



Rotary Club of Unley Inc.

District 9520 - Chartered 17 April 1935

President: Ken Haines: 08 8332 5138 or 0417 896 261
 Secretary: Greg McLeod: BH 08 8223 3999 or AH 0417 811 838
 Address: PO Box 18, Unley SA 5061
 Email: unley.secretary@rotaryclub.org.au
 Meetings: Tuesdays at 6.00 for 6.30pm
 Venue: Damien on Fisher, 123 Fisher Street, Fullarton SA 5063



President Ken Haines

Our Last Meeting

Venue:	Damien on Fisher
Guest Speaker:	Kayla McLean
Chairman:	Valerie Bonython
Apologies:	Robyn Carnachan, Briony Casburn, Lindsay England, Bob Laws, Dennis Liddle, Bob Mills, Joan Reed, Pam Trimmer
Visiting Rotarian:	PDG John Rowe (Pt Pirie 9500)
Guests :	Graeme Kewen, Margaret Payne, Marjie Tan
Returning Rotarian:	Sheila Evans
Attendance:	20 Members 5 Guests

Next week we are quizzing the Rotary Club of Brownhill Creek at the Edinburgh Hotel.....great fun!

President Ken's Announcements

- David Payne was congratulated and awarded for his 30 years of service to the club.
- Additional help is needed for the Detmold BBQ on Friday.

Guest Speaker : Kayla McLean Women's Community Centre

Chairman Valerie Bonython introduced Kayla who is CEO of the Women's Community Centre at 64 Nelson St, Stepney. Kayla was born in Malaysia, migrated to India with her parents, trained as a teacher of maths and science and taught in Sarawak (some 20 years ago). She has a range of jobs since migrating to Australia. Kayla provided a slide show of the Centre's facilities and its functions.

The Centre was established by the *St Peter's Women's Group* in 1975 as the first women's shelter and as a community meeting place. Its vision is to develop resilience and build each individual's capacity to reach her potential. Those seeking help include sufferers of mental illness, loneliness, low self-esteem, financial stress, and domestic abuse. It is a safe environment providing companionship and meals, and constructive programs of assistance including craft activities, digital, parenting, legal advice and natural therapy. It currently has 800 members and 200 use it weekly.

The Centre nearly went bust in 2015 when funding was withdrawn. Now it is trying to pay its way with money raised through the Op Shop, monthly garage sales, meals, programs and other fundraising. Organisations such as RC St Peters and Zonta have helped in various ways



David and Ken



Valerie, Kayla & Marjie

including sponsorship of programs. Avenues of assistance include membership, donations, funding petitions, partnerships and mentoring. All staff are volunteers. **Marjie Tan**, herself a volunteer, described how helpful the Centre had been after she migrated to Australia a year ago and started looking for work.

Kayla and Margie were thanked by acclamation.

Spots

Stephen Baker attended the Community Grants evening hosted by Unley City Council. 14 organisations received an event grant from the council – in our case \$2700 and \$1000 in-kind support for the Carols at the Rotunda. A very pleasant evening with a superb flamenco display.....money well spent by council.

He also sought numbers for next Tuesday's quiz challenge with RC Brownhill Creek at the Edinburgh Hotel.

Jerry Casburn needs further support for *Days for Girls* for several shifts other than when the sewing will take place (which is adequately covered). The Independent Theatre has *Lawrence of Arabia* playing at the Space Theatre in November; Jerry is looking for 10 people to attend on Friday 18 November to profit from the \$5pp cut price.

Sergeant's Session

Sergeant Mavis Martin managed to have Kayla draw Wendy Andrews' marble for the atrocious squares, and Wendy was so shocked by her good fortune that she was reluctant to pursue the fines (or was glued to the seat). Maybe she was still contemplating her misbehaving dishwasher pipe; some nice techo at the end of the washing help line convinced her that she was technically competent.....but the problem remains. What ever happened to washing dishes in the sink? Jerry was delighted with the 40 Pride of Workmanship and the 27 small business nominations. Stephen was justifiably proud of Sturt's performance in the Preliminary Final and urged everyone to be at Adelaide Oval next Sunday for the SANFL Grand Final. The Metro Choir will again be performing on Sunday but without star performer Trevor. Reno related how one of his 96yo blind parishioners was continually given a bum deal by Telstra.....still without the lifeline of a usable phone.

Ken announced there would be a Board meeting following this one, and closed the meeting at 7.51pm under enormous pressure from David M.

Rotary News

Growing a future in Cape Town

Nikki Kallio The Rotarian 19 Sep 2016

On a drive along the N2 Freeway in Cape Town, South Africa, travelers speed past endless clusters of corrugated metal shacks that fill the sandy Cape Flats area between the airport and iconic Table Mountain.

"I grew up in this area," says Lloyd Whitfield, a retired dairy products company owner and member of the Rotary Club of Constantia, pointing out where his family once owned land. "There was just bush. I used to ride horses, and we used to shoot game in this area – there was nothing."

