



# Canterbury Tales

**Rotary Club of Canterbury**  
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**President - Steve Wylie**  
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**Volume 33 - Issue 6 - 2 August 2018**

## Meeting

Mondays 6:00pm for 6:30pm  
 Basscare Centre,  
 2 Rochester Rd, Canterbury  
*Unless otherwise stated in Diary*

## Register for Meeting

Guests and Club Members can  
 Register on the following links  
[Register for Meeting](#)  
[Register and Pay Online](#)

## Apologies

[Notify Meeting Apology](#)

*\*prior to 10AM Friday*

**Graham Bishop**

Mobile 0412 154 540

[graham.bishop@canterburyrotary.org](mailto:graham.bishop@canterburyrotary.org)

*Advise Graham of a long absence*

## The Rotary Radio Show

Fridays 6pm to 8pm

**3WBC  
 94.1 FM**

## The Aussie Pride Badge



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## Aged Care and Home Care in Australia

Our Guest Speaker on Monday was Martin Jones discussing the changes and myths surrounding the Aged Care and Home Care industry in Australia. Martin is the Business Development Manager for Regis Aged Care, the number two provider nationally in this sector with more than sixty residences throughout Australia. Martin is no stranger to Rotary ... his father Des was District Governor twice. Des and his wife Beryl are very fondly remembered and greatly respected within our Club and throughout the District.

The subject of Aged Care is a most difficult one with a constantly changing landscape of regulatory and compliance issues and differing Government policies. Martin made a complicated and serious subject very clear and kept our members totally involved and tuned in for his informative presentation. As he said, 'communication is the key' when dealing with families wrestling with this very common and growing challenge.



*Martin Jones*

The bleak historic image and perception of aged care is thankfully no longer the reality. Martin compared some Regis facilities to hotels and even resorts with beauticians, theatres, gyms, hairdressers, aerobics, swimming, etc. As is the case with most things in life, what you pay is what you get.

Martin explained how someone accesses aged care through the Aged Care Assessment Service (ACAS) and the Aged Care Assessment Team (ACAT). He took us through the National Screening and Assessment form used to determine the required level of care. He explained the four levels of Home Care, from Basic to High Level (from 2 hour to 15 hours per week). He noted that more than 100,000 people are on the waiting list for Basic assistance. He then explained how Respite Care is available and then he spoke of Permanent Aged Care.

Everyone entering Permanent Aged Care or Respite Care pays a basic fee of \$50.16 per day. Then there is the Accommodation

Cost which can be paid as a mix of lump sum and/or a daily amount, with the government fully funding low income and low asset residents. Providers must now advertise the Accommodation Cost and Martin said residents can often negotiate a lower payment. Then there is the means tested Care Fee which is determined by the Department of Human Services. Finally there is the cost of additional services paid for by the resident which are of a 'lifestyle nature'.

Importantly, the Government provides 100% guarantee on lump sum accommodation payments to providers in the event of failure or liquidation of the provider. The average price in Melbourne for permanent room accommodation is about \$500,000 and this can be paid daily or as a lump sum with the means tested fee determined by the Department of Human Services.

Often, aged care is not a subject we choose to address until it confronts us. Martin presented the real picture in a clear easily understood manner. He stressed that Regis Aged Care genuinely take an interest in the care and wellbeing of residents, and this genuineness came through in his excellent presentation. Members were obviously attentive with many questions afterwards.

## Speaker and Activities Program

Monday August 6  
 Monday August 13  
 Monday August 20

Speaker: Kate Shirley, *"My Health Record"*

Social Event: *"Old Time Dance Party at the Canterbury Basscare Centre"*

Speaker: Faye Kirkwood, *"Beekeeping ... a globally important subject and challenge"*

## Sunday Market 7am – 1pm

August 5 - Anne Josefsberg, Lili-Ann Kreigler, Malcolm Short (+Rob Simpson)  
 August 12 - Lynne Steel/Janet Hay, Amir Salehi, Edward Gwee (+Kyle Wightman)  
 August 19 - Andrew Mastrowicz, TBA, Rick Western (+Rob Simpson)  
 August 26 - Doug Hawley, Jenni Nankervis, Tony Laycock (+Greg Vero)

**Contact Janet Hay for all roster changes and requests, Mob 0411 411 732**

**Please be on time as if you are late, our Club pays \$50 penalty for each half hour or part thereof.**

## President's Message

Another informative speaker last Monday, Martin Jones, who enlightening us about the diverse options that are now available in Aged Care and Home Care in Australia. His talk reinforced the message that we received from a previous speaker, Lydia Paterson, at our meeting on 29th January 2018. Lydia is CEO of Care Guidance, a company that provides professional help and guidance to families navigating the maze of options that are available in Retirement Living, Residential Aged Care, Care Communities and In Home Care. Click the following link to [download an earlier bulletin about Lydia's presentation](#).

