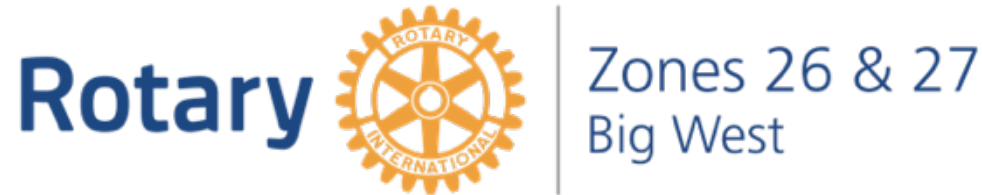


Donate Blood

Healthy, eligible donors are urged to come out and give to ensure there's life-saving blood on the shelves for those who need it most. Visit the Red Cross: www.redcrossblood.org.



CaliforniansForAll.ca.gov



Vibrant Club Workshop Series May 4-June 29

- **Monday May 4, 4:00 PM PDT was the first meeting**
- **“Creating a Welcoming Environment-Increasing Our Adaptability and Harnessing Technology”**
- **Later presentations**
 - **May 18 Empowering ...Leaders, Value Proposition for Club**
 - **June 1 Scaling Projects...Multi-year Service and Giving Plans**
 - **June 15 Communicating and Collaborating...New Partners**
 - **June 29 Developing...Implementing Action Plan**
- **Register in advance**
 - <https://zoom.us/meeting/register/tJ0kcOG0qjotHt1yytfWeX0QMwsHBuWZZeXZ>

Los Gatos Morning Rotary

Wednesday May 6, 8:30 AM-10:00 AM

- Jonathan Knowles, Los Gatos Community Advocate:
“History of Viruses, Societal Impact”
- Los Gatos-Monte Sereno Police Chief Peter Decena
- County Supervisor Mike Wasserman
- How to stay safe with “Shelter in Place”
- Future of Santa Clara County
- <https://us02web.zoom.us/j/306349606>

Los Gatos Rotary Club Book Group

Next Meeting May 7 1:30 PM

- ***“A Thread of Grace”***
- **Leader provides background on story, author, questions; may share current or recent best books**
- **Barbara Fishman, Tom & Carol Boyce, Tina Orsi-Hartigan, Suzanne Boxer-Gassman, Rachelle Lopp; Manizheh Zand, Heidi Owens, Kristen Bridges, Betty Colwell**



Bill Tobin-Shelter Box

May 12, 2020

- Rotary Club of El Dorado Hills 2004
- Nuclear power plant inspector 30 yrs.
- ShelterBox volunteer Haiti 2010
- District 5180 Rotarian of the Year 2016-2017
- Led ShelterBox USA Ambassadors in raising \$1.4 M 2017
- Rotary Relations Manager for Shelter Box 2019
- Married to Sherie (36 years, now their Club President), 2 sons





Mark Adams, MD, FACS
Chief Medical Officer El Camino Hospital System
Tuesday, May 5, 2020
Los Gatos Rotary Club Zoom Meeting

- **BS, MD at University of Pennsylvania**
- **Board Certified Vascular Surgeon**
- **30 years of diverse healthcare experience**
- **Recent leadership positions at
PeaceHealth in Vancouver, WA and SSM
Health in St. Louis, MO**
- **CMO El Camino Hospital 2018**

