



BE THE INSPIRATION

District 9810  
Melbourne, Victoria

Edition 4

District 9810 News

February 2019

## District Governor's Message

Welcome to the first newsletter of 2019.

How time flies. Christmas, New Year, and the Lunar New Year have come and gone, and so has the 2019 Victorian Multi District Conference.

Wow .... What an event and gathering of the family of Rotary! Almost 1,600 Rotarians and friends of Rotary. From all the feedback I have received so far, people enjoyed the experience, made new friends and connections, and had something to take back to their Clubs.

There were so many highlights and justice cannot be done here given the timing of this publication. However, one common theme amongst the feedback was the emotional impact of the Busy Feet performance, and a video extract of one of their performances is linked here:

[https://www.dropbox.com/s/ga63l1ukut45myo/20190216\\_112222.mp4?dl=0](https://www.dropbox.com/s/ga63l1ukut45myo/20190216_112222.mp4?dl=0)

The web site is <http://www.busyfeet.org.au/> and maybe we too could take up this initiative.

A BIG thank you to all our Clubs for your support in sharing this experience with Shelley, I and my DG peers. We truly gathered as "one Rotary family" and we hope that all Districts can continue to work together to increase our impact.

A special thank you to our untiring and inspirational MDC Team, including Deputy MDC CEO Wil Cornelissen, D9810 Conference Chair, Graham Richardson, Rotary Expo Chair, Sue Cornelissen, Co-MC Ian Goldsmith, Master Photographer, Ian Ballantine, and all our wonderful Conference volunteers!

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Clockwise from top left:

RIPPR Stephanie Urchick.

Circus Oz adds their expertise  
to the Conference Welcome.

Youth Exchange enthusiasm.

(Previous page:  
A fine message from Brittany Arthur.  
Full house!)

## Promotional Opportunity

One of the key objectives of convening what was Australia's first multi-District conference in the City of Melbourne, was to showcase "What Rotary Does" to both Rotarians, and the general public.

Of course, our work is on show throughout the year as we go about our community projects, and every time we do something in the public eye. Are we maximising the opportunity to encourage more like-minded people to join us in our work?

To this point, in the February RDU magazine, RI President Barry Rassin made comment that at some of his Club visits, he could "... feel the energy ...." and that when he met members he could "... see they are People of Action ....", and when he looked at their communities, he could "... recognise the impact of their work ...". Shelley and I have had similar experiences during our travels across our District.

He also noted that he "... visited communities with Rotary clubs that were hardly more than social clubs ....". He challenged those to revitalise and extended a challenge to every Rotary club to come up with at least one high impact service project. Barry called this "Transformational Service".

Club Presidents are aware that Barry asked them to hold a special "Rotary Day" during the year to showcase what Rotary does. He encouraged Clubs working together and working with our Rotaract and Interact partners. I know some Clubs that have held these, and others that are well advanced in their planning. Let's all do our part to share the joy of what we do with our respective communities.

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## Celebrating 100 Years of Rotary in 2021

As many would be aware, Melbourne, Wellington, Sydney and Auckland celebrate 100 years of service in early 2021. A special committee has been formed (the R100 Team), and they already have some exciting events and activities planned. The promotional opportunities are endless and Rotary in our region has a huge opportunity to build on this momentum.

The R100 Team also released this short video at the 2019 MD Conference. Be inspired and [click here](#)

In the recent District Highlights, DGN Alma has sought expressions of interest for people interested in being part of a committee to plan our District participation. I encourage members to contact Alma by the end of February.

Some Clubs are already working together to plan their “gift” to their local community to both celebrate this milestone, and to leverage the surrounding publicity to increase awareness, grow our organisation, and to encourage more community and organisational partnerships.

## 50 Year Service Celebrations

Whilst on centenaries, we have several members who recently celebrated half-centenaries - 50 Years of Rotary service!

This is a significant milestone and I ask that you join in congratulating PP **John Zeigler** (RC of Noble Park -Keysborough), PDG **Mick Matthews** (RC of Box Hill), and also PP **Geoff Taylor** (RC of Mt Waverley) who will be celebrating in March.

