

Edition 3

#### District 9810 News

December 2018

## **District Governor's Message**

It's that time of year where we all look forward to reflecting on the year that was, spending time with family, connecting with friends, and looking toward the year ahead.

Many of our Clubs are truly spreading the joy of the season with projects and activities that help brighten the lives of some of the most vulnerable in our community, and some of those that are less fortunate than ourselves. It is heartening to hear such wonderful work.

#### **Club Visits**

Shelley and I have completed our official Club visits and have been truly inspired by the work and amazing achievements of our Clubs. The passion of the most important people in Rotary, our members, enhances Rotary's reputation for advocacy and getting things done in the local and global communities.

It's been rewarding to see so many Clubs working together to increase their impact, and also collaborating on planning for future projects and grant opportunities.

The generosity of our Clubs to Shelley's chosen project, Rotarians Against Malaria [RAM], has been outstanding, as have the many personal donations and purchases of RAM badges by Club members. This has allowed a contribution of around \$22K to be pledged in Clubs' names towards bed nets for Papua New Guinea. Thank you! Shelley will share news of a special 2019 RAMS event soon.

#### **Polio Update**

hoped. At the time of writing, there have been 29 cases reported so far this year; 21 in Afghanistan (with 14 for the whole of 2017) and 8 in Pakistan (the same as 2017).

This really highlights the need to stay true to the task until we can all celebrate polio eradication. Please do have a look at how your Club may be able to help.

The vaccine derived polio outbreak in PNG appears to have been contained.

#### **Membership Matters**

The ongoing future of our Clubs, and the longterm success of our organisation, is still the most pressing internal priority. I know that all Clubs appreciate this, as well as the need to increase public awareness of the fine work that they do, and to innovate within their Clubs. There is no magic wand, just persistent effort, and sometimes a bit of luck.

Congratulations to the 22 Clubs in our District who have grown this year. RC of Maroondah and RC of Lilydale have led the way by growing by net five and four members respectively. Seven other Clubs have grown by two. It can be done.

Remember that the District Membership Team resources are here to help, so feel free to give PDG Malcolm Chiverton or PDG Jenny Coburn a call. They will be sharing news of a special interest evening with our local Indian community on Feb I very soon. Watch this space.

#### Continued from Page I

#### Youth Exchange Update

Our inbound students are settling in well and endearing themselves to everyone they encounter. They are learning a lot about Australia whilst having fun. Our weather patterns must seem confounding.

The 2019 outbound students are getting ready to leave next month, and our 2018 outbound students are preparing to return home. Word is that they asked for an extension! No surprises there.

From a governance viewpoint, the Youth Exchange committee, all our participating Clubs, as well as our District support team, are to be congratulated on the significant amount of work completed over the past 14 or so months to ensure the programs compliance.

We needed to be sure that we met the legal requirements of the Victorian Registration and Qualifications Authority (a direct result of the Royal Commission into responses to child sexual abuse), a RI YE Recertification process linked to program insurance, as well as our own District review.

The YE committee recently prepared a strategic plan which was endorsed by the District Board. Compliance procedures were also reviewed and accepted, and the next cycle of Inbound / Outbound students for 2019-20 was approved.

Clubs are encouraged to make contact with YE Chair Tim Bray to plan their next exchange student adventure.

We are also looking for two more safari team leaders, ideally a couple or at least one male. The safari is from April 7th to 27th 2019 and goes to Central Australia and then to the Barrier Reef. There will be 45 students from across all districts and four leaders. To express an interest and get a position description and application form contact either Tim Bray or Stuart McDonald prior to December 31.

#### **Volunteer Declaration Form Update**

District Youth Protection Officer, Ken Mirams, will sending out a new version of this form very soon. This will come into immediate effect and will no longer be referred to as "Form 3".

This update is the result of feedback from Clubs, District leaders, our insurers, and some fine work by our representative on the Zone Insurance & Protection Committee, PDG David Tolstrup. Please watch out for this important email communication.

