

DG Dan Sutton

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**December** – The world has been in the COVID era now for approximately 2 years. It is also Flu season again in our District. I am sure that I am not the only one who has obtained a COVID and/or flu vaccine 'shot'. Preventative medical practices have been around for many years. Modern vaccination practices, based on sound research, have eliminated Smallpox as a disease and are nearing the elimination of Polio with only 2 cases having been reported this year. These two diseases are, most assuredly, not the only health concerns in the world. There are many other diseases of concern throughout the world. At this time, while we are concerned about the annual flu season and we still are concerned about COVID. It is appropriate that Rotary's theme for December is:

**Disease Prevention and Treatment**. Most countries in the world have to deal with COVID but additionally various other diseases endemic to their country.

Rotary and Rotarians have long been supporters of disease prevention and treatment. While many the projects are aimed at disease prevention and treatment undertaken in 'Third World Countries', we should also look at areas in our own District and Country where there are high incidences of avoidable preventable diseases. In Canada, in general, we enjoy a great health care system, but there is still a need, in some areas, that Rotary can provide support. Many of the homeless require medical assistance. Remote communities may need better or more reliable or more timely transportation to

medical assistance.

There is quote that says, 'We are our brother's keeper'. In the approaching festive season, be your brother's keeper. Enjoy time

with family and friends.

Appreciate all that you have. Look forward to a New Year with hope and good health.

Season's Greetings to all. Enjoy your family and friends this Holiday Season.



god ju Feliz Natal Glædelig Jul Joveux Noël Joyeux Noël Sretan Božić **Buon Natale** Gayayr Nwel Feliz Navidad Hyvää Joulua Crăciun fericit Happy Holiday **Subh krisamas** Vrolijk kerstfeest **Merry Christmas** Li Zhoor di Nowel Frohe Weinachten Aiyeed milad sayeed Счастливого Рождества miyo-manitowi-kîsikanisi Wanikiya Tonpi Wowiyuskin krīsmas-i shumā mubārak bāshad Minobii Niibaa Anama'e Giizhiigad Wesołych świąt Bożego Narodzenia

Dan Sutton



# **RESOURCES**



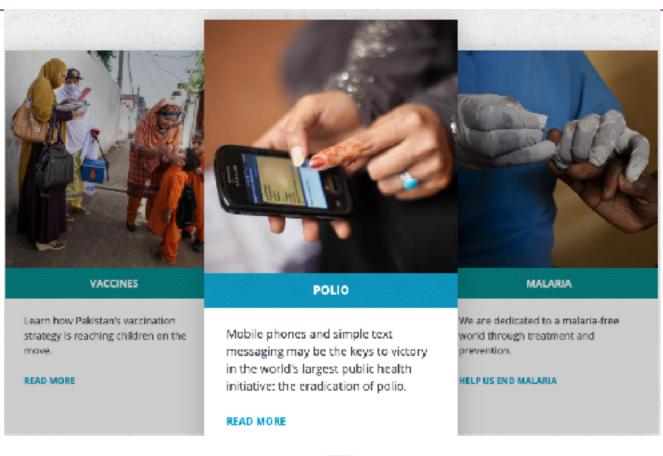
PLAN AHEAD		
December 13	DG Team Chats	
December 13	District Board Meeting	
December 15	Presidents' Meeting	