Now, more than a million people are crowded here, the townships established when black residents were forcibly relocated out of "white areas" during the apartheid years. More recently, the townships are the destination for hundreds of thousands of migrants seeking to benefit from Cape Town's growing economy.

But the rate of migration has outpaced job growth.

The Constantia Rotary Club has helped set up a community garden and farm training center for young residents in Khayelitsha, the largest township. The club is working with Abalimi Bezekhaya, a local organization that helps create income-producing gardening opportunities in the community, and partnered with Rotary clubs in the United Kingdom, the United States, and Germany to secure a global grant from The Rotary Foundation worth \$46,000, on top of a previous matching grant.

"The philosophy behind both projects is to try to get young people, men and women, into the gardens," says Kelly Winckworth, treasurer of the Constantia club. "Traditionally, this kind of work is older people, and largely women."

Settled in a grassy park across from a subdivision of modest brick homes is the Moya we Khaya Peace Gardens plot. The garden adds to Abalimi's farming capacity and creates more financial stability for the organization.

"We grow everything," says Abalimi operations director Christina Kaba, who works in the garden with about a dozen others, growing pumpkins, green peppers, basil, thyme, tomatoes, carrots, cabbage, and lots of other vegetables and herbs. Those vegetables supply Abalimi's Harvest of Hope venture, which sells boxes of vegetables to middle-class Capetonians for a monthly fee.

The Constantia Rotary Club first developed a 5,000-square-meter garden on city land with Abalimi in 2013, installing infrastructure such as an irrigation system and protective fencing.

"The first challenge was the land," says Nancy Maqungo, Abalimi board member and farmer. "We wanted the land from 1995 – think how many years. We've attended so many meetings, but we couldn't get the land. But Rotary helped us. That was the first problem that we had. Getting people to come here was no challenge. They did come."

In fact, the garden was so popular that community members asked the club to help establish another one. That added 5,000 square meters to the original garden, making it an even hectare (just under 2.5 acres).



Another early problem was the sandy soil. "The soil was very poor," Whitfield says. Compost and manure were added, but no fertilizers, to keep the soil organic.

Finding enough partners to get the funding for the land presented another challenge. Whitfield, a longtime Rotarian and past district governor, interested other Rotary clubs through his many connections. The project was made more attractive by the team of professionals within the Constantia club, including an architect, engineers, project managers, management trainers, and an accountant.

At the garden in November, the growing season was well underway. Rows of green plants brightened the plot. A hadeda ibis, a brown-gray bird with iridescent wings, picked through the dirt inside a tunnel greenhouse. Part of the tunnel covering had been torn away, stolen to become part of somebody's shack, Winckworth says.

"We chat and we help one another in many ways," Maqungo says. "We learn a lot, because there are quite a number of vegetables that I didn't even know. ... When I came here I said, 'Christina, what is this, and how do you – ?' and I would Google the recipes. And I would share the recipes with other women here."

As interest in the gardens grew, a third project aimed to redevelop an existing garden and build training facilities for young, unemployed people, who could benefit from the knowledge of the older farmers. Not far from the Moya gardens at another site in Khayelitsha, the Constantia Rotary Club helped set up the Young Farmers Training Centre.

The facility is central to keeping local garden plots in use, says Chris D'Aiuto, Harvest of Hope production coordinator.

"What's neat about this is not only are we engaging youth who do not have jobs and giving them a vocation, but also we're able to then say, 'We have land for you in these other community gardens that have space,'" he says. "So not only does it give meaning to some people's lives, but then also we're able to give them the space they need to produce."

The center completed a trial training session in fall 2015 and launched a formal yearlong training program for nine young people in April. Rotary will stay involved until at least September 2017 to ensure the program can run on its own. To that end, Rotary required Abalimi to partner with another organization, in this case Netherlands-based Avalon.

The training offers both practical instruction and theory, covering topics such as soil preparation, seedling production, cross-pollination, organic growing, and climate change.

"I learned a lot every time I attended the classes," says Zandile Hlangwana, a 25-year-old farmer. "It was very encouraging to work with other young people practically outside, and the way we just discussed everything inside ... I think some of us actually found a way toward what we wanted to do in the future after the apprenticeship."

Our Upcoming Meetings

Date	Venue	Time	Speaker/Occasion	Chairman	Set-up & Welcome	Sergeant	Attendance
27 Sep	Edinburgh Hotel	6 for 6.30pm	The Quiz Challenge with RC Brownhill Creek	BHC	JCasburn	n/a	LKewen
4 Oct	Damien on Fisher	6 for 6.30pm	John Honan Hubert Wilkins Story	SEvans	RCarnachan	secret	HKilsby
11 Oct	Damien on Fisher	6 for 6.30pm	Eric Felgate Lucky Country?	JCasburn	RElms	secret	RLaws
18 Oct	Damien on Fisher	6 for 6.30pm	Neil Jericho Microeconomics of running own business	GMcleod	SEvans	secret	DLiddle