#### 2019 Multi District Conference

The support from our District has been positive, although we are short on expected numbers. There is still time to secure your place at this historical event.

I encourage everyone to consider taking part in this event, and to ensure that our newer members, and potential Rotarians, are aware of the opportunity to see the family of Rotary in Victoria coming together.

http://www.rotaryconference.org.au/

I am also pleased to advise that the concurrent Youth Forum has been rebranded a "Social Impact Forum" to be more inclusive. The speaker list and associated topics are outstanding and is a good opportunity to share within your network.

http://www.rotaryconference.org.au/social-impact-forum.html

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#### Peace Fellow News

In the last newsletter I shared news that we had selected a 2019 Rotary Peace Fellow.

Unfortunately, our candidate recently advised that he needed to withdraw to take on crucial, sole carer responsibilities with his ailing mother.

We share Andrew's disappointment, but are inspired by his motivations, and hope to see him around the District. Our thoughts and best wishes are with them both.

#### **Club Merger News**

President Jean and President Kylie have advised that their Club members recently approved the merger of the RC of Croydon and the RC of Montrose & District to become the RC of Croydon & Montrose. This will take effect from 2 March, 2019.

#### Bon Voyage DGE Shia, Duncan and Flynn

Our colleagues leave for San Diego during January for the final stage of preparation for Shia to take on the role of District Governor from July 1.

This will be a unique, life-changing experience and I know that we all wish them safe travels.

In closing, Shelley and I wish you all a happy festive season and every success in the New Year and look forward to our paths crossing.

Take care and **Be the Inspiration**.

Best regards,

Russell

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### **Southern Region ROMAC Chair - Vacancy**

Due to unforeseen circumstances, our Southern Region Chair position has become vacant.

If you are interested in this role, or know some one who is, <u>click here</u> to understand more.

## **Projects - More Funding / Greater Impact**

We all know that large Global Grants from the Foundation make it possible to undertake high impact international projects – but did you know they can be used for *local* projects too?

A good example is the **Hills Kellyville Club** in north-west Sydney. They were able to invest US\$10,400 of their own funds and deliver US\$116,557 in advanced imaging facilities that their local children's hospital needed to treat kids with serious sight impairment.

And there's the **Waikerie Club** in South Australia. With a club investment of US\$15,152, they've had grants approved that will enable them to provide a desperately needed US\$152,945 dialysis unit in a remote indigenous community in the north-west of the state.

If your club has a vision to create a major project that will have a significant impact on people's lives, consider Rotary Foundation grants – for international <u>and</u> local projects.



#### Foundation funding would not be possible without the wonderful generosity of Rotarians and clubs!

### **Brand News**

#### How to improve your photography: telling Rotary's story in pictures.

Click here: <u>https://blog.rotary.org/2018/10/23/how-</u> to-improve-your-photography-telling-rotarys-storyin-pictures/

#### 7 tips for creating compelling social media content.

Click here: https://blog.rotary.org/2018/10/30/7-tips -for-creating-compelling-social-media-content/ #more-9226



### **District Governor 2021-2022**

Formal advice will be issued shortly regarding nominations for both the District Governor Nominating Committee and District Governor for 2021-22.

Nominations for the **District Nominating Committee** 2018-19 close on Friday, 1 March 2019 at 5pm.

Nominations for **District Governor** 2021-22 close on Friday 22 February 2019 at 5pm.

Full details will be available via your Club President and Club Secretary.

## **Drought Assistance News**

The support from Clubs in our District for our colleagues in District 9650 in NSW continues to inspire and to make a real difference.

There are just so many positive stories of our Clubs, with the support of local businesses and schools, raising much needed funds, and making a direct connection, there is not space to share them all.

To select but one, relates to the efforts of the RC of Maroondah who made a direct connection with an Assistant Governor from the Coonabarabran area in D9650 on how best to help.