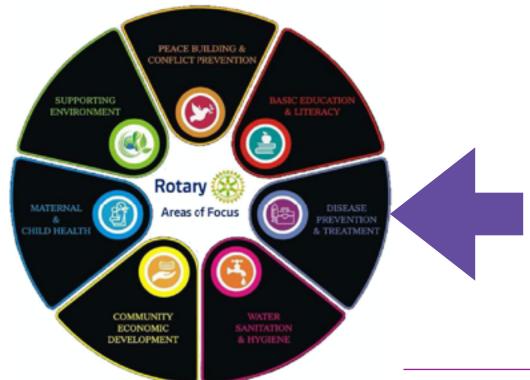
		2021-2022 Assistant Governors	
		Mandate Clubs	Home Rotary Club
Art	Beselt	Estevan, Weyburn	Estevan
Carole	Bryant	Regina, Regina Eastview, Regina Industrial Parks	Regina
Prabh	Dhiman	Portage la Prairie, Winnipeg-Assiniboine, Winnipeg-Transcona	Winnipeg-Assiniboine
Kirk	Drew	Dryden, Kenora, Sioux Lookout	Sioux Lookout
Bob	Durston	Brandon, Brandon Sunset, Minnedosa, Neepawa	Neepawa
Mark	Fenny	Winnipeg East AM, Winnipeg-Fort Garry, Winnipeg-St Boniface-St Vital	Winnipeg - Fort Garry
Mona	Graham	Hudson Bay, Melfort, Nipawin, Prince Albert	Melfort
Jean-Louis	Guillas	Dauphin, Swan Valley, Yorkton	Dauphin
ТВА		Assiniboia, Moose Jaw, Moose Jaw Wakamow	Moose Jaw Wakamow
Leonard	Klassen	South Eastman, U of M Rotaract, Winnipeg-Charleswood, Winnipeg West	South Eastman
Ruth	Marritt	Saskatoon Meewasin, Saskatoon Riverside, Watrous	Saskatoon North
Bill	Pauley	Flin Flon, The Pas, Thompson	Flin Flon
Asit	Sarkar	Saskatoon, Saskatoon North, Saskatoon Nutana	Saskatoon Nutana
Richard	Taylor	Regina Auxillium Rotaract, Regina Oskaya, Regina South	Regina Oskaya
Rob	Tisdale	Gimli, Selkirk, Winnipeg Downtown	Winnipeg Downtown 2



# **MONTHLY THEME**

# December is Disease Prevention and Treatment Month





### **MONTHLY THEME**

# Rotary's Areas of Focus - Disease Prevention and Treatment

Rotary is dedicated to seven areas of focus to build international relationships, improve lives, and create a better world to support our peace efforts and end polio forever.

- Saving mothers and children: Nearly 6 million children under the age of five die each year because of malnutrition, poor health care, and inadequate sanitation. We expand access to quality care, so mothers and their children can live and grow stronger.
- Supporting education: More than 775 million people over the age of 15 are illiterate. Our goal is to strengthen the capacity of communities to support basic education and literacy, reduce gender disparity in education, and increase adult literacy.
- Growing local economies: We carry out service projects that enhance economic and community development and create opportunities for decent and productive work for young and old.
   We also strengthen local entrepreneurs and community leaders, particularly women, in impoverished communities.
- Supporting the environment: As our newest appointed area of focus, Rotary clubs can now apply for environment-related global grant projects.

Which cause are you most passionate about?





**FOUNDATION** 

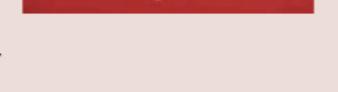
# Zone Rotary Foundation newsletter

# Upcoming Opportunities to Support Our Rotary Foundation

This time of year is opportune for Rotary Foundation support. As we approach the holidays and the end of the calendar year, so many of our Rotarians are considering charitable gifts. Take this opportunity to share your Rotary stories and encourage our members to give. Share the why....it is not about the money, but IT IS about what the money can do...

- Giving Tuesday Support Our Rotary Foundation and online giving on social media, #Giving Tuesday.
- Year-end Gifts Charitable giving is top-ofmind for our members at the end of the calendar year. Promote a Global Grant, End Polio Now or our Areas of Focus and encourage support.
- Zones 28 & 32 Gala February 23, 2022 will mark the second annual Rotary Foundation Gala across Zones 28 & 32.





This is an excerpt from the Zone Regional Foundation newsletter. Click to read the whole article.

Chris Etienne Regional Rotary Foundation Coordinator Zone 28 (231) 838-2031 Cell chris@harborsir.com





1st Annual Foundation Relay Challenge for Rotary, Rotaract, and Interact members

Let's join together to raise funds for The Rotary Foundation's Annual Fund.

Join us for a week for the 75-day journey as Eva Vida and Brenda Banbury walk/ bike to visit every club in the district. Your team efforts will help Brenda walk 1500 km in Saskatchewan and Eva ride 2500 km through Northern Ontario and Manitoba. Which club can collectively log the most kilometres or come up with the most evocative team name?

Help yourself with a New Year's Resolution to get more physically active, improve your mental health and have fun as we raise money for The Rotary Foundation Annual Fund.

Put your team together and start moving, walk/snowshoe/ski/ bike or pick your favorite physical activity. Every kilometre you contribute will reduce the amount these ladies have to walk/bike.