There are likely more members who have either reached this rare milestone, or it is on the near horizon. Please let me know so I can arrange the appropriate recognition and publish in a future newsletter.

## Rotarian Code of Conduct

I have received queries from Clubs seeking the location of the District’s Code of Conduct. The District defers to the Rotary Code of Conduct to avoid duplication and misinterpretation.

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This regularly appears as a panel in The Rotarian magazine and is [linked here](#) for your information.

### Rotarians Against Malaria [RAM] Fundraiser Lunch

The response to Shelley's additional advocacy supporting our inspiring RAM team by selecting the RAM initiative as her cause, has been nothing short of outstanding. All Clubs and members are once again thanked for their generous support.

The RC of Doncaster have graciously offered to host a special lunch on May 18 to share the latest on research efforts, to provide professional guidance on staying well overseas, and to raise some funds for more bed nets, education and vaccine research.

Master of Ceremonies, Warrick Merry, will add excitement and will join us in welcoming Professor Edward Ogden, a medical research scientist with the Walter and Eliza Hall Institute.

Details are in this [linked flyer](#), and bookings can be made [here](#).

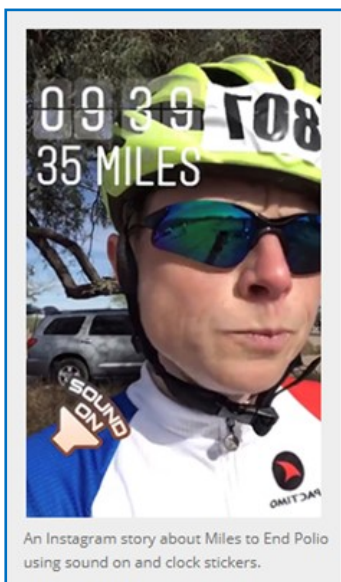
In closing, Shelley and I wish you every success in your Rotary endeavours and look forward to our paths crossing.

Take care and *Be the Inspiration*.

*Russell*

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## Create Your Own Instagram Story



More and more clubs are using social media to tell Rotary's story.

But with an ever-changing playing field, it can be hard to keep up.

Ashley Demma, social and digital specialist for Rotary International, shares one of the more exciting new features, and spells out how to create your own Instagram story.

For more information [click here](#)

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## Save the Date

Saturday 22nd June 2019

District Changeover, at Southern Golf Club.

Join us in congratulating Russell on his year as DG and welcoming Shia into the role.

# Navigating Prostate Cancer Treatment Options - Navigate Trial

*We recently received information that was thought well worth sharing. Please feel free to share widely within your networks .....*

Low risk prostate cancer often grows slowly or not at all, yet men faced with this diagnosis report more difficulty making a treatment decision than any other cancer clinical group.

## Participants needed!

The Navigate clinical trial needs participants to take part in a study assessing a new on-line tool designed to help navigate their treatment options.

## Who is this study for?

Men who have been diagnosed with low-risk prostate cancer within the last three months.

Who are still deciding on their treatment options.

And one treatment option includes Active Surveillance (to be confirmed with your doctor).

## Find out more...

Check your eligibility and register your interest at [www.navigateprostate.com.au](http://www.navigateprostate.com.au)

Partners are welcome to participate.

This Swinburne funded project is recruiting both online and from Peter MacCallum Cancer Centre, Cabrini Health, Austin health, Alfred Health and Western Health.

Navigate Research team

P: 03 8559 7453

E: [navigate@petermac.org](mailto:navigate@petermac.org)

W: [www.navigateprostate.com.au](http://www.navigateprostate.com.au)

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## Latest News from ARH



Australian Rotary Health - for latest news [click here](#).

# 2019 Ride for Research

Calling all past Riders and Drivers. It's not long until the start of the 2019 Ride for Medical Research.

Entries close very soon. Don't delay join us now and raise funds for Australian Rotary Health.

The ride starts in Nar Nar Goon on the 17th March, travels through Gippsland and finishes on the shores of Western Port Bay at Grantville on Friday 22nd March.