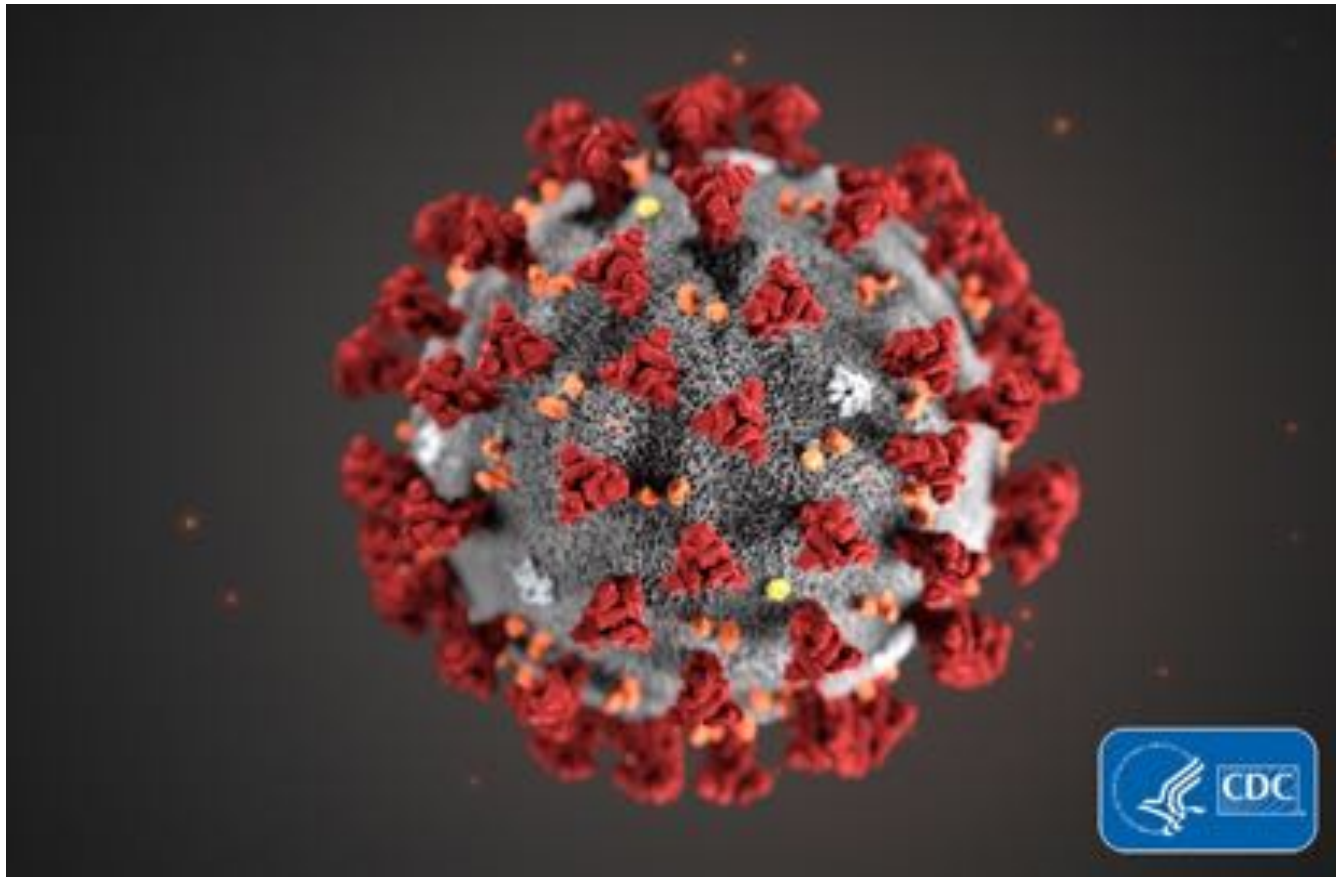
Covid-19: Myth versus Reality

Mark Adams, CMO

Rotary Club of Los Gatos

May 5, 2020

Coronavirus



COVID-19 compared to other common conditions

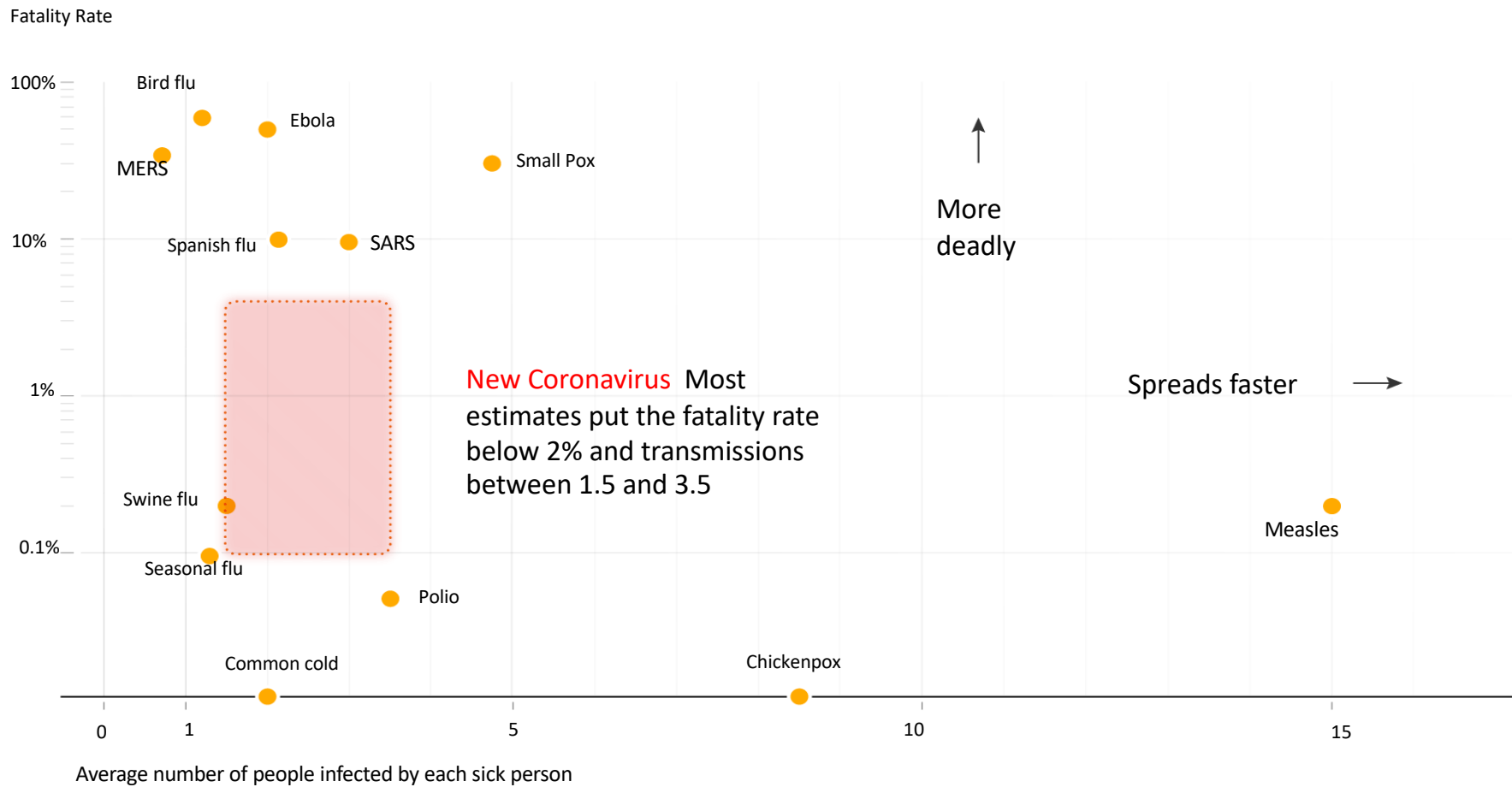
SYMPTOM	COVID-19	COMMON COLD	FLU	ALLERGIES
Fever	Common	Rare	Common	Sometimes
Dry cough	Common	Mild	Common	Sometimes
Shortness of breath	Common	No	No	Common
Headaches	Sometimes	Rare	Common	Sometimes
Aches and pains	Sometimes	Common	Common	No
Sore throat	Sometimes	Common	Common	No
Fatigue	Sometimes	Sometimes	Common	Sometimes
Diarrhea	Rare	No	Sometimes*	No
Runny nose	Rare	Common	Sometimes	Common
Sneezing	No	Common	No	Common