Club Community Service Chair, Pam Daniel, asked whether a supply of prepaid credit cards would help to make a difference in their farming community. The answer was yes as they would be most useful to pay for petrol for a farmer to come into town which they don't do as often anymore, pay for the pharmacy, a bill, hairdresser, a pair of kid's shoes etc.

Armed with this knowledge, Pam inspired her Club to go ahead to purchase some cards. In the meantime, Yarra Valley Grammar School (YVGS), with whom the Club has a strong relationship, asked whether they could donate through Rotary to the cause. The kids had had a free dress day, a disco and some other fundraising activities to raise \$2,000. So with the Club's donation of \$3,000, \$5,000 worth of prepaid credit cards were purchased.

Pam, and husband Roger, flew up to Coonabarabran with the cards to give to the local club to hand out at their discretion. They were warmly welcomed and had dinner with AG Aileen and President Jo Wilkins, who was DG in 2010-2011. The next night, they attended a Farmers Drought Update Night at the Coona' Town Hall where Aileen gave out the cards.

The Coonabarabran Club had prepared a wonderful night that was attended by over 180 people, with free sausage sizzle, followed by pudding and custard and free drinks. They had a person talking about resilience, a person roving from NADAL talking about loss and grief and discussing the stress that situations put on people's relationships.



Pam addressed the group and they mixed with farmers who are often too proud to take assistance and there were many eyes filled with tears. At the end of the night, the families were encouraged to take home two Woolworths bags filled with everyday items that had been donated, packages of dog food that had come up from Melbourne as well as stock feed.

The countryside up there is desperate for rain and Pam heard firsthand the heartbreak of farmers having to sell their stock, not being able to retire because they have to be around to feed the animals they have left and not wanting to accept help because they think someone is worse off than themselves and deserves assistance more.

Pam, members of the RC of Marroondah, and the YVGS students are proud to have made a difference to a few members of that

farming community and will keep in touch to see how they are faring.

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## **Drought Assistance News**

#### Continued from Page 5

Pam also highlights what difference a year makes with two photos of a farmer's property 28km to the east of Coonabarabran. Firstly in October 2016, and then the same property now with the cattle being hand fed.

What an unbelievable difference!



## **Australian Rotary Health**

ARH Chair, Glenn Tippett, recently became aware that a Rotarian in our District inspired a friend of Rotary to make provision in their will for an ARH research scholarship.

Sadly our friend of Rotary has passed on, but their legacy will continue in a crucial area. There are other stories like this and more will be shared in various publications in the new year.

This is indeed a reminder how people in the community are inspired by our work and do want to make a difference.

Maybe take the time to read an extract from a recent RC of Sandringham Club Bulletin about a personal, tragic story, involving the family of ARH Chair, Greg Ross.

<u>Click here</u> to read the article.

## **Disaster Aid Update**



Click here for the spring newsletter.

## **IDAD 2018 - A Huge Success**

Earlier this month, Youth Service Chair, Dr Daryl Moran, and Deputy YS Chair / Interact Chair, Salwan Shahine hosted the 2018 Interact District Assembly Day (IDAD) event to inspire and educate the incoming Interact Club office bearers on how to run a successful Club, how to select a local and an international project to help those less fortunate.

This year's event involved 56 enthusiastic students and 12 teachers from 10 existing Interact Clubs (and one potential one) who were all eager to learn more about Rotary and the Interact Program. They were well supported by many proud Rotarians.

In the seventh year of conducting this District IDAD event, the number of Interact Clubs in our District has grown from two, with around 45 students, to now 13 Clubs with some 900 students! There are also two more Clubs in the pipeline to start early next year.

The feedback received from teachers and students was extremely positive and just reward for all involved in organising the event. Work has already begun on the 2019 event.

Well done Salwan, Daryl, and to our participating Rotary Clubs for their passion and commitment to investing in the development of our future community leaders, and quite possibly, our future Rotarians.





### **How Can We Double Rotaract?**

Membership is ever an issue for Rotaract just as it is for Rotary in our District. So where do our members come from, and how can you, as a Rotarian, help?

