



FRIDAY, October 2, 2026

The meeting was called to order by President- elect Gary at 12:15.

The Pledge was led by Pat G. Kristy R. led us in the 4-Way Pact and the invocation was provided by Jack L.

Our visitors none today.

Announcements

- ☞ Brian reminded us about the Schaumburg AM Rotary Club's upcoming event Blues, Bourbon and BBQ on Saturday, 10 October at the Al Larson Cultural Center, beginning at 5:30 pm.
- ☞ We were reminded about the October fellowship event at The Arboretum of South Barrington. Check with Linda or Gene for details.
- ☞ Kristy reminded everyone that October 17th is Sweetest Day.
- ☞ Veronica shared that the grand opening of her insurance agency is tomorrow and all are invited.
- ☞ Allen auctioned off three "Rotary attire" shirts to help fill the club's coffers.

Happy \$\$\$s

- \$ Roger was very happy because Renee is back home and grateful for the good job Mahogany Builders did in meeting her special needs in the house.
- \$ Mary was happy because the sun was out.
- \$ Pat was happy because the Bears won Monday night and the Sox won the two games they needed to move on in the playoffs.
- \$ Kristy was happy because she is going to the Sox game on the 7th.

Fun and Frolic

Finemaster Allen continued his work to help with the club's fundraising with the following fines

- Vince and others who were talking during announcements
- Roger for his confusion about Scooby-Doo and Veronica
- Anyone who was late or came in the back door
- Anyone who has not reached out to members who are facing difficulties
- All who had no women at their table
- Veronica for "advertising"

Our program

Randy presented a very interesting and useful program on communication. He started by giving us 5 minutes to discuss with our table mates the biggest problem we have on communicating with our fellow Rotarians. We were then invited to share our responses.

He talked about the three elements of communication: tonality, the actual spoken words and body language and how these work together to convey a message. We need to be aware of all of these in our interactions to make sure the message we are delivering is the one we intend.

How we listen is also important in effective communication. Too often we are busy formulating what we want to say next or how we want to respond, rather than actually listening and working to understand what is being said. He shared some active and reflective listening skills with us.

He also gave us some tips on understanding individual styles that impact communication. There are people who are “bottom line” oriented, that is “just tell me what I need to do or what you need me to do.” Others are more people and/or process oriented. Still others come from the perspective of conflict avoidance. Knowing and taking into account a person’s communication style will help greatly in communicating appropriately.

He shared insights from Transactional Analysis (I’m Okay, You’re OK) and other components that affect how we communicate with one another. We all know about IQs, but having an awareness of one’s EQ – Emotional Quotient – is another key to better, more productive communication. What this means is being aware of one’s own emotions in an interaction and learning to respond rather than react. If something is said which creates an emotional reaction, take time to explore that reaction and understand what you are carrying within yourself that prompts it before you respond.

We ran out of time before we ran out of topic. The slide that Randy shared at the end could be the topic of another whole program and we didn’t even get to talk about it.