May 12, 2017

Opening: Sgt at Arms, Otis Archie, reminded us that rain brings lots of weeds and welcome us to the best RODEO club in the world???

Song: As Otis raked the leaves, Ron Perry led us in singing Farmer in the Dell.

Flag Salute: President Elect, Mike O’Sullivan led us in reciting the “Pledge of Allegiance”

Invocation: Vera Wallen shared: “All I Really Need To Know I Learned In Kindergarten Most of what I really need to know about how to live and what to do and how to be I learned in kindergarten.”

Lucky Buck: Dr. Joe Morrow won the lucky buck, donating it to the servers.

UPCOMING MEETINGS/EVENTS:
- May 17, Wed., Foundation Board Mtg, 5:00 pm, Lodge.
- May 18, Thu., Club Board Mtg, 5:30 pm, Lodge.
- May 20, Sat., Spaghetti Fundraiser for AFS student Holly McCaffie, Vet’s Hall, 1:00—5:00 pm.
- May 26, Fri., Int’l Service Mtg., 11:00 am, Lodge Lounge
- Jun 01, Thu., Tip-A-Cop Dinner, 5:00 pm and 7:00 pm, Vet’s hall. See Sue Robinson for tickets.
- Jun 06, Tue., New Member Orientation for Julie Jenkins, 5:30 pm at the Robinson’s-3141 Wood Drive. Appetizers & Rotary wine will be served. RSVP to sueincambria@gmail.com.

UPCOMING SPEAKERS:
- May 19, Nancy Foley, “War in the Woods”
- May 26, Paula Porter with Jesca Acipa, Uganda Student
- June 02, VIVA Planning Team, Status update.
- June 09, Chris Fischer & Dennis Frahmann, History of the Scarecrow Festival.
- Jun 16, Tess Wright & Jeff Hellman, “The Amazing Annie Leibovitz—Photographer Extraordinaire”
- June 23, DARK—Step-Down Party!
- June 30, Chris Cameron “Peregrine Falcon Migration”

Words of Wisdom: Alas—Nobody
Today’s Guests:

Fidel Figueroa, guest of Miguel Sandoval  
Rebecca Jones, Guest of Christel Chesney  
Julie Jenkins, soon to be club member  
Landa Rowen, Guest of Joe Morrow  
Joe Morrow was also joined by his mother, Lynn, and sister, Diana.

We love to have guests attend our meetings. It is fun to meet new people, chat with old friends and show off the “Best Rotary Club in the World”. So, please continue to visit or to bring guests. But, PLEASE let us know ahead of time that you are coming or that you are bringing a guest. The staff at the Lodge or San Simeon Beach Bar & Grill will be most grateful if they have an accurate head count so they can be sure to have enough places set and food prepared. Contact Vera Wallen at 995-3334 or email her at jwallen@charter.net no later than 9 a.m. on meeting day to let her know you are coming.

President’s Messages & Announcements:

- President Sharon welcomed us all and reported that the Creative Show & Tell Club Social at Patty Griffin’s Studio was a rousing success and well attended. A good time was had by all! Thanks to Patty and everyone who helped put it together and the very talented people who shared their works of art.

- Richard Torcia shared a thank you note from Cambria Grammar School: “Thank you Cambria Rotary for your generous donation. We used the $500 to buy books. It was enough for a whole class of students to check out a brand new library book that will last for years. The Cambria Grammar School Library is growing bright minds with your help. Thank you!”

- Bob Putney reported that we are getting closer and closer to the eradication of polio worldwide. He also reminded us that Bill and Melinda Gates will match any donation made to polio so please consider making a donation.

- Donna Crocker invited everyone to attend the Cambria Chorale’s Spring Concert on Mother’s Day at 2:00 pm at the Presbyterian Church. Donna has tickets for those who are interested.

- Looking for a good time, great food, lots of laughs, and mediocre service all for a good cause? Sue Robinson has tickets for the June 1st Tip-A-Cop Dinner at the Vet’s Hall. Just $25 for chicken and tri-tip dinner with salad and wine or beer and dessert. The 5:00 dinner is sold out but there are still tickets for the 7:00 seating.

- Judy Schuster announced that the tickets and posters for this year’s Grand Raffle are in, thanks to Julie Amodei. The rack cards should be in next week. Judy also gave us a rundown on the amazing trips being offered this year! Trips include: Kennedy Center Astronaut Experience, Pinehurst Resort Golf Trip, San Diego VIP Brewery Experience, Napa Valley Epicurean Adventure, Canadian Fairmont Stay, Fairmont Getaway to Maui, Ultimate Escape to Kauai and Costa Rica Getaway. There is something for everyone!! Sell those tickets!! See Judy or Patti for tickets.
**Sheriff Dick:**

Sheriff Dick discovered **Paul Young** without a pin and fined him $10, noting that this was Paul’s first offense.

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**Fine Master:** The Fine Master promised to spare no expense in his search of the whistle blower who ratted him out. There will be a hefty fine to pay.

**Member Birthdays:** **Julia Rice** reminded the Fine Master that we missed her birthday so Rick had us sing the birthday song to her. Julia was fined $20.

**Late Fines:** Our greeter, **Paula Porter,** was fined $20 for being too late to greet people at the door.

**Misc. Fines:** **Julie Amodei** was fined $75 plus $33 in interest for being away too long. **Heidi Santos** was fined $5 for heckling the Fine Master.

