



Rotary Youth Leadership Awards

# Program Guide



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# *Curriculum Overview*

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Our program consists of seven sessions, one per month, from September to March. Each session will consist of a full day, starting at 10:00AM and concluding around 4:30PM. We will provide lunch and all necessary materials.

The curriculum of our program includes the following topics:

- Fundamentals of leadership
- Ethics of positive leadership
- Importance of communication skills in effective leadership
- Problem-solving and conflict management
- Building self-confidence and self-esteem
- Elements of community and global citizenship

Attendees can also expect to further develop their personal and leadership skills in the following key areas:

- **Communication Skills:**
  - Develop interpersonal skills
  - Communicate, listen and write more effectively
  - Engage in some form of public speaking in a warm, supportive environment
- **Personal Qualities:**
  - Identify the various types of personality
  - Help people to get along with each other
  - Manage their own time more effectively
  - Avoid stressful situations
  - Plan for healthier living
- **Leadership:**
  - Identify the characteristics of effective leaders
  - Become aware of the various styles of leadership
  - Observe effective leaders operating in a meeting situation
- **Problem Solving Strategies:**
  - Brainstorm and think creatively
  - Engage in practical problem
  - Solving and decision making activities
  - Use a problem solving model in a practical situation

## Session Overview

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### **Program Schedule**

Each session will consist of a full day, starting at 10:00AM and concluding around 4:00PM. We will provide lunch and all necessary materials.

The following is an overview of the program this year:

	Dates	Status
Session 1: Introducing Leadership	Sep 22, 2018	The Edge
Session 2: Planning & Public Speaking	Oct 13, 2018	Skidmore
Session 3: Communications & Service	Nov 17, 2018	Skidmore
Session 4: Ethics & Self-esteem	Dec 15, 2018	Skidmore
Session 5: Problem Solving & Citizenship	Jan 12, 2019	Skidmore
Session 6: Conflict Resolution & Leadership Styles	Feb 9, 2019	Skidmore
Session 7: Concluding Leadership & Celebration	Mar 9, 2019	Skidmore

### **Application**

The written application consists of the last two pages of this program guide as well as a copy of the student's resume. Applications should be completed and returned to the following:

Kenneth Adamczyk  
Northville Rotary Club  
P.O. Box 812  
Northville, NY 12134  
(Email) kennethadamczyk@live.com

**Preferred Deadline: June 30<sup>th</sup>**

**Final Deadline: September 8<sup>th</sup>**

# *Frequently Asked Questions*

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## **What is the RYLA program all about?**

According to Rotary International: RYLA is an intensive training program for community youth leaders. Young people chosen for their leadership potential attend an all-expenses-paid seminar, camp, or workshop to discuss leadership skills and to learn those skills through practice.

For District 7190, RYLA is designed to grow leadership skills in students who have untapped leadership potential. Specifically, we are focusing on juniors in high school. Our program is not for the student who is already utilizing strong leadership skills or students who have no desire to develop such skills.

## **Who is the RYLA program intended to serve?**

As we stated earlier, District 7190 RYLA has been developed to help the committed student with untapped leadership potential. Through our program we will open up that potential and show the student the possibilities that are available to them.

This has positive effects on many parts of the student's life. They will gain self-confidence, add valuable skills that will serve them well into their future, and will teach another generation about the ideals of Rotary.

## **Why do we want to do a RYLA program?**

There are at least three reasons why we want to do a RYLA program in our district:

First, it gives the world another youthful leader who has been trained in good ethics, critical thinking, and public service. The better training that our youth receive the more positive will be their contribution as adults.

The second reason is for our clubs. When our Rotarians are exposed to the greatness that these participants find they can't help but be more excited about not only the youth but also about the service they do. Rotarians also benefit from hearing and seeing new ideas, carried out in new ways.

A third reason is for the future. One of the major issues facing our clubs, our district, and Rotary International, is the continued inflow of new members. The organization must keep adding new people in order to stay alive. This is a source of new members. If we expose the students to Rotary and show them what is possible we will be able to turn to them in a few years as new members. This is part of Rotary International's long-range plan for RYLA as well as all youth programs.

## *Frequently Asked Questions*

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### **What are the benefits of selecting high school juniors?**

Students beginning their junior year have two years to develop and use these new leadership skills allowing them to share these skills with other students and the community. We will be able to analyze the strengths and challenges our program presents and make changes as necessary. We will also be able to utilize these students to suggest changes to curriculum and to streamline program content.

### **What about other activities the students have?**

There has to be some commitment from the student for this program. Rotary is fully paying for the program and the student's commitment is to attend.

That being said, we do realize that life happens and sometimes other activities may interfere. This is why we gave the students the choice of missing two sessions and still be able to graduate from the program. Hopefully, the students will be gaining so much knowledge and enjoying the experience so much that they'd rather be at RYLA than someplace else.

When looking for students we need to make sure that they understand the commitment they are making.

### **What does the program cost and who pays for it?**

The program cost \$295 per student and is generally paid for by a Rotary club. Some clubs are able to sponsor more than one student. Sponsorship is done separately from participant submissions because some clubs sponsor more students than they submit for participation while other clubs submit more participants than they are able to sponsor.

We have never turned a student away because the local club was unable to sponsor them. The clubs in our district are very generous and we've always been able to find the financial backing for every student.

### **I've got more questions, who do I contact?**

You can direct any questions to the following:

Kenneth Adamczyk  
Northville Rotary Club  
P.O. Box 812  
Northville, NY 12134

(Home) 518-863-2256  
(Cell) 518-802-7583  
(Email) kennethadamczyk@live.com

# *Student Interest Application*

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## **Student Information**

Name: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

Address: \_\_\_\_\_

E-mail: \_\_\_\_\_

Telephone: \_\_\_\_\_

School District: \_\_\_\_\_

## **Disclosure**

Some of the activities in our RYLA Program often include warm-ups, games, group initiative problems; ropes course elements, and other rigorous physical adventure activities. (The level of participation in these activities is at all times completely up to the individual's choice.) Yet there is a risk, which must be assumed by each participant, that he or she may suffer an emotional or physical injury.

Policy for participation in all activities requires that every participant have health/accident insurance coverage. In addition, certain health/medical information must be made known to the instructor(s) conducting programs, so that they are prepared to respond appropriately if the need arises. This information will be held in confidence.

## **Release of Liability**

I understand that some of the RYLA program activities may be physically or emotionally demanding. I affirm that my health is good, and that I am not under a physician's care for any undisclosed condition that bears upon that fitness to participate. I recognize the inherent risk of injury or disability in RYLA activities. I understand that each participant must assume the risk of physical injury and that could result from any of these activities. I release Rotary and RYLA staff members from all liability for any injury to me from participation in any of the RYLA program activities.

\_\_\_\_\_  
Student's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent or Guardian's Signature

\_\_\_\_\_  
Date

# *Student Interest Application*

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## **Student Survey**

What leadership training programs/courses have you participated in?

What service clubs/organizations are you an active member of?

Approximately how much time do you spend in community service per year?

Why is it important to you to be a part of the RYLA program?

How do you think this program will benefit you?

What do you know about Rotary?

What commitments do you have that will conflict with your spending one Saturday a month in training?

Please include a copy of your resume.