



District 9810 News

Issue 1 July 2015

District Governor 2015-16 David Tolstrup

District Governor David's Report



All around the Rotary world lots of people are doing lots of wonderful things to improve the lives of others.

At this time of the annual Rotary cycle we all reflect on what we have been doing and anticipate with eagerness what will be done in the future. In various forums leading up to the start of this Rotary year I have been talking about clubs being relevant in their communities. Communities of course encompass local, national and international communities.

The proposition that I have been putting to our club leaders and members is that we all need to engage with our local communities and be part of their desire to address the issues which affect them most. Whilst there are specific issues in each of our communities there are a few consistent issues in all of our communities.

I have asked clubs to look at addressing some of the following issues within their community: domestic violence; mental health; men's health; indigenous community support; young driver safety programs. It is my contention that by working with our communities in addressing these kinds of issues that community

leaders and community members themselves will embrace what Rotary is doing and through our engagement with these people they will better understand what our great organisation is all about. There is a better chance of such people wanting to support our efforts or join with us in our endeavours.

There are three other particular programs within our District for which solid support has long existed and I am very keen to see such support being maintained.

These are issues of concern to our wider national or international communities, and in some cases have synergy with the issues mentioned above.

The Rotary Foundation is the cornerstone of Rotary's humanitarian programs. Our efforts in Polio eradication are of course driven through the Rotary Foundation. But with the new funding model providing District Grants we are going to be able to provide scholarships to senior secondary students to encourage them to progress to undertake the VCE program.

All kinds of water, sanitation and hygiene programs are able to be funded.

Peace and Conflict study programs are able to be offered to suitable candidates. It is important therefore that financial support for the Foundation is maintained to ensure the sustainability of the Foundation moving forward.

This financial support can be club based, or by individual support and of course by estate planning in the form of leaving a bequest.

Australian Rotary Health is a magnificent organisation providing research funding to so many wonderfully clever professionals. With their particular emphasis on Mental Health it is imperative that we maintain the viability of these programs.

(Continued page 2)

Rotary Rocks

I am 10 weeks old.

*I was the youngest person at the recent
changeover night.*

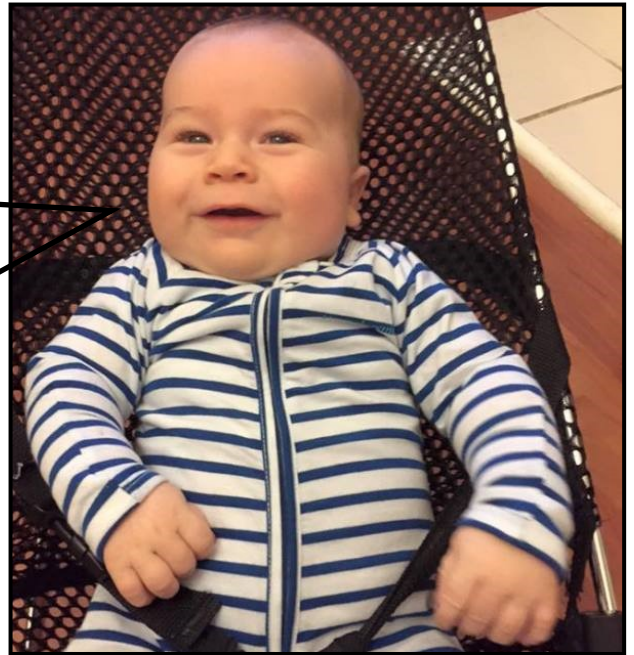
*My Grandpa loves Rotary. He wants me
to join Rotary when I grow up.*

My Grandpa has lots of friends in Rotary.

I usually fall asleep in his meetings.

Sometimes he calls me a funny name

“Prince William Charles Tolstrup”.



(From page 1)

ARH also has a most effective program of providing Indigenous Health Scholarships to enable our indigenous folk to be trained and then return to their communities thus improving health outcomes and assisting to close the gap.

A challenge has been issued to the District to fund an Interplast Team to a country of need. This requires the raising of \$45,000.

