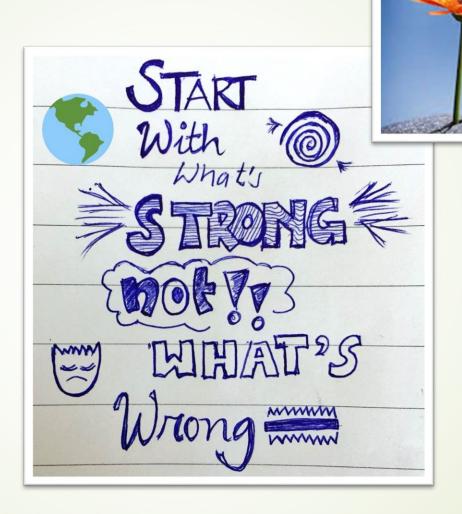
Jennifer Turner-Jones Founder, Southern AZ Book Heroes

- Born in Phoenix and raised in Tucson.
- Manager of the family-owned business called Sahuaro Trophy and the founder the nonprofit called Southern Arizona Book Heroes.
- Abused at 7 years old and at 13 was put in an emergency shelter for her own protection.
- Found solace in books and jigsaw puzzles.
- Part of her healing was creating Book Heroes, where kids they reach need to know they have trusted advocates.

Strength-Based
Theory:
Looking Through
a Different Lens



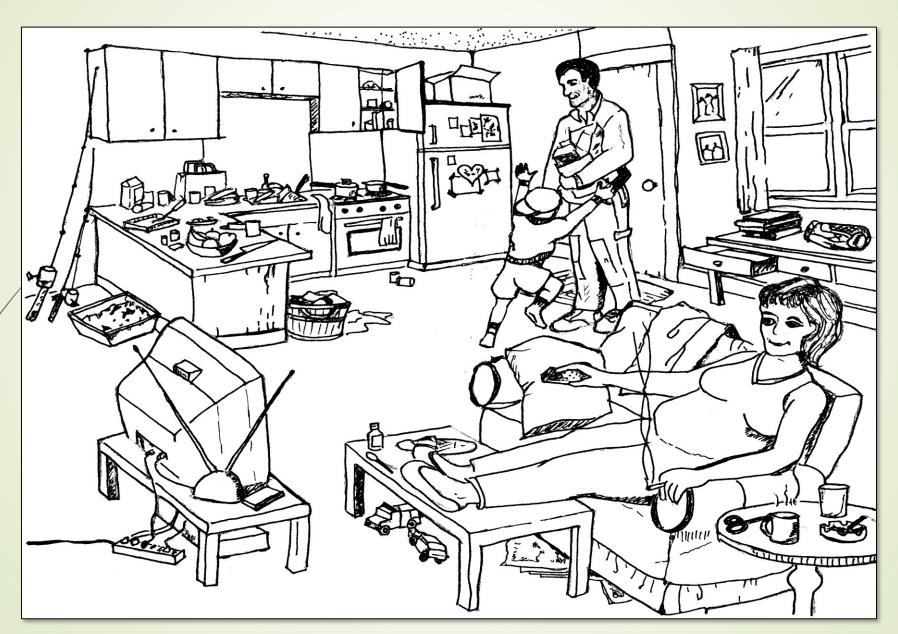
want to

THRIVE

not just

From What's wrong with you? to What happened to you?