*Sometimes for children

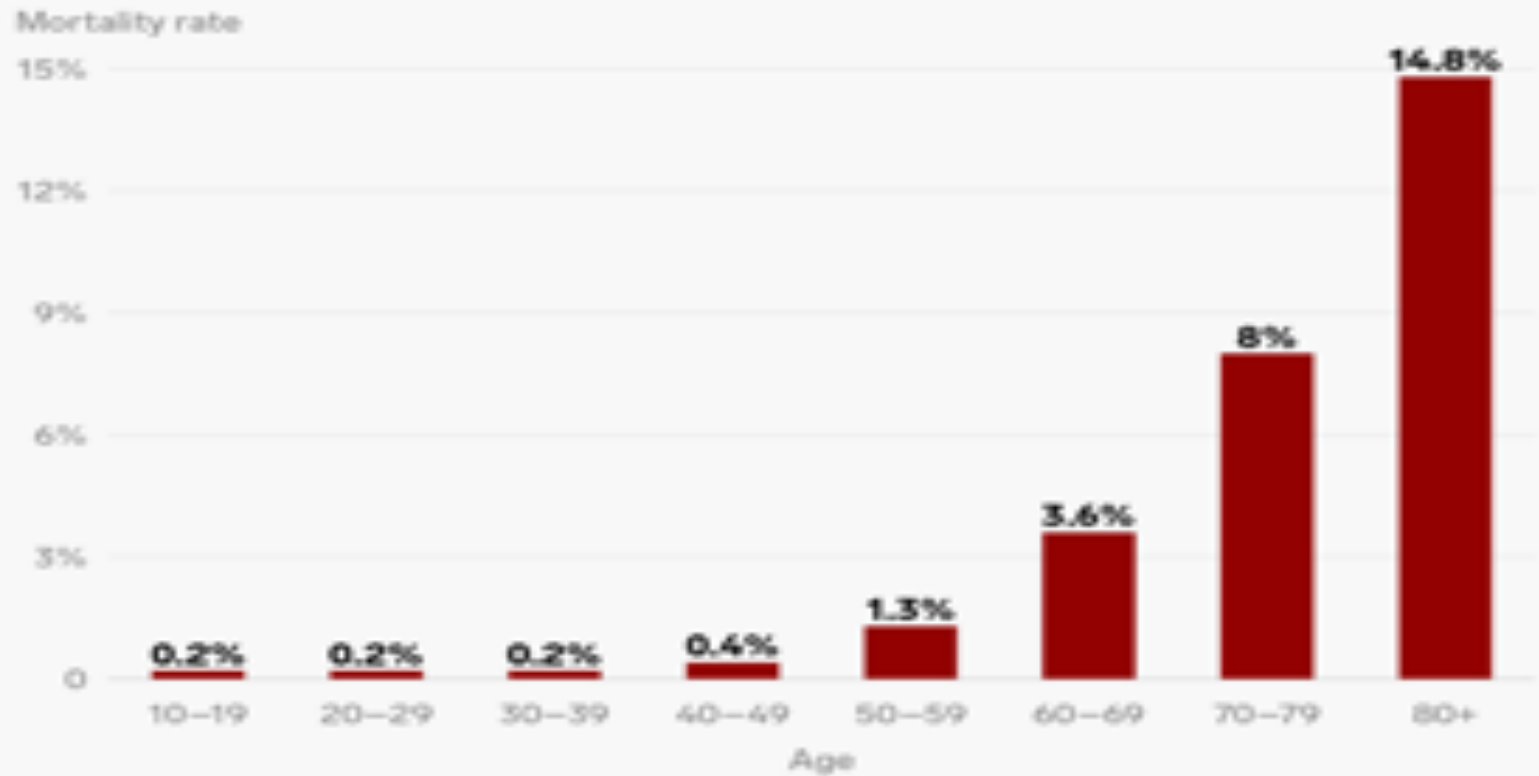
Sources: CDC, WHO, American College of Allergy, Asthma and Immunology

BUSINESS INSIDER

Pathogen Comparisons



COVID-19 mortality rate by age



Source: Chinese Center for Disease Control and Prevention

BUSINESS INSIDER

COVID-19

CASES OVERVIEW	CONFIRMED	RECOVERED	DEATHS
SANTA CLARA COUNTY	2,163	--	111
CALIFORNIA	48,917	--	1,982
UNITED STATES	1.13M	137K	65,253
WORLDWIDE	3.3M	1.04M	235K

California COVID-19 By The Numbers

May 1, 2020

Numbers as of April 30, 2020

CALIFORNIA COVID-19 SPREAD

50,442

Total Cases

Ages of Confirmed Cases

- 0-17: 1,449
- 18-49: 24,613
- 50-64: 13,044
- 65+: 11,256
- Unknown/Missing: 80