The good work that Interplast teams do in developing countries, including the training of health practitioners, cannot be over emphasised.

Whatever it is that our clubs do during this Rotary year, may the focus of the projects be to make a difference to lives of other people and by so doing Be a Gift to the World.

Cheers

David

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Wheelchair for kids

Last year Rotary Club of Huntingdale and South Oakleigh College combined in a fundraising activity for Wheel Chair for Kids.

A trailer load of wheelchairs and students participated in a walkathon/wheelathon of eight laps of their school oval. One hundred and twenty students from years seven and raised about \$3,500



The school liked the way we did this with sponsorship forms for numbers of laps to be done and organised it themselves this year.

The whole school was involved and it was compulsory for all four hundred plus students to do a ten km walkathon/wheelathon along Centre Road and Warrigal Road. All of the twelve wheelchairs went out and were swapped around between the students in the process. Students started at 9.00 am and finished about 12.00pm. Rotary Club Huntingdale served up the sausage sizzle which was free to the students.

Funds raised will be split between four causes.

Helen Koziaris the Principal said we can count on being included next year as they intend to make the Walkathon/Wheelchair Wheelathon an annual event for their school.



Annual District Golf Day Challenge - Date Change

For many years the Annual District Golf Challenge cup has been played in conjunction with the District Conference.

Golf is a widely accepted pastime of many Rotarians and their partners and I am keen to promote such a valuable fellowship activity to the status which it should boast.

Therefore, at the Ballarat Conference I announced that the golf day would be moved away from the Conference and be a stand-alone day. The idea is to make the day available to as many Rotarians and Partners as possible.

Next year it will be on Thursday April 14th.

The event will be held at The Keysborough Golf Club.

This event will cater to the full range of golfing abilities. The serious Golfers can compete for individual and team honors whilst "social" golfers can also participate in an enjoyable environment. Consideration is being given to having an alternative nine hole event.

We are certainly hoping that lots of our Ladies will feel encouraged to participate.

Further details will follow but any enquiries can be directed to our golfing guru:

John Williams on 0408 228 865

Cheers

David & Alison



CLUB MEMBERSHIP

Start the year with a commitment to increasing Club members.

New Members are vital for club growth.

District Governor Partner's Project:

Food security for Indigenous school children in the Kimberley area

Food security is a modern term which is appearing in the media more and more. It simply means having adequate nutritional food.

Lack of it is one of the markers of poverty. Children who lack food security not only have physical health problems, their brains are not able to develop properly.

This seriously impacts their educational abilities. Hunger can lead to stealing food; it is known that the younger a child is when first offending, the more likely it is for this behaviour to become normalised.

Providing food security gives these children the chance to escape from this cycle and Close the Gap

There are 2 parts to this project.

The first is in Broome where an emergency food relief charity Feed the Little Children (FTLC) provides a hot evening meal to 300 of the neediest children, mostly under 10 years old. There has been a marked reduction in offences as well as positive trends in health and education.

FTLC also aims to educate families to look after their own nutritional needs. I have chosen to fund the development of a training course to teach children how to cook healthy meals.

In these communities where carers are distracted by issues such as alcohol or gambling, FTLC have realised it is more effective to educate the children to take this knowledge into their families.

The Rotary Club of Broome has supported FTLC since it started in 2012, both financially and hands on volunteering and are also involved in this training program.

The second part of the project is near another iconic tourist spot – the Bungle Bungles. The Purnululu Independent Aboriginal Community School, only 1km off the Great Northern Highway, is a private school operated in partnership with its progressing community.



Teaching recognises aboriginal history and culture with a strong emphasis on reading and writing. It is one of a group of 14 private schools in W.A. with central administration and support. It operates well and achieves good results, indicated by higher attendance and longer teacher retention.

Last year 7 Clubs from our District helped buy a bus to bring students to school. The school addresses the need for food security by providing breakfast, morning tea and lunch for its students, a costly exercise due to the transport involved.