You have four options to join this fully supported ride:

1. The full ride 6 days and 5 nights
2. First 3days Nar Nar Goon to Sale
3. Second 3days Sale to Grantville

OR

4. If you can't come along use your training rides to become a Virtual Rider

All funds raised will be used by Australian Rotary Health for Research.

Help support the good work of ARH by becoming a rider in 2019 or if you are unable to join us consider supporting a fellow rider:

Link to register:

<http://rotaryrideforresearch.com/>

For more information

<http://rotaryrideforresearch.com/index.php/ride-brochure/>

**Ride for  
Medical Research  
Nar Nar Goon to  
Grantville  
The long way around**



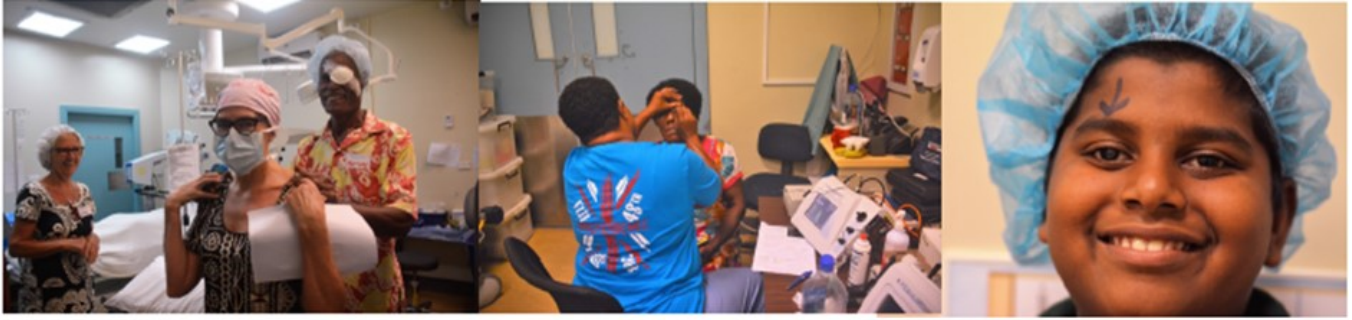
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## Our Zone's Foundation Newsletter

The January edition of this newsletter is linked here for your information. Well worth a read.

Access the newsletter by [clicking here](#).

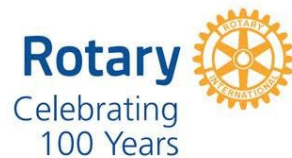
# Taveuni Eye Project



PP Peter Malden (RC of Boronia) has proudly declared that the 13th Annual Taveuni Eye Surgery has been successfully completed - ON TIME and ON BUDGET.

Be inspired by reading the latest report ([Click here](#)) and consider becoming involved.

It's a great project for Earlyact and Interact as for just \$300 will make a life changing difference.



**Australia &  
New Zealand**

## CENTENARY CELEBRATION WORKING GROUP EXPRESSIONS OF INTEREST SOUGHT

In April, 2021, we will celebrate a century of Rotary in Australia and New Zealand.

Here in District 9810 a small working group is needed to help us plan our participation in the celebrations and add our own unique activity to this special event.

What that activity will be is still to be decided.

Rotarians interested in being part of our "Centenary Celebration Working Group" please contact DGN Alma Reynolds before the end of February at [almareynolds.rotary@gmail.com](mailto:almareynolds.rotary@gmail.com)

An initial get-together to "explore the possibilities" will be held soon.

THE TIME TO COMMENCE OUR PLANNING IS NOW

# Interplast



The Interplast Committee 'thanks' all District 9810 Clubs and individuals who have contributed to Interplast so far this Rotary year. Medical conditions treated include burns and contractures; cleft lip and palate, trauma related injuries, tumours and a range of others including hypospadias and torticollis.

The District Interplast Committee are keen to support a Surgical Team with an Observer in 2019 – 2020. To date, there is almost one half of the funds raised by District Clubs and individuals. The Surgical Team with a Rotary Observer costs \$50,000. This cost can be dependent on the country the team supports.

News from the Interplast Office – Di Gillies, Interplast Rotarian Co-ordinator finished at the end of 2018. Her replacement will be advised shortly. Di has been supportive of Rotary particularly as she herself is a Rotarian.



