



Rotary International
President: Shekhar Mehta

District Governor: 9780
John Clue Rotary Club
Port Fairy

Bayside Postal Address
PO Box 809
Geelong 3220

Club Executive
& Directors

President: Jo White

Secretary: Daryll Webb

Treasurer: David Fisher

Community Service:
Telsa Stubna

Vocational Service:
Telsa Stubna

International &
Foundation Service:
Judy Beasley

Youth Service:
Shirley Marendaz

Membership:
Ian Aranyosi

Supporting the
Environment:
Aileen Brown



A Message from the Pres



**SERVE TO
CHANGE LIVES**

Hi Everyone,

Interesting week this week. isn't it wonderful how quickly plan B can be put into action now? 18 months ago, it was a different story, and haven't we all learnt so much in that time. We just seem to get on with it and take it in our stride as soon as a lockdown announced. We all know what is expected of us now, to keep ourselves and our loved one safe. But there are members of our community that maybe don't feel quite as comfortable as some, so as we have done in the past, reach out and ask that question, RUOK.

This week, the Zoom Master PK, had it all organised fast, and we were able to zoom our way through our project & planning meeting this week. Which, as it was, worked out well, because it wasn't a night to be driving, very cold and wet.

It was an informative night with great suggestions and members choosing where their fit will be, and what they can contribute to all the different programs. Now we are looking forward to another very busy year.

Very happy to welcome Aileen Brown to the board, to lead the charge on our seventh area of focus, Supporting the Environment.

Aileen, with a background in science, is very excited to take on the role and has already discovered the ESRAG site, and some different project that are being run by other clubs. Andrea Patterson also put her hand up to join Aileen with some of the projects. Thank you, ladies, The first on the list will be the new garden in the palliative care area at McKellar. As Shirley Marendaz has organised the seating for the garden with the District Centenary Grant, that we received this will be a continuation of a fabulous project.

Well done to Judy Eyles this week, what a great attitude. Judy has contributed so much time and energy, into the Trivia Night, and then to have to postpone because of lockdown, was a little hard to take, but still smiling, she was on the phone and very quickly change the date to 27th August. Still time to organise your tables for this fun night and raising funds for Mental Health and community projects. Great job Judy.

Lots on the agenda as we slide into August, plus a visit from DG John on the 10th to look forward too. Make sure you check the diary date to see what on the agenda for the remainder for July as there has been a few changes.

Stay safe everyone and keep smiling
Jo

Meeting Dates for
your Diary *unless
we must change*

July 27th Stove Team
We will be hearing via
zoom from Forest
Resener and Nancy
Hughes from Stove
team. 7.15 for 7.30
start. Info page 4

July 31st Coffee
information morning
at Café Bear & Scoobs
In Thompson Rd North
Geelong at 10.30
subject to restrictions

Aug 3rd Board Meeting
At The White House
Pizza supplied
6.45 for 7pm
subject to restrictions

**Aug 10th Come and
meet the DG**
6.15 Board meeting
7.30 Dinner meeting
for all members and
partners.
Great Western Hotel
Numbers please
before Friday 6th Aug

Aug 17th District Chair
for Shelter Box Peter
Kavenagh will be
speaking on the fast
response of Shelter
Box when disaster hits

Aug 24th No Meeting

Aug 27th
Trivia night Geelong
West town hall

A MESSAGE FROM DG JOHN REGARDING OUR SEVENTH AREA OF FOCUS

Rotary's Seventh Area of Focus: Protecting the Environment

Protecting the Environment will be a major focus for my year as District Governor. This new area of focus provides the opportunity for all clubs to engage with like-minded people and groups within their communities. I am aware of several clubs who have invited their local Council Environmental Officers to speak at their meetings and these talks have provided great insights into how we can engage in environmental activities. I ask that each club appoint an Environmental & Sustainability Champion. This member will be the connection between the club and the District Environment and Sustainability Committee. This District Committee will provide assistance, ideas and resources to assist with your club's environmental projects and events. In addition, we are implementing an EnviroClub Awards system whereby clubs can achieve a gold, silver or bronze award by meeting each award criteria. The full details of these awards will be provided to clubs in the coming weeks.



IT'S TIME TO START COLLECTING SOX FOR MILLIE THE BIG PINK BUS

The Breast Screen NT truck 'Millie' provides screening mammograms to over 1,000 women every year in up to 20 remote communities across the NT.

When women visit "Millie" the pink bus, they also have a podiatry check, because Aboriginal people are almost four times more likely than non-Indigenous Australians to have diabetes. And what can be nicer than a nice new pair of sox to take home.

And as we know early detection saves lives



Our target is 250 pairs of sox so if you can help that would be wonderful. Either drop them into 141 Autumn St Newtown or to 51 Fryers Rd Highton. We will collect from those two locations.

Always feel free to invite friends or family members to hear any of our speakers, and to see what Rotary is all about

BUNNINGS
warehouse



FIRST FRIDAY OF EVERY MONTH
IS OUR BUNNINGS BBQ DAY. ALWAYS VOLUNTEER ON CLUBRUNNER WHEN YOU CAN.

This is a fun part of membership, but an important part as well, as this gives us those all-important dollars to help where and when help is needed, thank you to all for volunteering and helping out at the BBQ.

Next BUNNINGS BBQ is Friday 6th August

Please register on Clubrunner if you are available to help. Thank you.

DG John has suggested these focus points this Rotary Year.