- 1. **Rotary Youth Programs** e.g. MUNA, NYSF, RYPEN, RYLA, youth exchange our most successful avenue. Please ensure you keep in touch with those you have sponsored, and gently remind them that we exist.
- 2. **Friends of friends** i.e. people who have heard about us through someone else. Tell your children and grandchildren! Tip: highlight that we are entirely youth-run and therefore not quite the same as Rotary; we find that some people have serious misconceptions ...
- 3. **Interact** we haven't had a good track record of bridging the Interact to Rotaract gap, just as you struggle with getting Rotaract into Rotary. Let's work together to grow both our organisations.
- 4. **Promote us at your events!** Spread the word, hand out our flyers, direct people to our Facebook pages! We have recently revamped our marketing as you can see, we are diverse, vibrant and fun, and people of action.



Kai-Xing Goh District Rotaract Representative 2018/19 (Rotaract Club of Whitehorse)



### **Meet Your Rotaractors**

Name: Nat Arambasic

Club: Rotaract Club of Yarra Ranges

#### Years in Rotaract: 3

What you do for work/study: Health Promotion Officer – I work in resource development for Aboriginal and Culturally Linguistically Diverse communities.

Why did you join Rotaract: I joined Rotaract because one of my friends was a part of another club and I saw the difference she was making in the community. I have always been community-minded and enjoy helping those that need it most whilst having fun and encouraging my friends, family and other community members to come together. I love the different aspects of Rotaract where we focus on community, personal development and international projects.



Why did you stay in Rotaract: I stayed in Rotaract as I have made long lasting friendships, I can honestly say that it feels like I have been a part of Yarra Ranges for longer than three years. My club works well as a team, we raise funds and support causes that are close to us whilst all having fun and encouraging participation across the district. Being a part of a district means that we have strong connections with other Rotaract clubs, and most importantly Rotary clubs in the district. Without them and the participation of our Rotaract club members we would not be able to exist and do half of what we have achieved as a club.



Nat Arambasic Rotaract Club of Yarra Ranges

## **ROMAC - Gaspar's Story**

#### GASPAR PINTO 2 yrs old - Timor Leste - Tumour

This is the quickest ROMAC case we have been involved with. We certainly had our skates on to keep up with the schedule in the early days of Gaspar's stay.

We received a phone call on a Thursday morning asking if D9810 could take on a patient due to arrive on Saturday, for surgery on Monday! I still find it hard to believe that within 20 minutes of sending out an email plea for help to our ROMAC supporters, one of our wonderful Timorese interpreters put her hand up and agreed to home host – this was before we even knew what treatment the child was coming for or how long they would be here! We are deeply indebted to Carla Chung for her generosity to Gaspar and his mother Estefania.

Monday morning saw us all at Royal Children's Hospital for the initial consult with Prof. Michael Sullivan – Oncologist. Gaspar had an abdominal tumour which had been shrunken with chemotherapy given in Dili hospital, but which needed to be removed. This surgery was beyond the expertise available in Dili. By 1.30pm he was in the surgical ward and by 7pm he was in his room in the ward, where he spent the next week. Estefania stayed with him at all times and the Timorese community were constant visitors bringing in food and many gifts.

A week after leaving hospital, Gaspar was given the all clear to return home with the wonderful news that he needs no further treatment. It was another week later before they left Melbourne and flew back to Dili. The Oncologist will check Gaspar when he is in Dili, next March.

#### Another case of WELL DONE ROMAC!

#### Gavan McIntyre ROMAC Chair District 9810 (RC Wandin)

PS. We have been advised of a further 3 children expected to arrive at any time. The short notice is sometimes due to the hospital seeing a gap where they have access to a bed and a surgeon, and can fit a ROMAC patient in, if we can get them here.



Above: Tests - Pre Op. Right: Post Op.



### **ROMAC - Gaspar's Story**





Clockwise from far left: Woke up happy. Loved the hospital sandpit. With Prof Sullivan. With ROMAC Chair Gavan. With Prof Sullivan & ROMAC team.







