

THE ROTARY CLUB OF SCHAUMBURG/HOFFMANN ESTATES



Meeting on April 21, 2023

Our President Brian launched the meeting with the ring of the bell and we welcomed a lot of guests to our fellowship: Anne Kiwala, from SLSF, guest of the club Gillette Johnson, our Rotary AG Jim Thompson, Lisa Crocket and Jack Fabbrini, Rotarians Pat Boquist and Ibrahim La Ah from the Barrington Breakfast Club and our speaker today from the City of Hope, Erin DeSart.

Club Business & Announcements

We were informed or reminded (or both) of the following:

1. Barrington Breakfast Club Ibrahim informed us about a special Raffle drawing to be held on June 22. Their Club is selling 400 tickets, with a \$20,000 cash prize and many lesser prizes. Details on this can be found at BarringtonBreakfastRotary.org.
2. Roger S urged his Club-mates to bring potential new members to the Club. Our census is 60 and our goal, as Roger reminded us, is 72. So invite your friends to lunch!
3. Anne Kiwala (from SLSF) plugged SLSF's upcoming golf tourney – details at www.slsf.me.
4. Holly F plugged the food drive for Wings food pantry. You can still contribute – Holly has a list of things to donate and you can bring the items to her house though next Tuesday!
5. Senorita Bonnie Mc pitched the upcoming Fellowship event at El Miro Miro – a fabulous Mexican restaurant in Schaumburg, next Friday at 6:00 pm. Arriba! Arriba! Sign up amigos!
6. Wendy P reminded us to get in those silent auction prizes and also gave props to Rachel H and Robert F for their hard work on the Classic.

😊😊😊😊😊 Happiness 😊😊😊😊😊

As usual, happiness ran rampant among the membership, including:

Tom G was happy to inform us that two of our Club members were nominated for Volunteer of the Year in Schaumburg, namely, Pres Brian and Holly F!! What an honor.

Kristie R was happy to be back with us at our meeting (we're happy to see you too!)

Jack Fabbrini was happy that his friends were now parents of a beautiful baby girl!

Chrystal M was happy that her knee surgery went so well.

Linda D was very happy to have thrown her last Chamber party of her term!

Barrington Breakfast Club Rotarian Ibrahim La Ah was happy to share our fellowship.

Gene W was happy that his daughter performed at the Metropolitan, and Linda D's party, and

Allen G had lots of praise for the worker bees who have worked so hard on the Classic.

Special Recognition

Next, Mike E called Jim and Bonnie Mc to the front of the room for special recognition: they are our latest Major Donors! Mike also let us know that Jim and Bonnie generously contributed to the Rotary Foundation funding so that every member of the Club can now be Paul Harris Fellows! That is so excellent! Thanks Jim! Thanks Bonnie!

Queen of Hearts

OMG. Mike Olach was lucky to have a chance at the QOH board. Because Mike was not in attendance, the Club, on his behalf, picked the lowest number on the board. And the Queen of Hearts jumped right out. This is crazy! Lately, the Queen has been jumping out of the board very early. Was it something we said? Did you have other important things to do – like maybe you had to wash your hair or something? Oh well, congratulations to Mike. And the search will continue next week for the other Queens.

 **Finemastering** 

And then in a twinkling of an eyeball, from the celebration of Mr. Olach's precocious win to the depths of dread, Allen G stepped forth as he is wont to do and launched into his duties and responsibilities as Finemaster, fining:

Chris H and Steve L for being late;

Since GOC Gillette can't be fined, but was late, everyone at Gillette's table were fined (and Roger S received a bonus fine for trying to defend us);

Mike E for talking when he should have been listening;

Jack L, who scored a "cell phone use" obligatory \$5 fine;

Gene W was fined for being an Hors d' Oeuvres swiper;

Everyone who was at a table with no guests;

Pres Brian (I don't know why but hey, being fined is part of the job I suppose);

Everyone who has adult children who were not coming to the Classic, or have made no contribution to the silent auction, or have not turned in sold Classic tickets -- you were all fined!!!!

And with that, mercifully, the fining sputtered to an end.

Program – City of Hope

Our Speaker was Erin DeSart, who is with City of Hope (formerly, Cancer Treatment Centers of America). Erin spoke to an unpleasant topic – Cancer. And in a very personal, sincere and informative presentation, Erin, a Conant HS alum, spoke with grace to us about this accursed disease, and what is being done about it by City of Hope, and what you can do to help, and the resources which are there waiting for you if you are dealing with Cancer for yourself, a friend and/or your loved ones.

Flyers from City of Hope are scanned and attached to this edition of the Buzz. Look through them. Also, if yesterday's meeting is on Youtube, I highly recommend that you go to the page and watch Erin's talk.

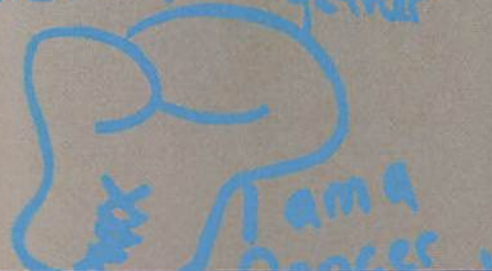
So with that, I hope you are having a great weekend! See you all next Friday Rotarians!

Sweet
Friends

Thank you for
my mom! ♥

My brother
is cancer
free! ♥

#StrangerTogether



Community Engagement and Outreach Team: A personal resource for Cancer Fighters® and your referrals

Many Cancer Fighters members share their hope and gratitude by referring others to City of Hope®, and the Community Engagement and Outreach Team (CEOT) is available to help.