*"Let us all be an INSPIRATION to those in need of medical services"*

**PP Liz Guiver (Chair)**

**Brian Hodgson, Harvey Lane, Peter Lewis, Chris Mara and Bob Williams (Committee)**



**Interplast**<sup>TM</sup>

Repairing bodies & rebuilding lives  
in the Asia Pacific region



# Meet Your Rotaractors

**Name:** Monica

**Club:** Whitehorse Rotaract

**Years in Rotaract:** 1.5

## **What you do for work/study?**

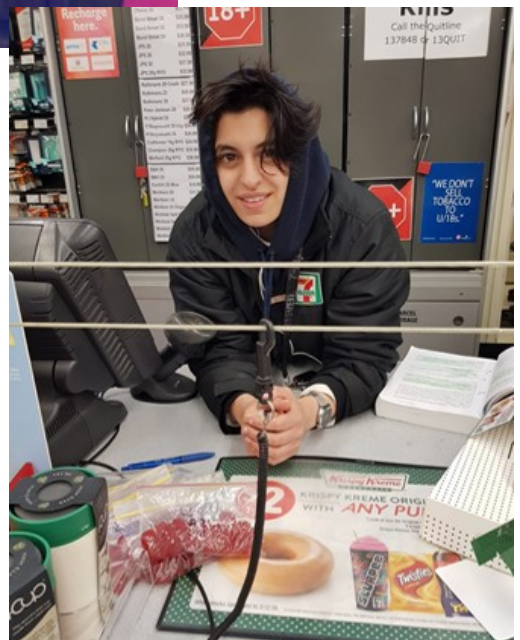
I'm a full-time student, studying a double degree of Arts/Law at Australian Catholic University. I also coach 3 basketball teams for Bulleen and work part-time.

## **Why did you join Rotaract?**

I feel so fortunate and blessed to have what I have. I joined Rotaract because I wanted an outlet to be able to give back to the community. Rotaract provides me the opportunity to humble myself and put others before myself through serving those in need.

## **Why did you stay in Rotaract?**

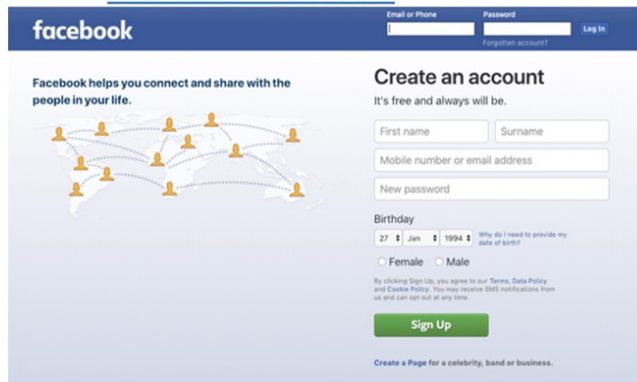
I've stayed with Rotaract simply because of the endless opportunities the club provides, such as First Friday Dinner. There is always a way to get involved in community work and I guess that's been enough for me to stay. I've also made great friends along the way, so there's a possibility of being hunted down by them if I ever escaped. ;)



# Social Media Tips - Facebook

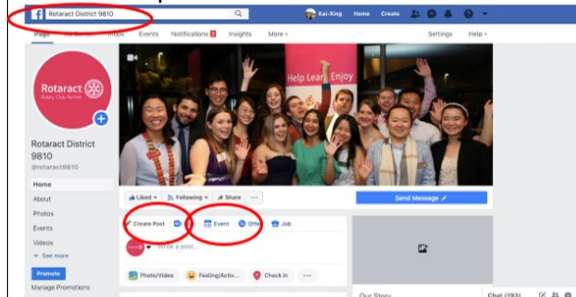
Facebook can be a very good platform for promoting on, but you need to gain traction by people interacting with events and posts. Your social media officers need everyone's help to make sure posts are appearing for people to see, so here are some ideas on how you can show your support. Happy Facebooking everyone!