Above: Home Host Carla Chung, Gaspar & Mum Estefania







Left: The ROMAC Team Above: **Thank you RCH!** 

## **Birthing Kit Assembly Day**

Over 300,000 women die annually from pregnancy or childbirth-related complications. The majority of these are in developing countries. Birthing Kit Foundation Australia (BKFA) is an organisation dedicated to improving the conditions for women all over the world by providing clean birthing kits. The simple components of the kits provide the resources to reduce infection and fatalities.

Last year the Rotary Clubs of Cheltenham and Mordialloc organised the assembly of 600 birthing kits. This year, with the assistance of a Global Grant, they were able to purchase the components for 1,600 birthing kits to be assembled.

A lot of preparation was required to get everything ready for the day. Residents at a retirement village cut string to the correct length and the Year 9 Social Justice students at Mount Erin Secondary College cut, folded and bagged the plastic sheets. Pieces of soap were also cut to size in advance. The Sandbelt Hotel, Moorabbin once again kindly provided the use of their function room and facilities free of charge.

The RC of Cheltenham and RC of Mordialloc inspired sixty-seven Rotarians and non-Rotarians to give their time to help on Saturday, 27 October.

The room was buzzing with chatter as everyone worked together, and the runners were kept busy replacing the depleted components of the kits. 1,600 birthing kits were assembled and packed in approximately 2 hours. Later the organisers had to express the air from the completed bags and package them into boxes of 100 for return to BKFA for shipment and distribution in Ethiopia and Uganda.

It was a great day, everyone went home satisfied with the job they had done and those who attended advised they are eager to help again next year.

The organisers, Kay Gordon (Mordialloc) and Colleen Rooth (Cheltenham), would like to thank everyone in the District and their families and friends who gave up their time to come and help such a worthy cause.

Stats: 4,800 pieces of string cut; 800 bars of soap cut in half; 1,600 sheets of plastic cut to size; 3,200 gloves paired; 4,800 pieces of gauze and 1,600 scalpel blades were included in the birthing kits assembled.









## **Armistice Centenary Grants Program**

Our ANZAC Centenary Walkway is now complete. The final sign to acknowledge and celebrate the Armistice was installed in time for Remembrance Day on 11 November.

This project commenced in 2015 when our club forwarded a submission to the Department of Veteran's Affairs for a grant to build an ANZAC remembrance walkway in the park adjacent to the Mount Waverley Community Centre. The submission, prepared from a concept developed by Paul Power and his young neighbour Jamie Brugman, and architectural designer Kevin Morris, was accepted by DVA, and we received the largest grant of any not for profit organisation in Australia. Paul, Geoff Logie-Smith and I supervised the project, with the



Monash City Council doing an excellent job as construction contractor, and the walkway was officially opened by previous local federal member, the Hon. Anna Burke MLA.

However, the ANZAC story depicted by the plaques and signage still remained incomplete. The Walkway project could only represent the complete ANZAC and World War I story with reference to the Armistice.

In conjunction with the Centenary of the Armistice, The Department of Veterans Affairs again called for grant submissions for appropriate ideas to celebrate this important event. We were again successful in obtaining a funding grant to erect a sign within the walkway with the Armistice theme. The sign shown on the next page highlights the countries and alliances involved in the war, and importantly sets out the enormous casualties recorded in the war - the war that was to end all wars.

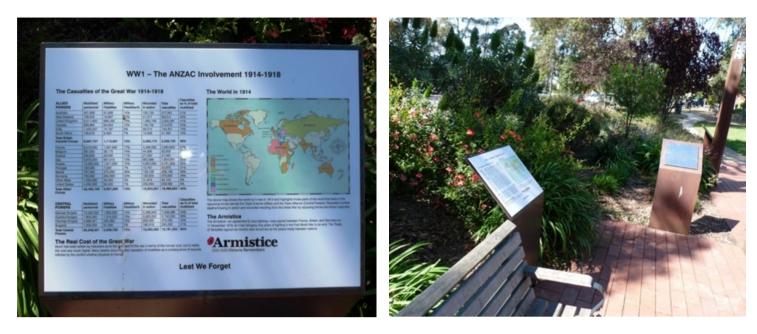
This sign completes the summary of the five years of the battles and the enormous commitments made by the forces involved and the tragic consequences. The ANZAC Centenary Walkway in Mount Waverley is now complete as a permanent memorial and reflection area for future generations.

