



The Long Road From A Broken Heart

Last Monday, Jeremy Scott told us of his tremendous journey; a journey which started with a hole is his aorta valve. At the age of four, he underwent major open heart surgery which was vital to his survival. Thirty four years later, Jeremy, growing tired of his predictable life decided to take on a challenge. A challenge by way of a 2.5 year, 54,000 kilometre bike ride through 29 countries from London all the way to Auckland.

He spoke of the angst he endured cycling through sandstorms, as well as the sheer terror he experienced whilst being held 'hostage' by drug dealers in Iran. Yet, despite such trying experiences, it was the acts of kindness he was shown along the way by which he defines his adventure. From being handed bags of food whilst cycling, to being invited to stay with strangers and to being provided with a cooked meal by a man who then had nothing left to eat himself.

Jeremy's incredible story was truly heart-warming and inspiring. And through it all, he said he found "the most terrifying part was waking up to my alarm on day one".

President's Message

It was a privilege to have Jeremy Scott speak to the Club about his bike ride from London to New Zealand into heart disease. Jeremy was one of the excellent



Jeremy Scott

Jeremy shared with us that his motivation for the ride was generated from his own experience as a four year old in having major heart surgery. Prior to the surgery he was always physically exhausted but the operation has allowed him to live an incredible and active life.

Jeremy told of meeting a person on the side of the road in Iran who was previously unknown to him. This person invited Jeremy to have a meal with him which he cooked using his meagre rations. To Jeremy's surprise, the person did not eat any of the meal for himself as he only had enough to feed Jeremy. This reminded me of a similar situation in the Philippines on our second medical mission there, although I could not remember it at our meeting as those of you who were there will remember. We were eye screening on a tiny island of less than about $500m^2$. The locals were squatters who had built their homes on bamboo poles over the water around this tiny island. Clearly there were no planning approvals to obtain or building inspections required as the houses were flimsy at best. Any minor typhoon would undoubtedly blow all the homes away. The people were very appreciative of the work that we were doing and provided us with some refreshments that were comprised of some cooking bananas and a few biscuit crackers. Neither were very appetising by our standards. In fact I felt a little disappointed by this lack of hospitality until I subsequently found out that this was their only meal for the day and they had given it up so that we could have something to eat.

Monday September 5

Speaker and Activities Program

Speaker: Glenn Calder, "Share Investing Options", Chair: John Richards 'Bring a Plate' Social Gathering at the Chudasko's Speaker: Marcus Farley, "Travel Options", Chair: John McCaskill Visit by District Governor Neville John

Sunday Market 7am – 1pm

August 14 - Edward Gwee, Max Holland, Brett Riley August 21 - Andrew Mastrowicz, John Braine, Mal Short August 28 - Roger Taylor, David Chudasko, Michael Chong Contact Tony Simpson for all roster changes and requests, Home 9417 3995, Mob 0488 380 899 Please be on time as if you are late, our Club pays \$50 penalty for each half hour or part thereof.

with the objective of raising funds for medical research speakers at our recent District Conference in Bendigo.





Canterbury Tales

Rotary Club of Canterbury

President's Message - Continued

Unfortunately, we had already eaten the food provided by the villagers before we found out this fact that it was their only meal of the day. I was embarrassed by my initial lack of appreciation of the gift of the meal that they had provided and humbled to experience such generosity from people who had so much less than I. Our missions to the Philippines provide many stories like this one to our Medical Mission Team members.

August is Membership & Extension Month

ROTARY

As I have mentioned a few times, August is our Rotary membership month. I suggest you <u>download the latest issue of The Networker</u> and read about the innovation of the Rotary Club of Yarra Bend to induct their first "Associate Member". The Associate Members commit to attend important meetings and signature events and to be involved in a self-nominated avenue of service.

Our Rotary Club of Canterbury actively promotes volunteering opportunities for our "Rotary Friends", and our Friends are most welcome to attend our meetings. If you haven't looked at our home page recently, I suggest that click on this link and read about what our Rotary Club can offer both our members and our friends. Then please encourage your acquaintances to visit our web site to explore what Rotary and our Club has to offer

Give some thought as to people who you think might be interested in becoming members or friends, but if you would prefer not to make an approach directly yourself, please let me or John McCaskill know and we would be happy to do it.

Social Gathering at the Chudasko's - 'Bring a Plate'

Please remember the Bring a Plate evening at David Chudasko's home on August 22. This will be a social evening to replace our usual meeting. It would be great if we could get a big roll-up.

I will be away for the next two Mondays on a business trip to China. Nora will take over in my absence. During my trip, I will visit Mindoro in the Philippines for the second time to go over the logistics for our upcoming Philippines Medical Mission.

I will be attending the Rotary Club of Balwyn's meeting on August 23. I have been invited to be the guest speaker and to talk on our medical missions in the Philippines. It will be good to attend another Club's meeting and to see how they do it. This reminds me that you as Rotarians are always welcome to attend other Club meetings so as to do a make-up. I have done this several times, particularly when overseas, and I have always been warmly welcomed and have found the meetings very interesting.

Doug

The Next Speaker - Glenn Calder

Glenn Calder began his career as a teacher and it was these skills that helped him to a successful career as a financial planner. He has a Bachelor of Education, a Masters in Business Administration, an Accredited Derivatives Advisor and Certified Financial Planner.

Viridian Advisory evolved from a set of collective thoughts and ideas from an experienced group representing Westpac's top performing financial planning advisors. They wanted to create a platform offering a unique and highly personalised service to each client. With the endorsement of Westpac, the group were able to establish Viridian Advisory which is truly product neutral and free from institutional bias.

Glenn is a Director of Viridian Advisory with primary responsibility in directing and managing Viridian's unique portfolio management service. Over the last 20 years Glenn's passion has been to develop a highly specialised investment management technique. Glenn will talk on the topic of 'Share Investing Options'.



The Rotary Lunchers

Last Wednesday the Rotary Lunchers shared a meal at their favorite Malaysian Restaurant - Jazz Ria at 228 Whitehorse Road, Balwyn. They had planned to lunch at the Milan Indian Restaurant in Kew but this was closed while undergoing renovations.

As usual the lunch time food was great value and of excellent quality. There were only a few lunchers but it was particularly pleasing that Richard Pope, a former member and Past President of our Rotary Club of Canterbury, was able to join us.