- Establish an environment & sustainability champion in each club
- Participate in the Enviroclub awards program.
- Embrace the opportunities that covid-19 has presented us.
- Focus on club health, member welfare and friendship.
- Invest in new technologies
- Use the technology available to us to encourage hybrid meeting options, attract new members and invite visitors, past members, and guest speakers
- Develop a relationship with another club in the district, outside your group
- Encourage member development through the learning management system, the RLI courses and the RI learning centre modules.
- Use the district learning centre to provide training and information opportunities at club meetings
- Financially support the rotary foundation through club and personal giving.

Royal Melbourne Show volunteering opportunity



The combined Rotary Districts of Victoria have the opportunity to assist as volunteers at this year's Royal Melbourne Show as an official partner.

Some 300 volunteers are sought from Rotary. In exchange, we will have a trade stall site at which to promote Rotary plus other branding opportunities. This is a great chance to see Rotarians in Action, while requiring a significant effort from us.

District Governor John is keen to understand the level of interest that exists among Clubs and Rotarians to take part in the Show and asks you let us know your thoughts. Please respond to districtsecretary@rotary97870.org with your thoughts. Unless there is considerable support from Clubs it is unlikely District 9780 can take up this offer.

What do you think? please get in touch if you are interested with this opportunity?

PLEASE GIVE ME A
CALL ASAP IF YOU
CAN HELP.

ARE YOU AVAILABLE?

Please note Date
change

The next and final
collection day from
Newcomb Park
Primary is on
Thursday 29th July.

If you are free to give
us a hand, the more
people we have the
better it is for all
concerned. Some of it
is heavy lifting, but not
all.

But we do have to
move fast, that's why
the more the merrier
and easier

Watch this space for
details of the day.

Just a thought

Have you
booked your
TRIVIA
table yet



Rotary
Bayside Geelong

TRIVIA NIGHT!

Date Change to 27th August

FRIDAY 23rd JULY at 7.00pm
GEELONG WEST TOWN HALL

\$20 PER PERSON INCLUDES
TICKETS FOR DOOR PRIZES
BOOK A TABLE - MAX OF 8 PER TABLE
BYO FOOD & DRINK
(WE SERVE COFFEE/TEA & BISCUITS)

TICKETS: www.trybooking.com/BSFGI
OR RING JUDY 0409 512 734
or JO 0419 155 183

30+ AMAZING ITEMS IN A SILENT AUCTION
COME STRAIGHT FROM WORK &
PICK UP DINNER FROM NEARBY EATERIES.
JOIN US FROM 5.30pm | AMPLE PARKING

RAFFLE!
DRAWN ON NIGHT
\$5 each or 3 for \$10

1st - Original Painting (\$400)
2nd - Wine Basket (\$350), 3rd - 1 Hour stretch Limo Ride (\$295)
4th - \$250 Sergio Jeweller Voucher, 5th - \$125 Sergio Jeweller Voucher
6th - Climbing Hoya (\$100), 7th - Wine Basket (\$50)



Supporting

LIFT THE LID
on mental illness
& OTHER LOCAL CHARITIES

www.trybooking.com/BSFGI

HAVE YOU HEARD OF STOVE TEAM?

Each year, smoke inhalation from indoor cooking fires kills
more people than malaria and AIDS combined.

*StoveTeam International, a non-profit organization started by a
Rotarian, are working in Latin America to save families from the
dangers of open-fire cooking. The cookstoves we provide not
only help families avoid respiratory illnesses, which account for
4 million deaths every year, but they also provide local
employment and prevent CO2 emissions! Our innovative approach has won*



*StoveTeam numerous awards and resulted in the donation of
over 78,000 cookstoves to date. But around the world, we are
still nowhere close to addressing this issue on the scale it
deserves.*

Join us on zoom on Tuesday 27th to hear from Nancy Hughes
Rotarian and founder of Stove Team, and from Forrest
Resener, Operations Director for Stove Team International



It's only the date that has
been changed. Venue and
time will remain the
same. A positive from all
this is, **you have more
time to share the
information about this
great night.**

Many people enjoy Trivia,
but also many people
want to help make a
difference to Mental
Health, here is a good
opportunity to do so.

**To purchase your
table ticket, click on
this clink or copy and
paste into your server**

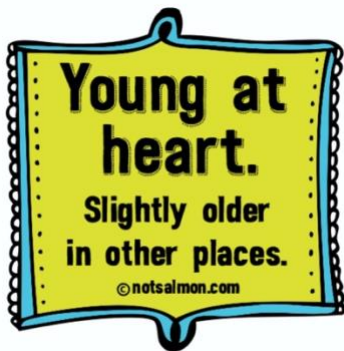
**Some things to
make you smile**

**"Why do they call
it rush hour when
nothing moves?"**

—ROBIN WILLIAMS

"I want my
children to have
all the things I
couldn't afford.
Then I want to
move in with
them."

~ Phyllis Diller



Keeping you up to date with the
Collection Day at Newcomb Park Primary.

As you all know The Desks and chairs were ready to be collected on 22nd, but because of restrictions we were not able too.

Keeping our fingers crossed we can go and collect after restrictions are lifted next Thursday 29th

We will need a team please to help load all into the big truck and take to DIK. As you are aware the first container for PNG is nearly full, so we will have to wait for the next one, but there is room at DIK to store items now.

HOW LAUGHTER HELPS DURING CRISES

Laughter serves as a great workout, laughing 100 times burns as many calories as 15 minutes on an exercise bike

How great is that I'm going to laugh more.

Also helping to relax our muscles and promote circulation.

Combination of exercise and laughter such as Laughter Yoga, can also provide significant benefits to patients suffering from depression.

Laughter also decreases stress hormones and increases endorphins. In tough times, when we have thousands of thoughts a day, a bout of giggling provides our brains with respite we desperately need.

So, I guess that means during lock down what can be better than watching a funny movie