In conjunction with this project, funds received from DVA also allowed us to conduct writing competitions with Year 6 students at both Pinewood Primary School and Essex Heights Primary School. We have also produced booklets for the year 6 students which contain reproductions of every sign and plaque in the walkway, something they can retain for future reference.

Paul, Geoff and I continue to work with local Primary Schools to continue these competitions. The ANZAC spirit continued in World War 2 and in subsequent conflicts, and future generations in our area will be richer for the understanding of this aspect of Australian history and culture.

PP Terry Roche RC Mount Waverley

## **Armistice Centenary Grants Program**



### **Charity Golf Day - Fine Weather**

#### RC Noble Park-Keysborough 35th Annual Charity Golf Day

This day is proudly supported by a host of sponsors as well as our major sponsor the **Bendigo Bank** for our main charities packages throughout the year.

The course was in superb condition with everyone enjoying the better weather this year.

Winners of the Stableford event were:

- A Grade Winner Chris Hansen, 42 points
- A Grade Runner Up David Pugh, 40 points
- B Grade Winner Ray Fisher, 40 points
- B Grade Runner Up Bruce Hill, 36 points
- Callaway Winner Frank Hagenorn, 71 nett
- Callaway Runner Up Paul Murphy, 71.5 nett
- Ladies winner Ros Thompson, 77 nett

Peter Behm RC Noble Park-Keysborough

### **Charity Golf Day - Fine Weather**







#### Above: Organising Committee (Reny Frighetto, Ron Damon, Greg Penaluna, John Williams)

Above right: Players and friends at the after function dinner.

Right: Players on the Golf Course enjoying their round.

### **Donation to ROMAC**

Earlier in the newsletter ROMAC featured with the report on the urgent treatment required for young Gaspar, and the excellent work of the ROMAC team.

As well as relying on volunteers to assist with the hosting of each young patient coming to Australia, ROMAC also relies on donations to fund their treatment. The average cost for each child is \$25,000.

Therefore D9810 ROMAC Chair Gavan McIntyre was most grateful to recently receive a donation of \$10,000 from RC Wandin. The donation was made possible following a very successful fundraiser run by the International committee of the club.

The photo on the following page shows the presentation of the \$10,000 donation to Gavan.

### **Donation to ROMAC**



From left: International Chair Jan Griffin, District ROMAC chair Gavan McIntyre, Brian Hodgson, John Sanders, Paul Martin, President Heinz Budweg.

### **RAM News**

Once a year, RAM holds a low-cost and highly informative Conference for RAM members, supporters, and partners.

Next year, our 2019 Conference will be held in Melbourne. The Conference will provide: updates on malaria elimination; research on malaria disease; our partner countries' progress; and opportunities for networking and learning on RAM activities.

<u>New in 2019</u>: RAM may include pre-conference workshops to: explore different models of fundraising in the Districts; learn to manage the Rotary Global Grant application process; and project planning, monitoring and evaluation.

For the convenience of interstate travellers, the Conference will be held at the Ciloms Airport Hotel.

<u>Note:</u> Early-bird discounted accommodation and free airport transfers are available at Ciloms. We will set up the RAM website soon for early registration for the Conference and Workshops.

Lock-in the 24 & 25 August 2019 in your diary! See you there!

On behalf of RAM, thank you all for your continuing support.

Dr Jenny Kerrison Interim RAM National Manager

### **RAM News**



# MELBOURNE

#### 24 & 25 August 2019 **Ciloms Airport Hotel**

398 Melrose Drive, Tullamarine