Changing Our Focus



Introduction to ACES

Number Story



The Original 10 ACES

Abuse



Physical



Emotional



Sexual

Neglect



Physical



Emotional

Household Dysfunction



Mental Illness



Mother Treated Violently



Divorce

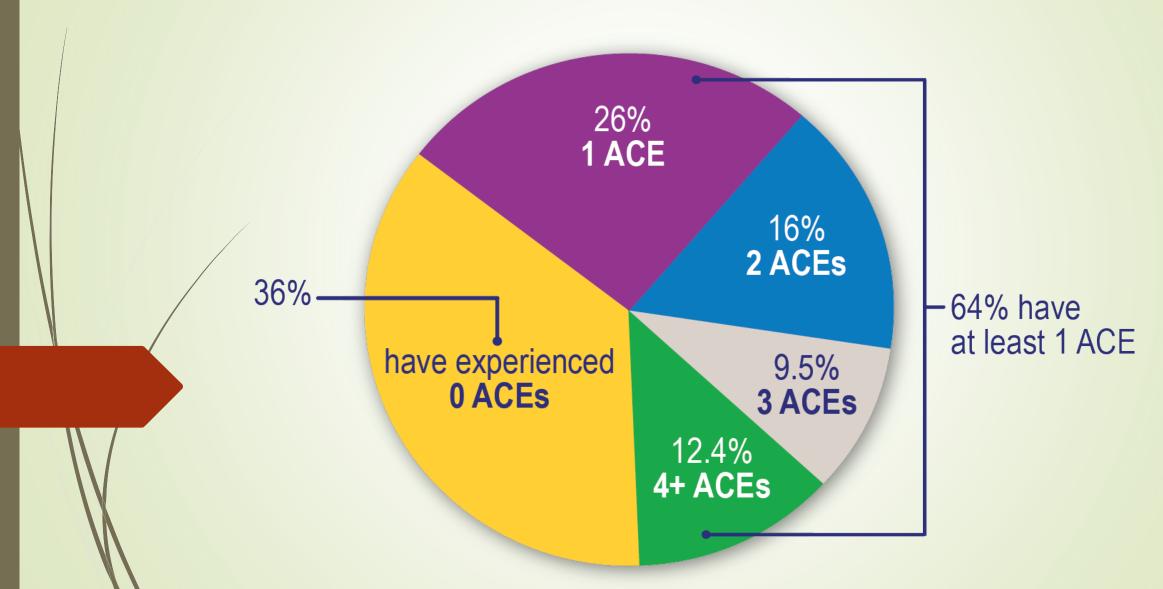


Incarcerated Relative



Substance Abuse

How Prevalent Are ACEs?





Adverse childhood experiences are the single greatest unaddressed public health threat facing our nation today

Dr. Robert Block, the former President of the American Academy of Pediatrics People with 6+ ACEs can die

20 yrs

earlier than those who have none



3x the levels of lung disease and adult smoking



the level of intravenous drug abuse



Ò

14x the number of suicide attempts



as likely to have begun intercourse by age 15

4.5x

more likely to develop depression



2x the level of liver disease



32x more likely to have learning and behavioral problems in school.

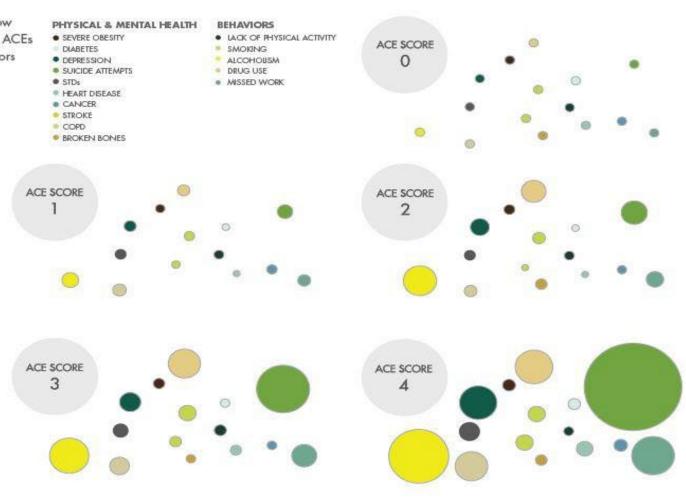
HOW DO ACES AFFECT OUR LIVES?

ACES CAN HAVE LASTING EFFECTS ON BEHAVIOR & HEALTH...

Simply put, our childhood experiences have a tremendous, lifelong impact on our health and the quality of our lives. The ACE Study showed dramatic links between adverse childhood experiences and risky behavior, psychological issues, serious illness and the leading causes of death.

The following charts compare how likely a person with 1, 2, 3, or 4 ACEs will experience specified behaviors than a person without ACEs.

*Having an ACE score of zero does not imply an individual could not have other risk factors for these health behaviors/diseases.



Risk factors are not predictive factors because of protective factors.

Dr. Carl Bell, University of Illinois

Thank you!!