Gender of Confirmed Cases

- Female: 24,973
- Male: 25,167
- Unknown/Missing: 302

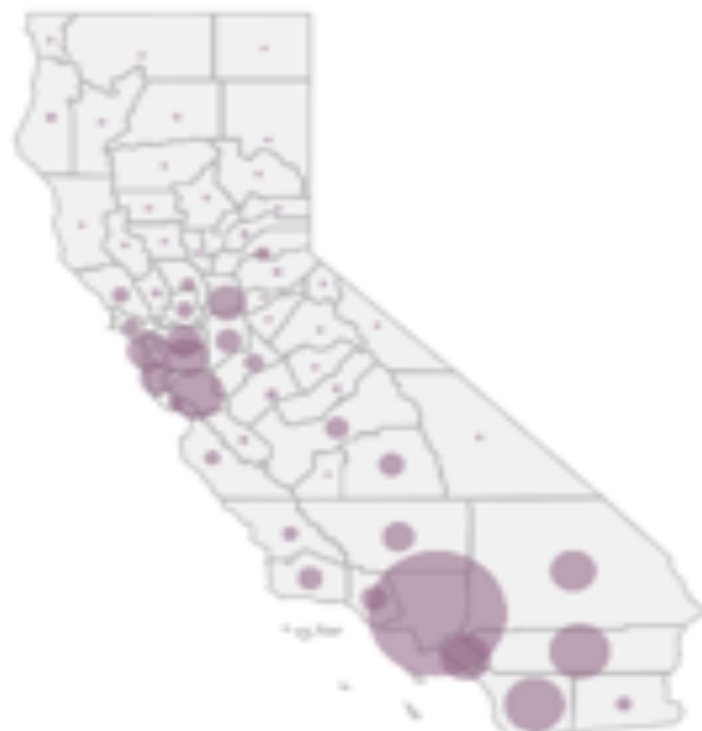
Hospitalizations

Confirmed COVID-19
3,428/1,192
Hospitalized/in ICU

Suspected COVID-19
1,278/242
Hospitalized/in ICU

2,073

Fatalities



For county-level data:
data.chhs.ca.gov

All Cases and Deaths associated with COVID-19 by Race and Ethnicity

April 30, 2020

Race/Ethnicity	No. Cases	Percent Cases	No. Deaths	Percent Deaths	Percent CA population
Latino	15,233	46	657	34.6	38.9
White	8,926	27	655	34.5	36.6
Asian	3,988	12	324	17	15.4
African American/Black	2,131	6.4	201	10.6	6
Multi-Race	282	0.9	7	0.4	2.2
American Indian or Alaska Native	66	0.2	7	0.4	0.5
Native Hawaiian and other Pacific Islander	400	1.2	18	0.9	0.3
Other	2,089	6.3	32	1.7	0
Total with data	33,115	100	1,901	100	100

Cases: 50442 total, 17327 (34%) missing race/ethnicity

Death: 1988 total, 87 (4%) missing race/ethnicity

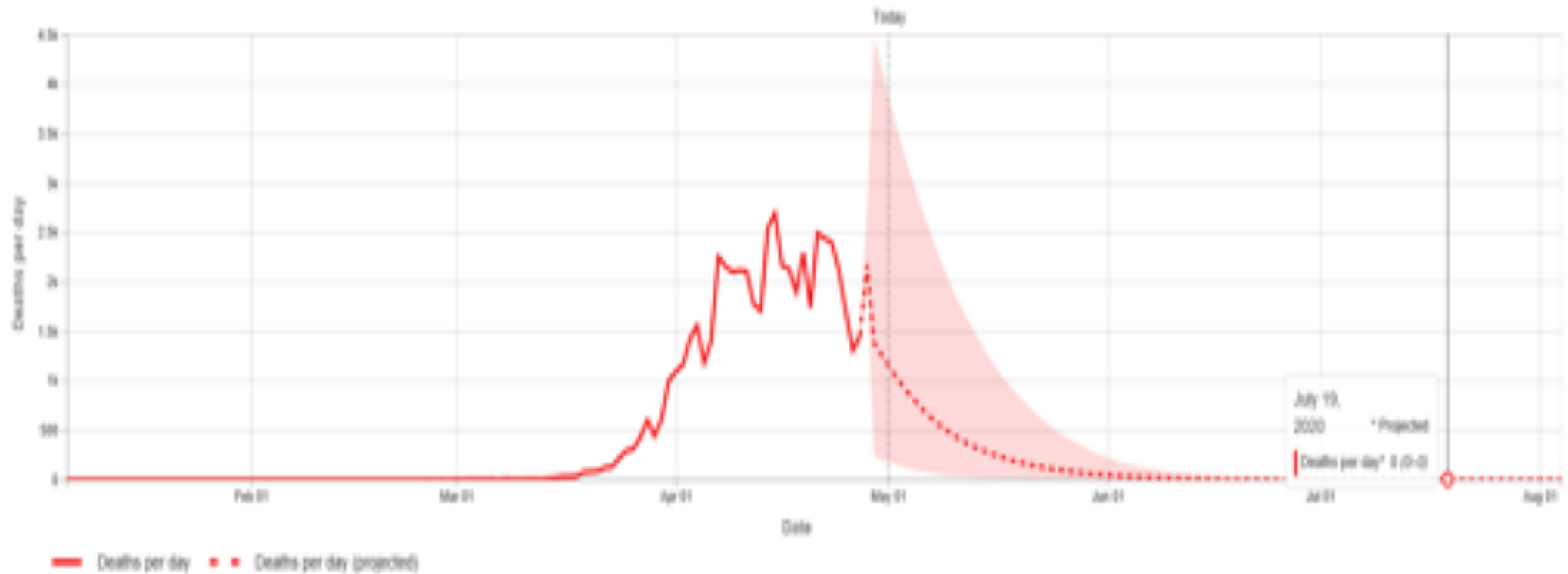
*Census data does not include 'other race' category