Create an account if you don't already have one at [www.facebook.com](http://www.facebook.com)



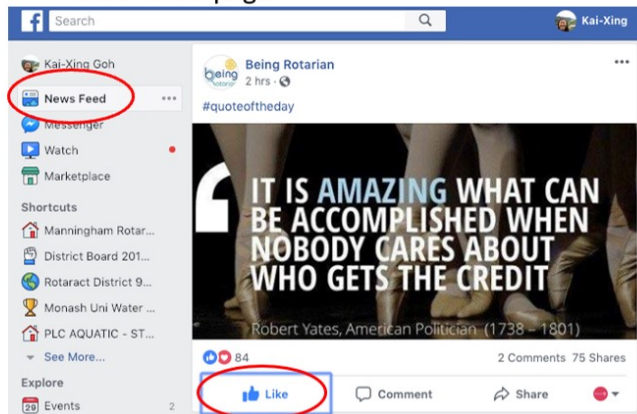
“Like” a Facebook page

- Type the club's/group's name into the search bar
- Click “like” and make sure you are “following” their updates



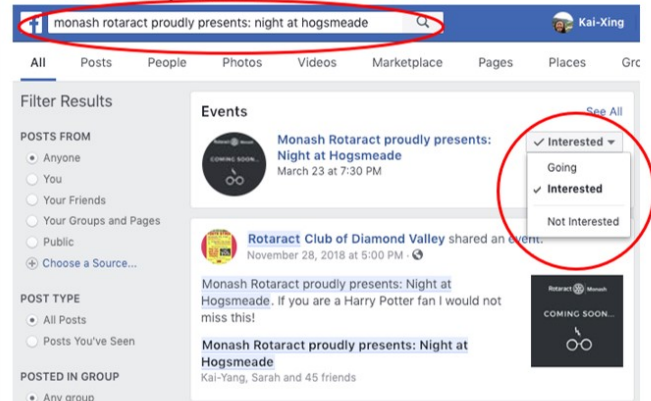
“Like” that page's posts as you see them

- These will pop up in your news feed if you've “liked” their page



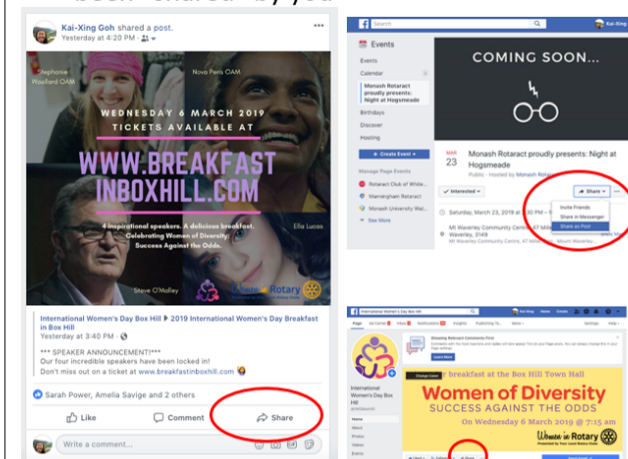
Click “going” if you can go to an event, or “interested” if you can't go/not sure yet

- Use the search bar to find the event, or as you see it in your news feed



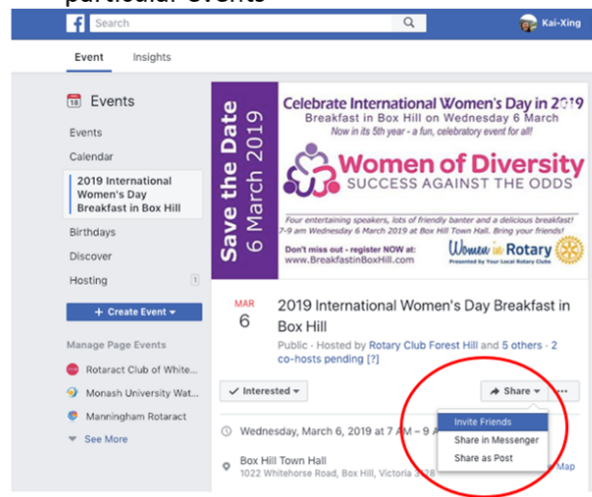
“Share” interesting posts, pages and events

- These will then show up on your “timeline” and in your Facebook friends' news feed as having been “shared” by you



“Invite” your friends to events

- Target specific friends who may be interested in particular events



# Sell Your Product

In addition to providing the informative Facebook tutorial on the previous page, Kai-Xing also sent through a copy of the flyer that she designed.