The school is creating a Stephanie Alexander Kitchen Garden to provide the fresh produce needed. I have chosen to fund a worker from the local community to maintain this garden so it can produce optimally. This person will officially be called an Aboriginal Education Worker. Not only will the school save on food purchase but an extra job is being created within the community.

Further information of these 2 places can be found on their web sites www.feedthelittlechildren.org.au and www.purnululuschool.com.au

Already several Rotarians who are lucky enough to be holidaying in this beautiful part of Australia have made personal contact with the Rotary Club of Broome and I can provide contact details for anyone else interested.

Alison

DISTRICT CONFERENCE SHEPPARTON

18TH TO 20TH MARCH 2016

Hear leading industry experts on how Rotary is achieving real world outcomes locally and globally.

MARK IT IN YOUR DIARY NOW!

DOMESTIC VIOLENCE INCIDENCES REDUCED THROUGH THE EFFORTS OF THE ROTARY CLUB OF CROYDON

Hope for victims of Family Violence

Following District Governor David Tolstrup's address at District 9810 Conference this year in relation to Domestic Violence as a focus of Rotary in Australia, the Rotary Club of Croydon approached the Safe Futures Foundation to determine how Rotary could assist.

From a small Halfway House in the outer Eastern Suburbs some 18 years ago to one of the largest Family Violence organisations in Victoria, Safe Futures Foundation now provides more than 130,000 nights refuge to women and children in over 70 properties each year. One property is now the State-wide Emergency site for refuge in relation to Family Violence.

The Rotary Club of Croydon has supported the Safe Futures Foundation for over a decade, enabling them to provide services for women and children who experience family violence, control and abuse.

A world first program, initiated by Safe Futures Foundation, provides additional safety through the use of a personal alarm, called a SafeTcard. The CEO of Safe Futures Foundation, Janine Mahoney, says that women in the outer east, who have suffered at the hands of their violent partners, are feeling safer as a result of this innovation.

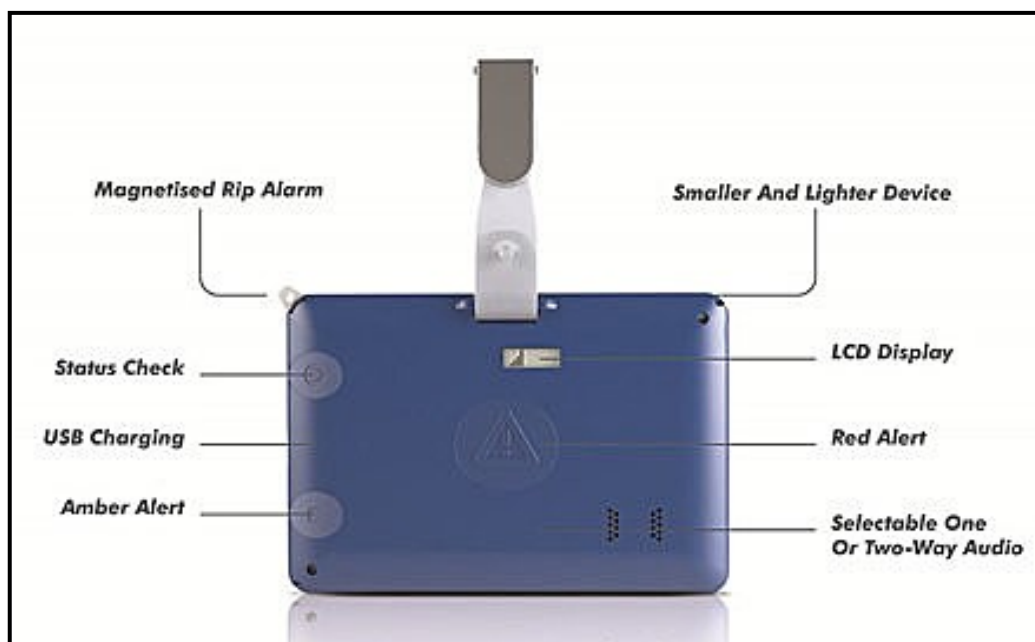
The SafeTcard device is worn by the user and can be activated in case of an emergency; providing the security company and police with the wearer's location, recording and relaying a live audio of the situation.

