

President Deb Furlan PHF

& incoming President, PP Rob Kent PHF

*warmly invite you, your partner & guests to
attend the Rotary Club of Corio Bay's
Changeover Dinner*

Thursday 1 July 2021

at the Croatian Club

93 Separation St, Bell Park

6pm for 6.30 pm.

Al la carte Menu and Beverages at Bar Prices

RSVP by cob Monday 28 June 2021

Enquiries: Secretary PP Michael Carne PHF

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ROTARY CLUB OF CORIO BAY INC

CHARTERED JANUARY 14 1963

THE CORIO BAY COURIER



ROTARY DISTRICT 9780

1 JULY 2021

MEETING NUMBER 498



SERVE TO
CHANGE LIVES

President's ponderings...

It was a great pleasure to hear 18 year old Kyle Jdali speak of his mental health issues. He is a very brave young man who is now trying to help others with his friend, Lewis Taranto through their business, Atman. Atman means "True Self" - to experience every emotion possible.

Kyle felt like he had really bad insecurities all his life, then at the end of 2017, it came to a head, and he became really depressed.

After months of silently suffering, finally in March '18, he nervously opened up to my parents and was clinically diagnosed with severe depression.

He started seeing a counsellor but it got worse before it got better, he became suicidal. In desperation, he was admitted twice to a psychiatric ward.

Thankfully, a nurse who was caring for him, changed his life forever. The nurse told him the responsibility was on him! That he, and only he, could change his thoughts. That was the moment he realised he had to help himself and that no-one else could do it for him. That's when he started fighting his negative thoughts, sending them away and tried to focus on positive thoughts.

He admits, it wasn't easy, and it took a long time. In the process, he was admitted twice more, but finally, it got to the point where he was able to like himself and was no longer depressed or suicidal.

He realised throughout the process that it was ok to fail, but it was imperative that he stuck with it and kept going. We will never be perfect, but we try to do our best.

Eventually, he started to see small changes. He appreciated everything around him. Loved the cloud formations. Listened to those around him and saw their point of view. Atman has now become a part of Government taskforces for mental health reform. They are currently trying to create a youth hub to motivate the youth of Geelong.

We had our first team meeting for the Northern Bay College and North Geelong Secondary School sponsorship after the meeting. We decided on the student criteria and we will be sending a letter to both schools with our requirements.

The plants for Beckley Park have been ordered. Along with the stakes and the plastic surrounds. We will be hearing from the Wombat Gully Plant Farm soon regarding availability.

Tonight is our Changeover and I will be handing the reins over to PP Rob Kent PHF. Hope you can all attend this special occasion. Yours in Rotary Deb



**THE ROTARY CLUB OF CORIO BAY INC MEETS ON THURSDAY EVENINGS
AT THE CROATION CLUB**

93 SEPARATION ST, BELL PARK

6PM FOR 6.30PM.

ENQUIRIES TO SECRETARY PP MICHAEL CARNE PHF 0490 799 562

Virtual Rotary Club Changeovers

Disappointingly, many Rotary Clubs throughout Australia are having to reschedule their Changeovers to take place on Zoom because of the current COVID 19 situation.

The Rotary year's end is fast approaching. Officers-Elect are planning their year in office. Serving Officers are ready to put their feet up. And everyone prepares to celebrate a year of hard work with one of our annual ceremonies: The Changeover. Our traditional Changeovers, like many things in the world of COVID-19's Global Pandemic, aren't an option.

But where some clubs are opting to cancel or postpone their Changeovers, many are asking another question: "How might we do our Changeover online?" Whilst we might feel this a challenge beyond what we can execute, we see just how much has adapted recently. My fellow Australians would remember the recent highly successful reimagining of ANZAC Day; an entire set of cultural ceremonies build around physical proximity. And unlike ANZAC Day, we already have lots of experience in the world of virtual events.

The "Rotary Chicken" dinner aside, why is it that Changeovers are important to us? This answer will vary from Club to Club. It's important to think about what is important to us. We can design Changeover events that reflect what we value most and remembering why they are so important.