I think it is a fantastic tool to use for promoting membership; a great initiative by Kai-Xing.

What do you think?

Gordon Pyke (Editor)



## BEING IN ROTARACT

### Professional Development Benefits

- 1 LEARN "SOFT"/ TRANSFERRABLE SKILLS**  
Opportunities to grow skills which improve employability e.g. leadership, teamwork, public speaking, problem solving, record-keeping, marketing. Get access to conferences and seminars – often sponsored/subsidised.
- 2 A "VALUES SET" ON YOUR CV**  
Community work is highly valued by employers as it demonstrates generosity of time and effort. Not to mention that Rotary is a very respected organisation in the community.
- 3 NETWORKING AND MENTORS**  
You will meet many older people with a wealth of experience, and are highly respected in their fields. They will be more than happy to help you get a foot in the door!



- 4 SELF-AWARENESS**  
You learn a heap about yourself, such as your strengths and weaknesses, and communication and leadership styles. This will make you a better team player in the workplace.
- 5 SOCIAL SUPPORT**  
The friends you make will be from a variety of backgrounds and fields, and therefore have a breadth of knowledge and experience to help you cope with any gnarly situation.

For more details, check out [rotaract.org.au](http://rotaract.org.au)

## News Flash - District Conference

Details of the 2020 District 9810 Conference were announced by DGE Shia at the Multi-District Conference.

**Date:** 21st - 22nd March 2020

**Place:** Echuca Moama

**Venue:** Dungula Function Centre

(To see more about the venue go to [www.Dungula.com](http://www.Dungula.com))





# Youth Exchange Update

January was a very busy month in youth exchange, we had the Australian students who have been overseas for the past 12 months, returning home and the next group of Australian students heading overseas, leaving.

This has meant a lot of time spent at the airport saying hello or goodbye. Happy and excited students, happy and excited parents, and slightly stressed youth exchange committee members as we make sure everyone gets to where they are meant to be, or arrives safely from where they've come from!

I'm pleased to report that thanks to the wonderful Rotary network and great support from Anywhere Travel things went smoothly again this year. Nine students arrived home, fit, healthy and with lots of stories to tell, and two new students have left Australia for their opportunity as an exchange student, and to take up their role as Rotary ambassadors and Australian ambassadors in Europe.



Our returning students; (L to R): Nicola, Amber, Grace, Samuel, Jamie, Woodley, Alex, Kayla and Sarah



With the support of the Rotary club of Lilydale, Kiara Miller will be spending her year in Switzerland, having arrived in Zurich on 20 January. With the support of the Rotary clubs of Templestowe and Warrandyte Donvale, Emma Galbraith will be spending her year in Germany, having arrived in Frankfurt also on 20 January. Both Kiara and Emma will be spending the first two weeks of their exchange at language camp acquainting themselves with German as spoken in their respective countries. Then they will commence school and life as an exchange student begins which includes many speaking engagements at a variety of Rotary clubs, as well as full-time study and full-time cultural immersion.

Our departing students; (L to R): Kiara and Emma

Although both young women have travelled abroad previously, they both said this had only allowed them to scratch the surface of the countries that they visited not really get a full understanding of the culture. Both said that the opportunity to study abroad for a year and become embedded in the culture will be a unique and valuable opportunity which will help their personal development and give them skills that they can capitalise on throughout the rest of their lives.

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# Youth Exchange Update

Continued from Page 12

We look forward to receiving their monthly reports and monitoring their progress as the year goes by, and it will be exciting to see how different the people are who return compared with those who left just a few weeks ago.

Our recently returned students would love the opportunity to come to your club and speak to you about their experiences studying abroad and how this is impacted on their worldview. Rotary International states; "Rotary Youth Exchange builds peace one young person at a time." This group of young people are a fine example of that statement at work.