In a Victorian trial, 21 women wearing the SafeTcard reported that they felt safer and more able to reclaim their independence. Data from the trial showed that there was a dramatic reduction in offenders breaching their intervention orders when aware that admissible evidence for use in court would be captured if they should do so. The trial perfectly demonstrated the effectiveness of the SafeTcard personal safety device in helping to prevent violence with the peace of mind that, should it occur, the alarm is able to summon help immediately and direct emergency services to the location.

After a meeting, at which Janine Mahoney spoke, the Rotary Club of Croydon's board approved the donation of two cards and 12 months monitoring cost, valued at \$1,080 each. Two members then agreed to jointly fund the cost of half an additional card. These cards are being donated in memory of Carlie Sinclair, the daughter of a member who was tragically killed as the result of family violence.

A letter was sent to Rowan Alexander, the Manager of the Mooroolbark branch of the Bendigo Bank, seeking support for the project. The Bank agreed to this request with a donation of \$2,700 and as a result 5 women who were at extreme risk will now be sleeping easier at night.

This is a wonderful example of Rotary partnering with our community. On behalf of our community, a huge thank you must go to Mooroolbark Community Bank Branch of Bendigo Bank, and manager Rowan Alexander.



DG David has appointed 10 Assistant Governors.

We hope to introduce them all to you via some profiles in this Newsletter over the next few issues.

PROFILE AG IAN ARMSTRONG

Ian was inducted into the Rotary Club of Nunawading in 1979 and he has held most roles within the club.

At a District level he has served on and is a Past Chair of the Australian Rotary Health Committee, the Interplast Committee and the International Committee.

Ian continues to be involved with his commercial real estate business and remains active as a CPA. He is past office bearer for the REIV.

He is also a Fellow of the Australian Institute of Superannuation Trustees.

Outside Rotary Ian is President of the Eastern Emergency Relief Network.

It is an organisation which sources and distributes emergency aid through its member welfare agencies.

He is a member of the Paul Harris Society and WASRAG.

Ian joined Rotary to 'put back into the community' – another way of saying Service Above Self.



PROFILE AG PAUL MEE

My initial interest in Rotary came from my father who was a Rotarian in Tasmania.

My first day as a Rotarian was really a great honour, because I was the Charter President of the Rotary Club of St Helens in Tas in 1987 age 33.

Except for a short period in 1997/1998, I have had 28 years of continuous Rotary service.

I have been a member of RC Manningham D9810 for the past 15 years and President in 2012/13. Assistant Governor to Tony Monley 2014/15 (Whitehorse Cluster) and accepted the AG role again for David Tolstrup in 2015/16.

My working life has involved forty years with the ANZ Bank, a variety of roles including Country Branch Manager, Human Resources, Audit, Relationship Manager, High Risk Lending, Credit Portfolio Mgmt.

I have worked in all states of Australia, but mainly Tasmania & Victoria and my current role is Credit Executive (Asset Finance).

I am now cruising to retirement and have been a sports tragic from age 5. Soccer, Cricket, Swimming, Football. My teams are Adelaide Crows, Manchester United and the Socceroos.

I joined Rotary to help those people you see on the 6.30 news who have been placed in terrible circumstances due to natural disaster, war or conflict.

I wanted to learn new skills, self-development and enjoy the fellowship, with my wife. Adele has been my partner in Rotary all the way.

Over the years we have met the most fantastic people through Rotary.



PROFILE AG ENID HUGHES

Born in England, too long ago to compute, Enid migrated to Canada in her early twenties and spent five years there before returning to England.

A couple of years later itchy feet had her migrating to Australia, the land she now calls home.

Interests are reading, walking, ballroom dancing and playing with computers.

Enid's working life was spent as a Personal Assistant to various CEO's, spending the majority of her time in the printing industry. It wasn't until after she retired that she joined Rotary, finding that she wasn't suited for "sitting in the sun with a rug over her knees".