When you connect a friend or family member with City of Hope, the CEOT offers your loved ones dedicated, personalized access to support, education and guidance wherever they are on their cancer journey -- whether they're awaiting a diagnosis, seeking a second opinion, in active treatment, or need an ally to hear their needs and offer guidance on supportive resources. Our experienced patient relationship managers will help your loved ones understand the City of Hope differences; guide them in navigating their care options; and provide ongoing expert, on-call support should they choose to treat at City of Hope.

You already know that **City of Hope** brings a unique, tailored approach to each patient's treatment, and CEOT offers that same level of personalized support by providing:

- **Expert concierge-level service**
Compassionate, step by step guidance for your loved ones related to insurance inquiries, record gathering, travel and lodging, treatment, and other aspects of visiting and potentially treating at City of Hope
- **Connection to oncology-related resources and programs that may provide advocacy**
- **Ongoing personal connection and support for patients and caregivers, whether they are at City of Hope or back at home**



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"We're taking the Mother Standard of care from the hallways of the hospital to your home." -CEOT



Let's stay connected! Scan the QR code to add me to your contacts.



A National Cancer Care System

City of Hope's expanding system is bringing leading-edge cancer research and treatment to more patients, families and communities nationwide.

The Impact of City of Hope's National Cancer Care System in 2022

Researchers

1,100

Physicians

650

Nurses

2,400

Patients treated

133,691



Number of **major cities** where
City of Hope now has a location

5

Number of
clinical trials

919



Patients treated
with **immune receptor**
cell therapies

260⁺

Patients
enrolled in
clinical trials

7,424

Bone
marrow
transplants

813



Employees

11,000⁺

People now within driving distance
of a City of Hope location

86 Million



U.S. News
ranking

7

Who We Are Today



City of Hope's state-of-the-art main campus is the shining scientific centerpiece of a clinical network that stretches throughout Southern California and the United States, including a new cancer center in Orange County and newly acquired facilities in Phoenix, Chicago and Atlanta.



City of Hope acquired TGen, a leader in applying genomic analysis to diagnostics and therapeutics for cancer and other diseases, in 2016, helping us make precision medicine a reality for our patients.



With 148 clients, including 30 Fortune 500 companies, AccessHope™ offers access to the expertise of City of Hope doctors as an employee benefit — impacting over 4.5 million lives across all 50 states.

Los Angeles, CA



access
hope



Orange County, CA



Phoenix, AZ



Chicago, IL



Atlanta, GA

About City of Hope

City of Hope is one of the largest cancer research and treatment organizations in the nation with locations in California, Arizona, Illinois and Georgia. Founded in 1913, the City of Hope flagship hospital in Duarte, California is one of the nation's top 10 cancer hospitals and a National Cancer Institute (NCI)-designated comprehensive cancer center. This location is the hub for novel research and innovation, leading to the development of groundbreaking treatments.

With an independent, NCI-designated comprehensive cancer center at our core, City of Hope exports the innovation and expertise across our coast-to-coast clinical care network, which includes hematology and bone marrow transplantation programs, advanced surgical oncology, clinical trials, advanced precision medicine and cellular therapies. City of Hope brings a uniquely integrated model to patients, spanning cancer care, research and development, academics and training, and innovation initiatives.



CityofHope.org
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WHAT SHOULD I SAY?



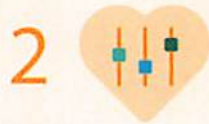
A friend or loved one has been diagnosed with cancer and you find yourself wondering, "What should I say or do?" Elaine Smith, Behavioral Health Therapist at Cancer Treatment Centers of America®, provides some helpful dos and don'ts of supporting loved ones during their journey with cancer.

THE 3 Ps



PUT YOURSELF IN THEIR SITUATION

and think about the feelings you would have



PAUSE

and give yourself time to process your own emotions



AVOID PROJECTION

and try not to bring up your own situation while comforting someone else

5 STEPS TO GETTING STARTED:



1 • LISTEN



2 • EXPRESS COMPASSION



3 • RECOGNIZE THE PATIENT HAS THE RIGHT TO ALL EMOTIONS



4 • IDENTIFY WAYS YOU CAN SUPPORT THEM



5 • KEEP SHOWING UP



Cancer Treatment
Centers of America
— part of  City of Hope.

AVOID

❌ "I KNOW HOW YOU FEEL."

❌ "YOU WILL NEVER BE GIVEN MORE THAN YOU CAN HANDLE."

❌ "IT WILL BE OKAY."

❌ "EVERYTHING HAPPENS FOR A REASON."

❌ "STAY POSITIVE."

❌ "YOU CAN FIGHT THIS BATTLE!"

❌ "YOU SEEM TO BE DOING WELL."

❌ OVER-SHARING ABOUT YOUR OWN LIFE

❌ "LET ME KNOW HOW I CAN HELP."

REPLACE WITH

✅ "I can't possibly know how you feel, but I'm here to support you."

✅ "No one would be able to handle this situation alone. You don't have to be strong. You can be sad, and I am here to be sad with you. I'm also here to heal when and how you want to."

✅ "I'm here with you every step of the way."

✅ "This is so difficult, and I am so sorry you are bearing the burden of this sorrow. You'll never carry grief alone."

✅ "Let me help you seek out the positive."

✅ "I hope you're back doing the things you love soon."

✅ "I know grief ebbs and flows in unexpected ways. I'm here to process your feelings with you no matter when you need to work through them."

✅ *Listening and saying nothing at all.*

✅ *Action. Don't say anything. Do something.*

SOURCES

What to say (and not to say) to someone living with cancer. Canadian Cancer Society

Body Image Care for Cancer Patients. Fingeret, Teo. 2018. Oxford Press. Pg 86, 110, 139.

What Not to Say (cancerfighters.com)

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cancercenter.com
844.314.CTCA



**Cancer Treatment
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— part of **City of Hope**