## More Initiatives to improve income for the Club

Last Monday, Barry Hickman, our Assistant District Governor, attended our meeting. Barry is a member and past president of The Rotary Club of Brighton and is being very proactive in helping us with our fund raising initiatives. Barry is the catalyst behind the potential Canterbury Brighton Boutique Beer Festival and has also invited a Canterbury member to join and learn from Brighton's organising committee for their very successful Night of Stars event.

## Beekeeping ... a globally important subject and challenge

Our Club is hosting a very special night on 20th August - an evening on beekeeping. Presentations will cover the international gravity of the decline in the bee population, as well as, the Joy of Beekeeping. The mayor of the Moonee Valley City Council, John Sipek, is bringing two of his key staff along and will show a video on the importance of beekeeping globally, and what they are doing in Moonee Valley to address this locally. Faye Kirkwood, an apiarist and current President of the Caulfield Rotary Club, will talk about beekeeping and it's fascination and enjoyment. We will also have fellow members of Faye's Doncaster Beekeepers Club, along with members of other Rotary Clubs, representatives from Boroondara Council and from Swinburne University.

Our aim is to gather interested Rotary members and friends to form an Action Group for our District to encourage more people to keep bees and have hives. We then hope our District model will lead to other Districts in Australia and globally, addressing this potentially very serious worldwide challenge.

On the night we will have honey tasting, show children's hives made by Men's Sheds and have a beehive cake as a prize ... I expect 60 or 70 people at our Club meeting on that night and I hope that partners, friends and environmentally conscious younger people will come along for a very significant night ... I'm sure that there will be a buzz in the room.

Steve

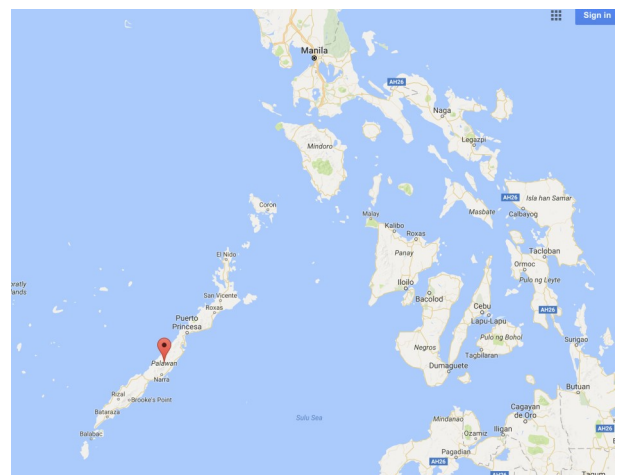


## The 2018 Philippines Medical Mission

This year our medical mission will be working in Northern Palawan, as distinct from Southern Palawan where we worked last year. I visited there 10 days ago and met with Provincial Government officials, all town Mayors where we will be working, together with their administrators, chief medicos and some school principals. Everyone that I met was very enthusiastic about the mission. There are no Rotary Clubs in Northern Palawan but we will be helped by two Clubs in the Palawan provincial capital, Puerto Princesa, with whom I also met.

We fly into Puerto Princesa but will not do any screening there. We then move north working in Roxas, San Vicente, Tay Tay and finishing in El Nido. Our R&R will be in El Nido, one of the most beautiful places in the Philippines. I have attached a photo of the main beach taken from the hotel where we will stay ... yes I know, it's rough but it's no too late to let me know that you would like to come! We will be a team of 22+ people.

Doug Hawley



## The Next Speaker - Kate Shirley



The speaker, Kate Shirley, is from Eastern Melbourne PHN – an Australian Government Initiative in the health sector. Kate will talk about 'My Health Record' which is an electronic summary of an individual's health information. It can be securely shared online between the individual and their healthcare providers. Whether at a GP for a check-up, or in an emergency room following an accident, healthcare providers involved in your care can access important health information, which can help you get the right treatment. It is also a convenient way to record and track your health over time.

In 2018, the 'My Health Record' is moving to an opt-out model, which means all Australians will have a record by the end of 2018, unless they choose not to have one.



*invites members, partners and friends  
to come along and enjoy an informal*

A photograph of a group of people dancing in a large hall, serving as the background for the event details.

# OLD-TIME DANCE PARTY

**Monday, 13 August**

**6.00 – 9.00pm**

**BassCare Centre, Rochester Road**

**\$20 per person**

*No dancing skills required*

*Group Dancing with guidance from  
Dance4Life Instructor*

*Bring Finger Food and Drink  
to share at your table  
Tea and Coffee will be served  
afterwards*