United States

Deaths per day ①

16 days
since projected peak in daily deaths

2,693 COVID-19 deaths
projected on April 15, 2020



All deaths specific to COVID-19 patients.
Shaded area indicates uncertainty ①

California

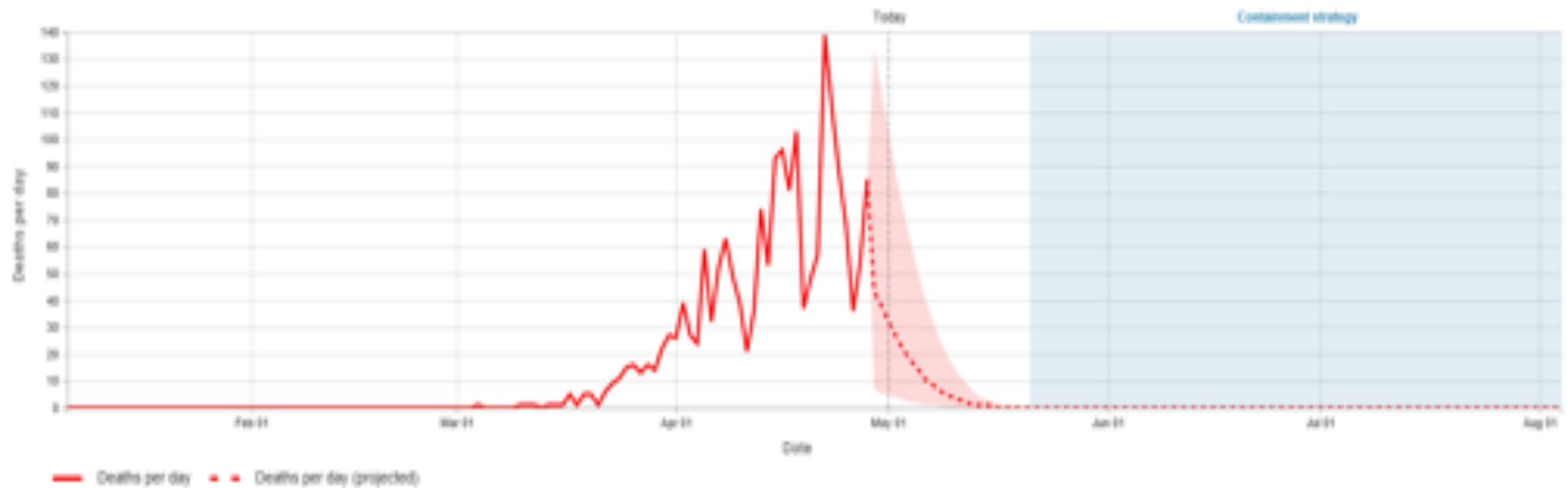
Deaths per day ☺

9 days
since projected peak in daily deaths

139 COVID-19 deaths
projected on April 22, 2020

Containment strategy ☺

After May 21, 2020, relaxing social distancing may be possible with containment strategies that include testing, contact tracing, isolation, and limiting gathering size.