Enid joined Rotary because it was also time to contribute to the local community, giving back some of the support she'd received over the years.

In 2008 she joined the Rotary Club of Fern Tree Gully.

She has held the positions of Treasurer, President, Executive Secretary, Bulletin Editor, Webmaster and Youth Exchange Student Counsellor.

In 2015-16 she will add Assistant Governor to that list.



PROFILE AG ANN WHEELER

Ann joined The Rotary Club of Lilydale in 2005 to continue the Rotary journey commenced by her late husband Ian, who had been a club member since 1992.

She was Club Secretary in 2006-07, Club President in 2008-09 and 2009-10 before resuming the role of Club Secretary in 2010 until 2013. Ann served as District Secretary from 2013 to 2015.

Ann was Conference Registration Officer for both Bob Richards in 2007 and Dick Garner in 2008. She was Conference Catering Manager for Brian Martin in 2013, the role she now holds as a member of David Tolstrup's Conference Committee. Ann is currently Assistant Governor for the Yarra Ranges Cardinia Cluster.

Ann commenced her working life in Pharmacy as a Dispensary Technician. A move to Perth brought a career change when she became a Beauty Consultant initially working for Coty then Max Factor & Revlon.

Moving back to Melbourne, Ann was employed at Jackson Court Pharmacy in Doncaster and Burntbridge Pharmacy in Croydon. She now works in Event Management.

Ann has lived in Coldstream since 1980, has three children & five grandchildren, who all live in the local area. A life member of the Coldstream Football Club, Ann has held various positions at the club over 30 years and currently manages the Senior Canteen. She is also a Volunteer at the Animal Aid Shelter in Coldstream.

Ann is enjoying her role as Assistant Governor and looks forward to more time spent at the cluster clubs and getting to know everyone.



PROFILE AG ALMA REYNOLDS

Alma holds two graduate diplomas in Management. Alma runs her own small management consulting business working from a home office. Prior to running her own business she worked in the horticulture, local economic development, automotive and education sectors after having started her career in the optical industry.

She has used her experience to develop a varied and interesting career. She is married to Rotarian Greg King and has one adult son.

Alma joined the Rotary Club of Doncaster in November 2009, after spending about a year as a member of the Rotary Club of Shepparton. She has served Rotary in a variety of roles - on the Board of her club since July 2011 and has been the Team Leader of the Foundation Committee and Team Leader of Club Services. She is the Immediate Past President and Secretary of the Rotary Club of Doncaster.

For three years Alma served on the District 9810 Foundation Committee looking after District Simplified Grants; leaving that position to concentrate on being President.

A great believer in the Rotary Foundation, Alma is a member of both the Paul Harris Society and the Bequest Society.

Joining Rotary was a progression from other community service activities, as Alma had spent 10 years as a volunteer on one of the Goulburn Valley Health (hospital) auxiliaries and also served as Group Leader for 1st North Shepparton Scout Group.



PROFILE AG TOM BLAIR



After moving to Australia in 2012 Tom and his wife Suzanne joined the Rotary E Club of Greater Melbourne in District 9810.

As charter members they helped form the club.

Tom was president in 2013-14; Assistant Governor in 2014-15 and 2015-16 with the Monash B cluster.

Tom and Suzanne are both very active in their club and district. They joined the RC Manningham in 2015.

Suzanne was also Co-MC of the District 9810 Conference in 2015 in Ballarat. She is also active in the district training program.

Gary Lyle DAVIES – passed away aged 67

Gary had been a member of the Rotary Club of Dingley Village for the past 5 years – he was President Elect for the 2015-2016 year.

Gary was also involved with the Ileostomy Association as a weekly volunteer and a member of the Committee of Management.

He will be remembered for the joy and love he gave to everyone he met. He would see a person on their own in a room or a person looking apprehensive and take them under his wing – they would automatically become his friend. He had no acquaintances.

He would often say – don't give it another thought, it'll be done, and it was. Nothing was too much trouble.