Please contact me if you would like to get more information or have one of the recently returned students or one of our current inbound students come to your club and talk to you.

**Tim Bray**  
**D9810 Youth Exchange Chair**  
**(RC Bayswater)**

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## 50 Years - 100% Attendance!

JOHN ZEIGLER, Past President 1983/84, Paul Harris Fellow (1991) and Sapphire (2012) was recognised for his 50 years of continuous service on Saturday 19<sup>th</sup> January 2019.

John's family joined with many Rotarians at Darvall aged care where he now resides to celebrate this milestone.

President Jenny Dight and Past President John Williams outlined some of John's Rotary life and presented him with a Certificate and Rotary Clock for 50 years, 100% attendance as a member of the Rotary Club of Noble Park/Keysborough.

The Presentation day was one of spontaneous recollection of JOHN ZEIGLER the creator.

Son John (a past member of the club) recalled many anecdotes and set in motion many stories of fun, frivolity, effort, enjoyment and successes.

Known as the "Ideas Man" John was innovative with his input and actions in the club.

He served as Club Rotaract Chair 1977/78 and a time as District Rotaract representative for 9820 (2 Years) and 9810 (one year).

John had a catchcry "I'm dying to join Rotaract" using FRED the skeleton to emphasise this, and revived many clubs into membership increase. He is still remembered and revered to this day for his influence at that time.

He had a pet cockatoo and taught it to sit on FRED's shoulder in the passenger seat when out driving much to the surprise of many motorists who were left sitting at the traffic lights wondering what they had just seen.

John's involvement in Rotary was across all avenues of service and he hosted many youth exchange students, was Club youth exchange counsellor from 1986 to 1994 to incoming students from Japan, and visited the Rotary Club of Kofu, Japan on several occasions.

Continued on Page 14

# 50 Years - 100% Attendance!

Continued from Page 13

He kept Club history accurately, attended all District conferences and was absolutely, totally involved in all affairs that Rotary promoted at all levels (Local National and International), particularly focusing on Youth development.

His business was a Service Garage and he had a passion for cars, was a member of the Banzai Rodders Club and the Dandenong Valley Historic Car Club.

His 1975 HJ Holden Utility (Black Magic) won many National awards in the 1970s and 1980s and is featured on the front Cover and month of April in the Street Machine Calendar for 2019.

A notation by his son:

"This car is an expression of the creativity and passion that makes my dad tick - but is also a vital piece of our Australian motoring heritage."

I think that this statement also covers John Zeigler the Rotarian.

PP Keith Maxwell  
RC Noble Park



Clockwise from top left:

John pondering 50 years service.

John with a well deserved recognition.

What a vehicle!

A timely award!



# 50 Years - 100% Attendance!

Continued from Page 13



John surrounded by family.

(Left to right standing: Son-in-law Brian; Grandson Quentin; Daughter-in-law Lisa;  
Son John; Son Mark.

Left to right seated: Granddaughter Jessica; Daughter Robyn; John;  
Granddaughter Emily.)

## 21st Anniversary

Of what? Rotary service!

When Nicole Osner, Pres RC MASH and Gordon Pyke, Pres RC Monash were chatting at the Multi-District Conference they realised they were the last still serving Rotarians from RC Burwood. In fact both were charter members.

RC Burwood was chartered in early 1998 (without rummaging through archives, April I believe), and although RC Burwood is regrettably no longer around, Nicole and Gordon are still active, and enjoying Rotary.

Both are former Rotaractors, as is Sandra Pyke (that is how Sandra and I met in 1976!).

**Gordon Pyke**  
**Editor (& President RC Monash)**

**(Please send me details if you would like to have a Rotary friendship, partnership, or relationship recognised. I will gladly publish them.)**





# Boat Launch at Lilydale

On Monday 28th January 2019 RC Lilydale launched the Jim Sawyer boat at the Lillydale Lake.

The boat was purchased from funds bequeathed from Jim's estate.

Jim was a Rotarian for over fifty years and made a significant contribution to the community, being also a Councillor and President of the Shire of Lilydale. Jim was also an excellent farmer and during his time imparted his farming knowledge to other people starting up in the farming business.