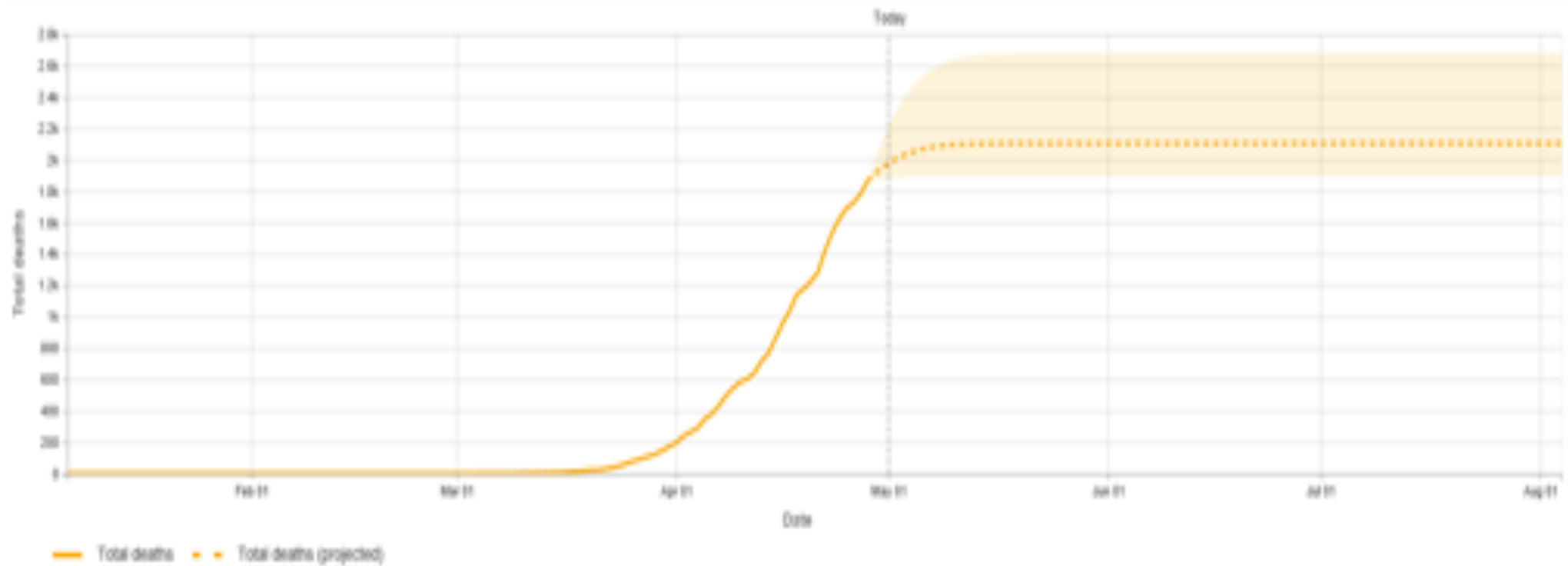


All deaths specific to COVID-19 patients.
Shaded area indicates uncertainty ☺

California

Total deaths

2,104 COVID-19 deaths
projected by August 4, 2020



All deaths specific to COVID-19 patients.
Shaded area indicates uncertainty.

COVID-19 Prevalence Studies

- **Covid-19 cases may be undercounted by 50-fold in LA County, antibody surveys show (220K to 440K) (2.8% to 5.6%)**
- **COVID-19 Antibody Seroprevalence in Santa Clara County, California (2.8% to 4.1%) (46K to 82K)**
- **1 in 5 people tested in New York City had antibodies for the coronavirus (1.75M) (0.2% mortality)**



Santa Clara County COVID-19 Cases Dashboard



Data last updated May 1, 2020

This dashboard provides detailed data on cases of COVID-19 in Santa Clara County. Due to limited testing capacity, the information reported represents only a small sample of the likely total COVID-19 cases in Santa Clara County. Increased testing availability is expected to increase the number of confirmed COVID-19 cases reported.

Total Cases

2179

New Cases

21

Total Deaths

113

New Deaths

2

Currently Hospitalized

144

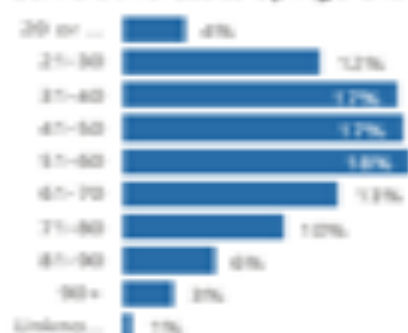
Page Navigation

→ [Death Data](#)

Cumulative Cases by Gender

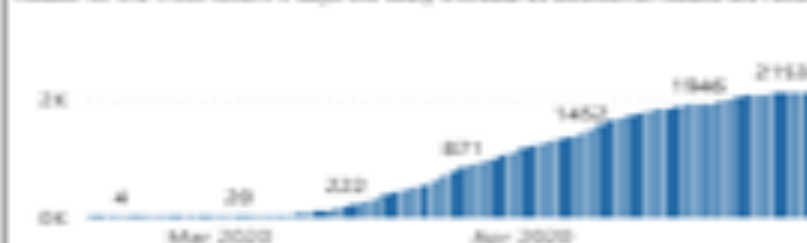


Cumulative Cases by Age Group



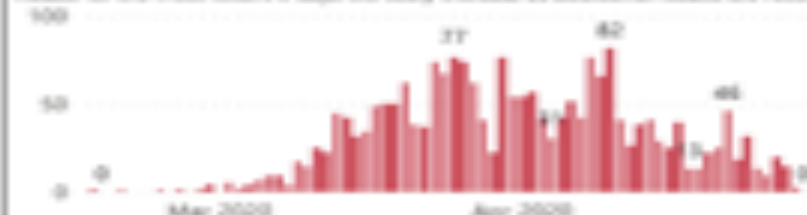
Cumulative Cases by Specimen Collection Date

Values for the most recent 5 days will likely increase as additional results are received.



New Cases by Specimen Collection Date

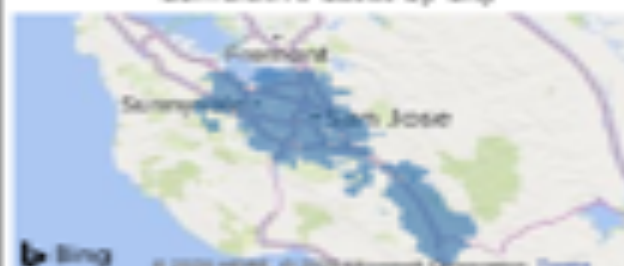
Values for the most recent 5 days will likely increase as additional results are received.



Cumulative Cases by Race/Ethnicity

Race/Ethnicity	Percent of Cases	Percent of Population
African American	2%	2%
Asian/Pacific Islander	22%	33%
Latino/Hispanic	37%	27%
Other	4%	3%
Unknown	16%	0%
White	18%	34%
Total	100%	100%

Cumulative Cases by City



Source: California Reportable Disease Information Exchange, California Department of Finance.