More information will be coming in December on the following:

District 5550 website at rotary5550.org and

District social sites at:

Rotary International District 5550 Facebook Page

Rotary5550 Instagram Page

### **FOUNDATION**

# Zone TRF Gala 2022

Hi all;

Just a quick message to a few leaders in each district to ask for your help getting the word out:

- (1) Please let your Rotarians know to "Save-the-Date" for our fundraising Gala Wednesday 23 February 2022. It will be similar to last year, with \$110 USD fee to participate that includes a fully-credited \$100 USD donation to the Foundation (75% Annual Fund / 25% PolioPlus). If Rotarians do not want to donate more than \$100, please ask them to consider waiting for the marketing launch in mid-November so that their donation will also get them admission.
- (2) As event coordinator I would like at least one **District Gala Rep**, a contact person for each district who will receive regular updates and help promote the fundraiser within your own District. Please send me a name (or a few) and email when able.
- (3) We have a fun kick-off planned for this year's event. Last year RI President-Elect Jennifer Jones hosted a "Red Carpet" where she chatted with many of the stars and dignitaries who were to be part of the show later. This year we will be opening with "Rotary Tours the Zone", where a host will drop in LIVE on venues from Alaska to Bermuda, and points between! We will take applications from Rotarians all over and

select as many as we can fit in this fun tour of our Zone. Any "hybrid" venue with 10+ attendees (all of whom will be registered for the Gala) will be eligible, from private homes to meeting rooms to banquet halls! More details will be provided to your Gala Rep when I have their contact info

Regards Peter

Peter Schultz, PhD Rotary District 5060 Governor 2019-2020 250.470.9228 Peter.Rotary5060@gmail.com





# ROTARACT



# Take the plunge!

Interested in taking the plunge with us? Registration is now open!



**READ THE WHOLE ARTICLE** 

# **ARTICLE**

# Rotarians for Peace newsletter



# **Rotary Peace Film Festival**

"In Search of Peace"

# We invite you to tell stories about peace

### Important Dates

Leading for "pplications: 16 December 2021

Pound Colemany 15 February 2022

### Competition Categories

Best State Determinating (\$1500) Best State Film (\$1500) Best Shucent Shortmentary (\$1000) Best Shucent Short Film (\$1000)

For one information: http://filinles/kalipearendarylorkey.org/en









# RC of Winnipeg-Charleswood Supporting Youth in D5550

The Rotary Club of Winnipeg-Charleswood has joined with Urban Stable and Westgrove School to provide funding for a unique program that aims to help students who are struggling with social, emotional, behavioural, or learning difficulties to attend a life-changing equine experiential learning pilot program this fall at Urban Stable.

The Urban Stable equine facilitated learning program engages with at risk youth to empower them on a long-term journey of emotional and social skill development.

Horses offer a unique form of experiential learning as students develop mutual trust and respect through consistency, empathy, genuineness, clear communication and leadership. The program's main focus is the development of critical life skills, which are naturally facilitated through the student's participation and learning process together with the student's ability to connect to their horse and their peers.

"Urban Stable is thrilled to be collaborating on this pilot program together with RC of Wpg-Charleswood and Westgrove School for grades 4 / 5. Having the larger group of students in one program is somewhat new to us at Urban Stable and we are excited that we have been able to explore this opportunity together to reach more students that are struggling in school.

When the students first attended the pilot program, they were very excited and nervous, being unsure of the horses. Since that first class, we have seen the students grow in their confidence, build teamwork and problem-solving skills, develop self-awareness of their energy, and are able to control and self-regulate their behaviours and energy levels.

The students have been brave to step outside their comfort zones to try new things with the horses and are finding out they can do hard things and be successful. The joy and sense of accomplishment we can see in their eyes at the end of class is a wonder to behold.

We have completed our third week of this pilot program and we have had 100% student attendance and engagement which sometimes can be a struggle in the younger students. We will be conducting a survey at the end of the pilot project asking for student, school, and volunteer feedback."

Hayley Edwards, Acting Executive Director, Urban Stable



\*Photos of Westgrove School students with Haley Edwards and staff from Urban Stable during one of their sessions with the wonderful horses of the facility. RC of Wpg-Charleswood members Chuck Crocker, Jack Wilson and Doug McKenzie.



# Please help us promote the 2022 Rotary International Convention in Houston!

CLICK HERE for the first Zone 28-32 newsletter promoting next year's convention. Please download and forward the newsletter to your club leaders, include in your district newsletter, and share with all of the Rotarians in your district. Please contact us if you need any additional materials or have questions

Zone 28 Convention Promotion Chair Chris Etienne

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Zone 32 Convention Promotion Chair

Krishnan Chittur kchittur@post.harvard.edu