Celebrating Accomplishments are integral to Changeovers, and being able to look back on a year of hard work. Such reflection shouldn't just be a vanity for the President and Board, but something all Rotarians can take pride in.

Acknowledging Service follows on to this. Honouring those Rotarians who stand out among us remains ever so important. Hard work in service to the club and their community, and generous to our Rotary Foundation are things to be celebrated.

Looking Forward to the year ahead, where we can see new opportunities for Service above Self, and working together to build an even brighter future for the world. Fellowship and Banter can be more difficult over Zoom, but is even more critical than ever. Let's remember why we love doing what we do, joined with our fellow Rotarians not just as partners in service, but as dearest friends. Most active Rotarians will now have experience using videoconferencing for their club meetings Online Meetings can be a bit like herding cats; things are constantly changing, everyone wants to do their own thing, and nobody is quite sure what the purpose of what having a herd of cats is in the first place.

So, what is the magical solution on running a good online event? We already know the answer: Having a good Master of Ceremonies Being able to keep the event flowing, audience interested, everything on-time, and in order is the hallmark of a good MC, equally online as it is in person.

Having someone in charge who can keep things going in the face of disruptive audiences, or an honoured member wanting to recant the history of their Rotary life is a essential to a good event. But there's another part here: Knowing the platform Zoom and other videoconferencing platforms have a lot of useful features for an event host.

Being able to forcibly mute participants, having people raise their hands to indicate a desire to speak, and sharing presentations are all handy. Don't worry, your MC doesn't have to be an expert on Zoom. You might find it useful having an Assistant MC to manage the technology. Meanwhile, the MC oversees the event itself. You could also consider technically experienced friends of the club, including family members, or Rotaractors to act as Assistant MC.

Changeovers are moments in time, and we hold them as close as possible to the turn of the Rotary year as a point of significance in transition. The further away from July 1 the event is, the less meaning it may hold.

So, we might ask ourselves; Would a physical Changeover in November be more meaningful than a virtual one in June? COVID-19 is challenging member engagement, and even with all of our efforts, it can be harder to feel as attached to Rotary at the moment as we might otherwise be. Changeovers are a beautiful occasion for us all to celebrate what we do, and the value of being a part of our Club's. If we just ignore such a pivotal event, would it be harder for the individual Rotarian to justify paying those annual dues come July?

So, when you are attending your Club's Changeover in person, spare a thought for the many fellow Rotarians who don't have that freedom and luxury!



*A bookseller conducting a market survey asked a woman, "Which book has helped most in your life? The woman quickly replied:
"My husband's cheque book!"*

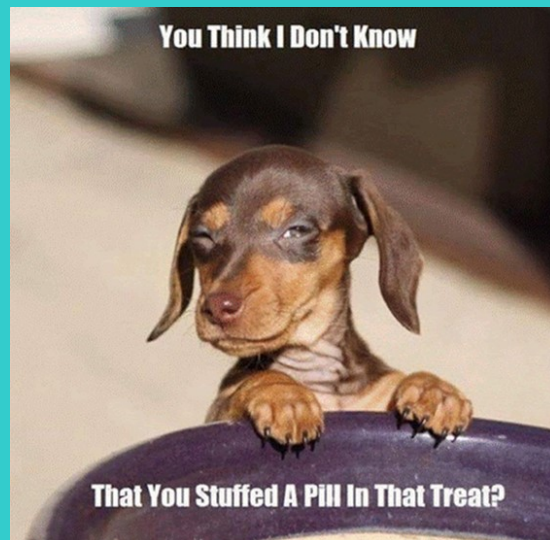
DO YOU EVER LOOK AT ALL YOUR KIDS AND THINK...

THAT ONE will be dropping me curbside at the nursing home.
THAT ONE will be paying for it.
THAT ONE will visit me the most.
And THAT ONE? He'll be sneaking in the good tequila and twinkies.

shared

I often wonder
who Pete is and
why we do
things for his
sake...