Note: The graphs do not include 26 patients that did not have a valid date for when their specimen was collected. These patients are included in the total numbers presented above. Case counts for cities with less than 10 cases are not provided. Currently hospitalized includes suspected cases. New cases represent newly identified cases since last

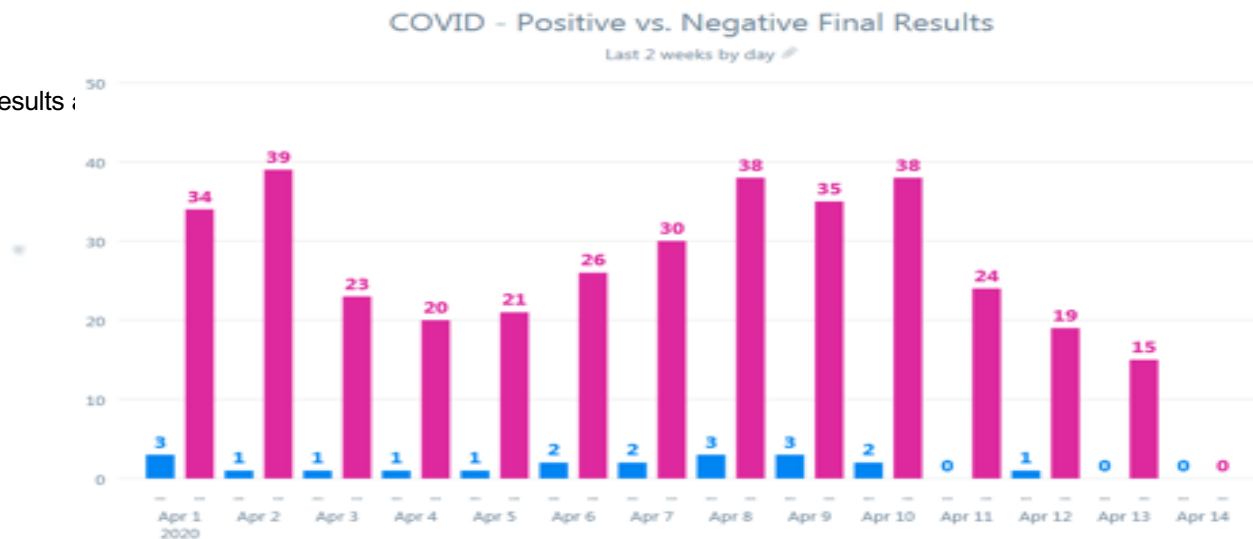
El Camino Experience

Testing Criteria: Fever, cough, SOB

- Total patients qualifying for testing: 792 (as of April 14)
- Total positive for COVID-19: 71
- Percent positive for COVID-19: 9.0%
- Total patients positive admitted: 30
- Total patients positive outpatients: 41
- Mortality rate: $5/71 = 7.0\%$
- Estimated community mortality rate: 0.2 – 0.3%

Trend of Patients with Final Labs

- Positive (Blue) vs. Negative (Pink)
- By date of hospital or ED encounter
- Left is yesterday's right is today's
- Highlights –
- **0 positive results**
- We do have 2 patients that are positive but without results ; ECH



COVID-19 Research at El Camino



The NEW ENGLAND
JOURNAL of MEDICINE

- **Compassionate Use of Remdesivir for Patients with Severe Covid-19**
- Jonathan Grein, M.D.,
- Norio Ohmagari, M.D., Ph.D.,
- **Daniel Shin, M.D.**,
- et al.

Author Affiliations

From:

Cedars–Sinai Medical Center, Los Angeles (J.G.)

El Camino Hospital, Mountain View (D.S., D. Chelliah),

COVID-19 Second Wave Risk

- Relaxing restrictions too soon
- Nursing Home Prevalence
- Lack of data regarding re-infectivity and immunity

COVID-19

- Prevention
 - Avoid close contact with afflicted people
 - Avoid touching your eyes, nose, and mouth
 - Wash hands frequently (20 seconds)
 - Maintain social distancing and shelter at home (extended to May 3)
 - Universal masking

COVID-19

- Testing for COVID-19
 - Stanford Lab
 - Cepheid PCR
 - Abbott rapid PCR
 - Serology
 - False negatives

**Who society thinks
works at hospitals...**

**Doctors
Nurses**

**Who really works at
hospitals...**

Respiratory Therapists
Clinical Laboratory Scientists
Phlebotomists
Radiology & Imaging Technicians
Pharmacists & Pharmacy Techs
Admissions Staff
Physical/Occupational/Speech Therapists
Business Office & Billing Staff
Health Info Management
Compliance & Credentialing
Coders & Transcriptionists
Case Managers & Social Workers
Housekeeping
Infection & Quality Control
Outpatient Services
Dieticians & Dietary Staff
Info Technology Gurus
Maintenance Staff
Administrative Assistants
Finance & Accounting
Central Supply
Public Relations & Marketing
Hospital Administrators
Nurse Practitioners
CRNAs
CNAs, Orderlys & Ward Clerks
Nurses (RNs & LPNs)
Doctors

COVID-19 Healthcare Worker Exposure

- **More than 9,000 health care workers across the U.S. contracted COVID-19 as of last week and at least 27 died, according to a report released Tuesday by the Centers for Disease Control and Prevention.**
- **More than 700 Henry Ford Health workers tested positive for COVID-19 (2.2%)**
- **El Camino Health experience:**
 - **7/3500 positive including community exposure (0.2%)**
 - **2/2400 positive in clinical environment (0.08%)**
 - **2/300 with actual exposure to positive patient (0.66%)**

COVID-19

If we begin with certainties, we shall end in doubts; but if we begin with doubts, and are patient with them, we shall end in certainties. --Francis Bacon