The launch was attended by the Member for Evelyn, Bridget Vallence, and Mayor Tony Stevenson, Cr. Len Cox, Cr. Tim Heenan, DG Russell and Shelley and AG Bob Williams, family and friends of Jim's.

The official launch was conducted by Rotarian Ray Donovan who was a good friend of Jim's.

Special thanks to Commodore Steve Beitzel from the Lilydale Sailing club for assisting on the day.

The boat will predominantly be used by disabled people so they can enjoy the fun of sailing.

**Ron Haines**  
**President**  
**RC Lilydale**



Clockwise from top left:

The launch.

Bubbles, but wisely not broken across the boat.

Sailing.

Moored.



# Youth Exchange Invitation



If you are in year 9, 10 or 11, a year's

## Study Abroad Opportunity

offered by your local Rotary Club provides:



- ❖ An opportunity to attend a secondary school in a different country
- ❖ An opportunity to develop new language skills
- ❖ An opportunity to develop a lifetime of international friendships
- ❖ An opportunity to develop your understanding of different cultures
- ❖ An opportunity to develop in many ways

The Rotary Study Abroad Opportunity includes:

School arrangements and tuition for a high school year abroad, accommodation, a pre-departure and after arrival orientation, a monthly allowance and Rotary support

- THE ROTARY STUDY ABROAD OPPORTUNITY IS MADE POSSIBLE BY THE GENEROSITY OF OUR OVERSEAS ROTARY PARTNERS AND LOCAL ROTARY CLUBS PARTICIPATING IN THE ROTARY YOUTH EXCHANGE PROGRAM.
- APPLICANTS MUST BE BETWEEN AGES 15 YEARS AND 17½ YEARS AT THE TIME OF DEPARTURE IN JANUARY.
- FURTHER INFORMATION IS AVAILABLE FROM YOUR LOCAL ROTARY CLUB COORDINATOR - **CONDITIONS APPLY**



[www.ryea.org.au](http://www.ryea.org.au)

Contact your local Rotary club –

Stuart McDonald

'phone 0408 388 489

Email: [stuhoo2000@yahoo.com.au](mailto:stuhoo2000@yahoo.com.au)

Rotary Youth Exchange (Australia) is approved and quality assured by the relevant state education authority to provide long term secondary student exchange programs into and from that state or territory of Australia to provide a year's full time education at an overseas secondary level school

# Rotary Action Group Request

DGE Shia is already receiving communications for the 2019-2020 Rotary year, including an important message from the Polio Survivors and Associates Rotary Action Group. Excerpts from their message to Shia are below:

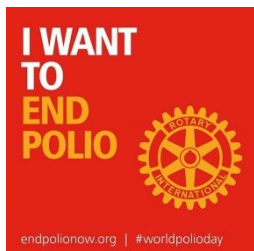
“The Rotary Polio Survivors Rotary Action Group has the following programs and objectives:

- Support in any way possible, Rotary's PolioPlus program to eradicate polio throughout the world.
- Share our polio expertise by collaborating with clubs and districts on service projects.
- To assist polio survivors with rehabilitation, corrective surgeries and mobility devices as needed through projects in collaboration with your Rotary clubs and district.
- Create greater awareness of Post-polio syndrome and the challenges it creates in collaboration with your district and clubs.
- To accurately record the number of Rotarians who are polio survivors.
- To form associations with individuals, organizations and institutions already engaged in assisting polio survivors.
- To engage Rotarians in a world-wide project to collect the personal stories of polio.

We serve as a resource to clubs and districts for projects aimed at improving the lives of polio survivors throughout the world. As a resource we will collaborate with Rotary clubs in your district to help promote, find partners and recognize their projects and Rotary grants that provide assistance to polio survivors. We will End Polio together but we must not forget those left in the wake of polio epidemics around the globe.

... Our website is [www.rotarypoliosurvivors.org](http://www.rotarypoliosurvivors.org).

**Ann Lee Hussey**  
CEO, Polio Survivors and Associates Rotarian Action Group



P.S. If you want to also sign up for our newsletter - [please click here](#)”



**Note: Please let Shia know if your club wants to be involved.**