You Think I Don't Know



That You Stuffed A Pill In That Treat?

So.....you've been eating
hotdogs and McChickens all
your life, but don't want the
vaccine, because, "you don't
know what's in it"?

**MY WIFE JUST STOPPED
AND SAID,
"YOU WEREN'T EVEN
LISTENING WERE YOU?"**

**I THOUGHT...
"THAT'S PRETTY WEIRD WAY
TO START A CONVERSATION."**

Interesting Facts About July born Babies
People born in the month of July are very optimistic. ...

They Can Be Very Charming. ...

They Are Very Generous. ...

They Can Be Very Emotional. ...

They Are Very Focused. ...

They Cherish Their Loved Ones. ...

They Tend to Have Good Self Control. ...

They Tend to Have a Strong Work Ethic.



17th July Zhen Zheng
21st July Dale Jennings

CLUB PROGRAMME

DATE	SPEAKER	TOPIC	CHAIR	SERGEANT	INVOCATION LOYAL TOAST	ROOMS/ HOSTING
July 1	President Rob and PP Deb	Change over and the Year Ahead	PP Deb	Martin Nolan	Michael Carne	Michael Carne
July 8	Cheryl Scott	President Osborne Park Associa- tion	Ray Tucker	Allen Dempsey	Gary Beckley	Barbara Abley



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The Club has a long and proud history built on the commitment and generosity of charter and early members. Following our success with the profiles of current members, and the interest generated, it was agreed that the profiles would continue in a format similar to previous offerings, but these will be of past members, including those who have laid the foundations of our Club. Current Members are urged to help with the research of past members, and your assistance is particularly important in achieving this goal. Don't be shy. Please make contact and help with this project.

A list of Charter members and vocations follows below.

CHARTER MEMBERS January 1963

BENDER, Norman E	Transportation, Passenger Bus Services (Charter President)
BELLCHAMBERS, Stan	Beverages – Alcoholic, Liquor Distilling
BOWEN, Vernon	Chemical Industry, Pharmacy
BURRELL, Alf C	Glass Industry, Safety Glass Manufacturing
COULSTOCK, T. R. (Bob)	Education, Technical Schools
DRYSDALE, Jack A.	Wool Industry, Polwarth Wool Growing
GRAY-THOMPSON, Mel	Medicine, Physician and Surgeon
GROVER, John D	Finance, Trading, Banking
HAMILTON, R. Bruce	Mineral Oil Industry, Oil Refining
HERD, Fred	Meat, Dairy, Poultry & Fish Products.
HUMPHREYS, David S.	Meat, Dairy, Poultry & Fish Products.
INGLIS, Rex	Iron & Steel Industry, Nails & Wire Manufacturing
JAMES, Lloyd E.	Education, Primary
McDONALD, Stuart	Air Conditioning Equipment Manufacturing
McLEOD, Don H.	Wool Industry, Woollen Goods Manufacturing
MYERS, W. H. (Bill)	Government, Municipal Administration
PANOZZA, Allen J	Fruits, Vegetables, Nuts. Frozen Food Processing
PLUIM, John	Iron & Steel Industry, Structural Steel Fabrication.
PULLEN, E. Geoff	Chemical Industry, Fertilizer Manufacturing
PLUMRIDGE, Eric W.	Recreation. Toy Retailing
ROSZBACH, G. P. (Bob)	Construction Service, Building Industry
SELWAY, Harry	Chemical Industry, Salt Producing
SOMERSET, Fred	Meat, Dairy, Poultry & Fish products, Meat exporting
SUTCLIFFE, Fred	Government, Municipal Administration
TAYLOR, Wilfred	Iron & Steel Industry, Steel pipe distributing.
THOMSON, Ian	Agriculture, Grain Crops Growing
WALKER, Eric L	Clothing Industry, Footwear retailing
WINKLER, Eric	Paints, Oils & Decoration. Colour Manufacturing.