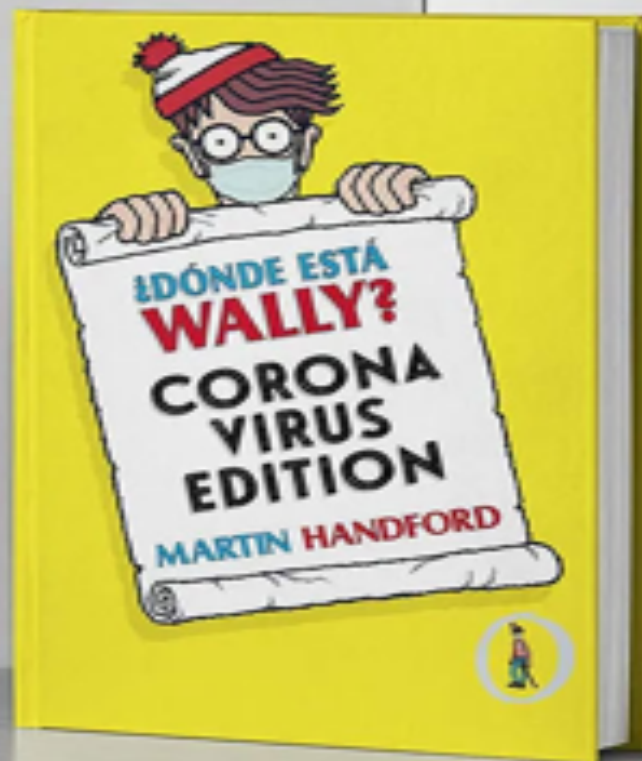
COVID-19



When the Navy works from home



boredpanda.com



Quarantine-Coronavirus-Jokes

WESTWARD
WENT PULLPHER!
WITH THE BEACH WAS
WENT FIRST I SAW
THE SAND, STICK AND
WALKED BY HIS
BEUTHERS THIS AND
THERE WAS A SAND-
CASTLE WITH A SAND-
CASTLE IN SANDS
WENT WESTWARD

Wally



TO:
WALL PULLPHER
HILL, THERE,
QUINNERS.

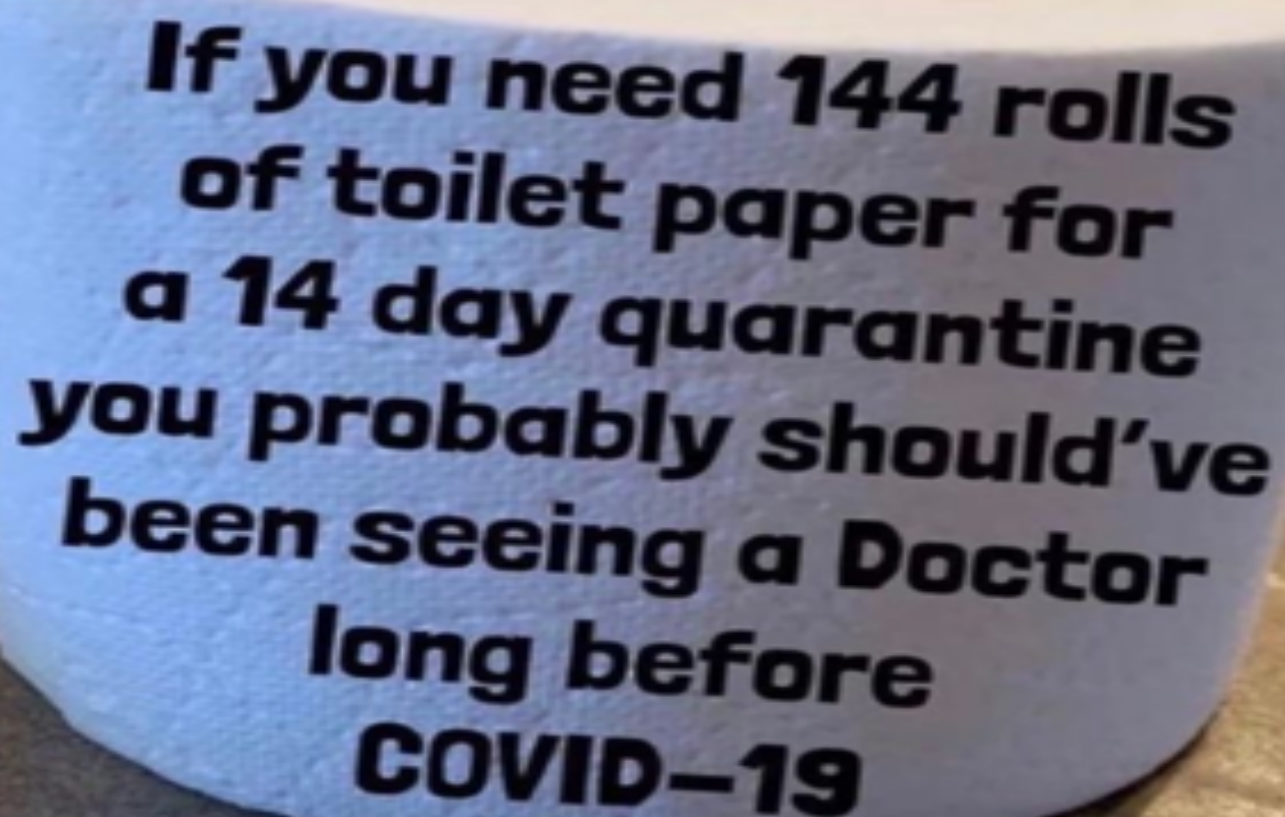






Corona

boredpanda.com

A roll of white toilet paper is shown against a blurred background. The roll is partially unrolled, and the text is printed on the side of the roll. The text is in a bold, black, sans-serif font.

**If you need 144 rolls
of toilet paper for
a 14 day quarantine
you probably should've
been seeing a Doctor
long before
COVID-19**