He loved football and cricket – when the local butcher said the Baxter Cricket Club needed support Gary was there – some 25kms away.

He volunteered and assisted any way he could which led to him being recognised as Club Man of the Year.

He was an avid supporter of the Dingley Football Club. But most of all Gary's family was his pride & joy - his children, his brothers and in later years his grandchildren.

However his wife Pam was everything to Gary – the love and support they shared was obvious to everyone who saw them together.

Gary exemplified the meaning of what it is to be a Rotarian, community leader and a genuinely nice guy.

He will be greatly missed.



PAT LANNAN - passed away June 18



It is with great sadness that we learned of the passing of our fellow Rotarian and good friend, Patrick (Pat) Lannan, on the 18th June 2015.

Pat was a strong supporter and member of the Rotary Club of Mount Waverley for 23 years of Rotary. He served as President in 1998/99, and was awarded a Paul Harris Fellow, augmented with two Sapphires in recognition of his dedication and commitment.

He served as Committee Chairman for most of the Avenues of Service, and was Secretary for a number of years. He was an enthusiastic supporter of Rotary Youth Projects, particularly MUNA where he was District Co-ordinator for some time. Pat also gave service to Rotary at a district level in the position of Assistant Governor.

Pat was a great Rotarian and a good conversationalist, always ready to help and encourage other club members and act as a mentor to expand their participation in Rotary.

He was most generous with his hospitality and held many Rotary social gatherings at his home for our club.

He is remembered for his strong commitment to "Service Above Self".

Our thoughts and prayers are with Marilyn and family. Pat will be sadly missed by all who had the privilege of knowing him.

ORGAN DONORS

Over 1100 Rotary Clubs across Australia are urging families to 'have the chat' about organ and tissue donation with their loved ones and register their donation decisions during DonateLife Week. All 21 Australian District Governors have agreed to ask clubs to promote organ and tissue donation.

Rotary's participation in DonateLife Week 2015 was prompted by the story of Jack Wilson, the grandson of one of the 21 Rotary District Governors in Australia. Jack was born with nephrotic syndrome, a congenital kidney disease which resulted in lengthy periods of hospitalisation.

Jack had to return to hospital initially five days per week for four hourly sessions of protein infusion, then moving onto 10 hours home dialysis every night. From three days after his birth in mid 2013 Jack had a tube protruding from his body – no bath, no beach, no pool - until finally at the age of 21 months, Jack's life was transformed with the gift of a kidney transplant.

Professor Jonathan Craig from Westmead Children's Hospital Sydney said, "Australia is a world leader in organ and tissue transplants. But we depend entirely on the compassion of ordinary Australians who make a decision which enables us to change lives."

As an organ and tissue donor, you could transform the lives of 10 or more people. It's important to go onto the internet and register your donation decision on the Australian Organ Donor Register and, most importantly, that you share your decision with those closest to you.

To optimise every potential organ and tissue donor, we each need to have the chat with our family members so that we know each other's donation

decision. Having the chat can make a life-saving difference to people waiting for a transplant. It can be the difference between seeing and being blind, mobility and never walking again.

Except for kidneys and in rare cases partial livers, organs can only be transplanted after death. Only around one per cent of hospital deaths occur in the specific circumstances where organ donation is possible, although many more people can become tissue donors. In the same way that we discuss what we want to have happen in the event of our death, we also need to talk about whether we would like to become an organ and tissue donor. It's a conversation we can have today, that helps prepare our loved ones should they be offered the opportunity to proceed with organ and tissue donation."

Whilst in training San Diego the DGEs talked to RI President Elect Ravi and he offered his support of the program and is intending to promote the issue at the Seoul Convention.

So, this project is both relevant and kind of personal.

But it is up to you as individual clubs as to how you wish to promote this project.

DonateLife Week is Australia's national awareness week to promote organ and tissue donation and is led by the Organ and Tissue Authority.

This is a cost free opportunity for all our clubs to promote their community responsibility and relevance whilst at the same time helping to get a most vital message out in the public domain.

I seek your cooperation in this matter.

Cheers

David