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**Presentation:** “Interactions of Trauma and Long Term Incarceration”

**Dr. Joe Morrow** was this week’s presenter. He explained to us that he participates in group sessions with inmates to help them deal with the effects of long term incarceration.

Joe explained that prisoners often have anxiety and irritability as they get closer to their release date because they have a fear of dealing with the outside world. In prison, all decisions are made for them and they are in constant fear of everyone around them. Often former inmates have trouble trusting and relating to people and are afraid of being in crowds.

In prison, inmates must follow an extremely strict schedule. Living on the outside, where one determines most of their own schedule can be scary. Even the fact that in prison, the lights are on 24 hours a day can cause a former inmate to suffer extreme anxiety just being in a room with the lights out for the first time.

They also need to deal with the fact that they must learn to live in a world that has gone through many changes since the last time they saw it.

Thanks for a great presentation, Joe. I am sure most of us never thought of some of the obstacles facing those who have been incarcerated for an extended period of time.
**VOLUNTEER QUOTE OF THE WEEK**
Without community service, we would not have a strong quality of life. It's important to the person who serves as well as the recipient. It's the way in which we ourselves grow and develop.

"ROTARY: MEETING GREAT PEOPLE AND MAKING A DIFFERENCE"

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**2017 Viva News**

**Happy Days!**

The **GRAND RAFFLE** tickets have been printed and everyone is encouraged to sell as many as possible. See **Judy Schuster** or **Patti Minutello** for more details.

If you are on Facebook, consider posting a link to our Viva 2017 website on your Facebook page. **Sue Robinson** did this and almost immediately sold 8 Grand Raffle tickets! Contact Sue or **Linda Sherman** if you have any questions or need the link to the website.

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**Can’t make it to our Friday meeting? Want a large salad instead of the regular meal? Bringing a guest? Want to sign on as a note-taker?**

Call Vera at 995-3334 or email her at: 
**jvwallen@charter.net**

Please “LIKE” us on Facebook by clicking on: 👍 on our Club’s page:

“CAMBRIA ROTARY”

Facebook is free. The more “LIKES” we get, the more Rotary’s word spreads! This is free publicity!

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If you have anything you would like share in the newsletter regarding club activities, upcoming events, help needed, etc., let Sue know. (927-2597 or **sueincambria@gmail.com**).
The Rotary Club of Cambria Foundation, Inc. (our Foundation) is a qualified 501(c)(3) entity that has established a permanent endowment fund, the goal of which is to ultimately generate income sufficient to ease the pressure of fundraising.

Our Foundation receives the proceeds of fundraisers (e.g. VIVA, Chili Cook-Off Beer Booth, 4th Of July Smoothie Booth) and allocates those proceeds by formula among the Rotary Club Of Cambria (our Club) Avenues of Service and the permanent endowment fund. Some of the income generated by the endowment is also allocated to the Club Avenues of Service.

Note that our Club member’s annual dues are remitted to Rotary International and our District 5240 for dues, and that our Club member’s annual pledges are used for the operating expenses of our Club. Neither your dues nor your pledge go through or to our Foundation.

Note also that our Foundation is separate from TRF (The Rotary Foundation), which was established by Rotary International and is involved in worldwide projects such as the eradication of polio.

**Foundation Endowment:**

**Neal Jensen Fellowship** - $1,000 donation to our Foundation’s endowment fund. Thank you to the following Rotarians who have joined the Neal Jensen Fellowship.

- Carol Alexander
- Dan Balfe
- Joan Broadhurst
- Bonnie Cameron
- Tim and Nancy Carr
- Christel Chesney
- Del Clegg
- John Ehlers
- Michael Griffin
- Patrick Hampton
- Sharon Lynn Harvey
- Bruce and Jane Howard
- Neal Jensen
- Bob Kasper
- Rick D. Low
- Paul McDonnell
- Nancy McKarney
- Ed Pearce
- Gerry Porter
- Paula Porter
- Dennis Rightmer
- Greg Sanders
- Jim Zuur

**Neal Jensen Circle** - $100/year sustaining membership to our Foundation’s endowment fund. Thank you to the following Rotarians who have joined the Neal Jensen Circle.

- Elaine Beckham
- Chris Cameron
- Christel Chesney
- Donna Crocker
- Chuck Forester
- Patty Griffin
- Mike Griffin
- Miguel Hernandez
- Bruce Howard
- Jane Howard
- Bob Kasper
- Rick Low
- Janet Meyers
- Miguel O’Sullivan
- Karen Pelle
- Ron and Kate Perry
- Dennis Rightmer
- Roger & Sue Robinson
- Greg Sanders
- Miguel Sandoval
- Judy Schuster
- Linda Sherman
- Belinda Troutner
- Dennis White

If you would like more information about either of these Foundation Endowments or are interested in joining either, please contact Mike Griffin.
### Rotary Club of Cambria Foundation (continued)

**Board Members:**
- **Nancy Carr**, President
- **Mike Griffin**, Secretary
- **Gerry Porter**, Treasurer
- **Steve Ormondroyd**, VP
- **Bruce Howard**, Director
- **Gail Ortenburger**, Director
- **Chris Cameron**, Director
- **Chuck Foerster**, Director
- **Mike O’Sullivan**, Director

- **Meeting Dates:**
  3rd Wed. of the month, 5pm, **Cambria Pines Lodge** - check with Board President to confirm.

- **Access to Box.com:**
  If you would like to view Foundation Minutes, Agendas, Financials, By-Laws, etc., contact the Board President for access information.