Usual Meeting Venue: Damien on Fisher, 123 Fisher Street, Fullarton SA 5063

Apologies to: Wendy Andrews by **e-mail** to wendyjoyandrews@gmail.com or in an emergency on 8377 7830

Meeting Chair Enquiries to: Secretary Greg McLeod on 0417 811 838 or email to unley.secretary@rotaryclub.org.au

Venue Set-up/Bar Enquiries to: Bulletin Editor – Stephen Baker 8377 7156 or M 0403 687 015

Attendance Desk Enquiries to: Wendy Andrews by **e-mail** to wendyjoyandrews@gmail.com or in an emergency on 8377 7830

Upcoming Events

Thursday 13 – 15 October: Days for Girls membership drive at Unley Shopping Centre

Sunday 23 October: Car cruise trial.....for those with brains and driving skill

Starting where?	Unley Shopping Centre near Coles
What time?	From 9.45am – 10am (staggered starts)
What cost?	\$20/vehicle (this includes bikes/quads/roller blades/horses/camels etc.) Payable by 18 October 2016
What to bring?	A great sense of humour (and rosary beads if you think they will help)
What is provided?	Morning tea of tea/coffee/sweet treats for energy to 'carry on'!
	A sealed envelope with final destination details.....penalty \$5 if opened in emergency
What is not provided?	The answers to the quiz - and lunch (purchase own)
Finish time?	Concludes with lunch REV REV REV

29 November: Christmas Function with reindeers

16-21 March 2017: Terrific Trip to Tassie.....the journey of a life time

Saturday Thrift Shop Roster

Week	Dates	Early Shift: 10am to 12.30pm	Late Shift: 12.30pm to 3.00pm
1	1 Oct 16	David Middleton & Jerry Casburn	(Bob Laws) & Robyn Carnachan
2	8 Oct 16	Greg McLeod & Stephen Baker	Wendy Andrews & Mavis Martin
3	15 Oct 16	Nathan White & Vera Holt	Pam Trimmer & Ken Haines
4	24 Sep 16	David Middleton & student (Bob Laws & Pam Trimmer)	Sheila Evans & Ken Haines
5		Bob Mullins & David Pisoni	Jerry Casburn, Lachlan Reid, Reno Elms

Rotarians, who are unable to attend as rostered, please arrange a swap or as a very last resort contact:

Pam Trimmer (T) 8293 2612; (M) 0415 238 333; e-mail: pamela.trimmer@bigpond.com

Bunnings Mile End Barbeque

ALL the Bunnings Mile End Barbeque dates are the **last Monday** of the month from 8am to 5pm

Next Date: Monday 26 September Morning shift: 8.30am – 12.30pm Afternoon shift: 12.30 – 5pm

The Back Page

LOVE CONQUERS ALL

AN ELDERLY COUPLE HAD JUST LEARNED HOW TO SEND TEXT MESSAGES ON THEIR MOBILE PHONES.

THE WIFE WAS A ROMANTIC TYPE AND THE HUSBAND WAS MORE OF A NO-NONSENSE GUY.

ONE AFTERNOON THE WIFE WENT OUT TO MEET A FRIEND FOR COFFEE.

SHE DECIDED TO SEND HER HUSBAND A ROMANTIC TEXT MESSAGE AND SHE WROTE:

IF YOU ARE SLEEPING, SEND ME YOUR DREAMS.

IF YOU ARE LAUGHING, SEND ME YOUR SMILE.

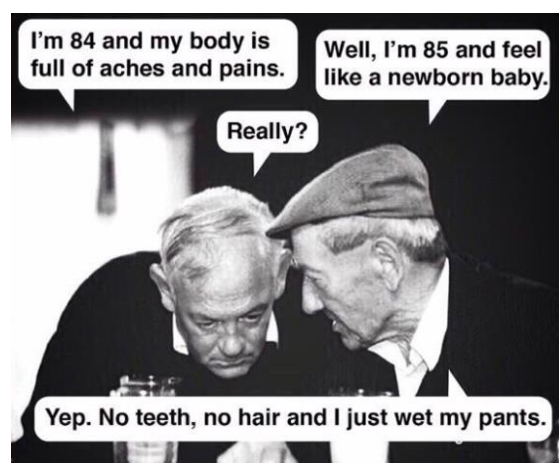
IF YOU ARE EATING, SEND ME A BITE.

IF YOU ARE DRINKING, SEND ME A SIP.

IF YOU ARE CRYING, SEND ME YOUR TEARS.

I LOVE YOU.

THE HUSBAND TEXTED BACK TO HER "I'M ON THE TOILET. PLEASE ADVISE."



MORE ROMANCE

We always hold hands. If I let go she shops.

My wife and I went to a hotel where we got a waterbed. My wife calls it the Dead Sea.

My wife and I revisited the hotel where we spent our wedding night. This time I was the one who stayed in the bathroom and cried.

I just got back from a pleasure trip. I took my mother-in-law to the airport.

