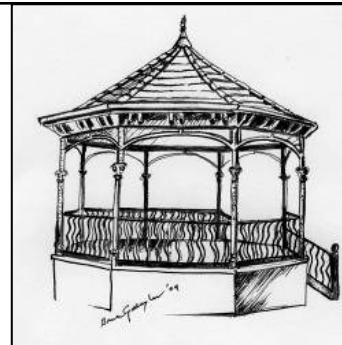




Canterbury Tales

Rotary Club of Canterbury
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Volume 30 – Issue 24 – 14 January 2016

Meeting

Mondays 6:00pm for 6:30pm
Bass Centre,
2 Rochester Rd, Canterbury
Unless otherwise stated in Diary

Register for Meeting

Guests and Club Members can
Register on the following links
[Register for Meeting](#)
[Register and Pay Online](#)

Apologies

[Notify Meeting Apology](#)

**prior to 10AM Monday*

Graham Bishop

Mobile 0412 154 540

rotaryclubofcanterbury@gmail.com

Advise Graham of a long absence

The Rotary Radio Show
Fridays 6pm to 8pm

3WBC
94.1 FM

The Aussie Pride Badge



Secretary – John Braine

Ph: 0411 1156 129

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Editor – Max Holland

Ph: 0428 477 488

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President's Message

Our Speaker for the first meeting of the 2016 year was Scott Harris, an inspiring young man who told of how he had struggled to overcome injuries from a trailbike accident. Initially he had constant rehabilitation for 4 years for both physical and acquired brain injury disabilities.

In 2008, on a clear sunny spring day, when just enjoying the exhilaration of the feeling of freedom and not a care in the world, travelling at about 80 kph, Scott slammed head-on into his mate's trailbike. Scott was thrown over the handlebars and was immediately unconscious for 20 minutes. Ambulance assistance was sought and the Ambulance Officers placed him into an induced coma for his transportation to hospital.

Scott shared snippets of his time in ICU and rehabilitation via video. The clips showed him in his halo to stabilize his 2 fractured vertebrae, evidence of his facial reconstruction where surgeons had placed 11 plates: 4 in his jaw, 6 in his cheeks and 1 in his eyebrow and a severely damaged arm due to severing of his 3 nerves. The video also showed his struggle to overcome the effects of severe brain trauma. He had to learn to walk again, especially adapting to his unstable arm, hip and ankle and retrain all aspects of his mental functions, especially mental processing.

This rehabilitation process is a long, slow, frustrating process over weeks, months and years and is still continuing today. Scott acknowledges the incredible support given by his family and friends and the fantastic surgical, ICU and rehabilitation team members. Scott has been fortunate, that the majority of the financial aspects of his recovery have been met by the Transport Accident Commission (TAC) because his trailbike was registered. The TAC is partly funded through our motor vehicle registration fees.



Scott has always been involved with physical activities and he said his life was given meaning again by the Disabled Winter Sports Association (DWSA). He was one of a group taken by the DWSA to the snow fields and after 2 days he achieved his first unaided mountain run. He then made his goal – to go to Canada to snow ski.

Scott Harris receiving a pen from Neil Williams as our thanks for his presentation.

Speaker and Activities Program

Monday January 18
Monday January 25

Speaker: Peter McCall OAM, *"beyondblue"*
No Meeting

Sunday Market 7am – 1pm

January 17 - Peter Mangiapane, Jasmine Peldys, Michael Chong

January 24 - John McCaskill, Graham Bishop, John Richards

January 31 - Alan Stevens, Rob Simpson, TBA

Contact Tony Simpson for all roster changes and requests, Home 9417 3995, Mob 0488 380 899

Please be on time as if you are late, our Club pays \$50 penalty for each half hour or part thereof.



Be a gift
to the world



Canterbury Tales
Rotary Club of Canterbury

President's Message - Continued

One week after Scott's last rehabilitation session he left Australia to go live his dream - to have a full life and to have fun. Initially he stayed for 7 months in Canada and as his confidence grew he knew that he was capable of going further. So he travelled to Europe and experienced the life and cultures from Russia to Spain. He was finally able to obtain a work visa to extend his travel time. He excitedly telephoned his parents to tell them of his success and that he was not coming home yet! - He had a job. He recalls his mother saying on that day "... you have the capacity to do anything in life now". Unfortunately, after six months Scott had a second accident and had to return to Melbourne for further surgery and extensive rehabilitation. But he was determined to finish his overseas travel goal and so returned to Europe to complete his trip. All up he travelled the world solo for 18 months.

The lesson's for us all from Scott's experience is 'Never underestimate yourself', 'Be persistent', and 'Anything is possible' but above all 'Be prepared to step out of your comfort zone'.

We extend best wishes and encouragement to Scott to continue on his current ambition to become a motivational speaker - to speak school students in particular. No doubt he will further adapt and achieve as he continues to live his motto - 'I am capable' and be an inspiration to all who hear him speak. You can read more about Scott on his web site scottbharris.com.au.

Guests and New Additions

Our guests this week included Morgan Carter, former Rotary Club of Canterbury members Ian Stewart and Ian Mellet, and the Royce and Jean Abbey Scholarship recipient from the Philippines, Metchie Arnaiz.

Metchie addressed the meeting and told members about her forestry industry activity program over the coming weeks. We give Metchie our best wishes as she completes the program and her Masters study unit in Bushfire and Climate at Creswick Campus of the University of Melbourne. Could Club Members please consider hosting Metchie, especially from the 17 to 31 January 2016.

Over the Christmas break there were two new additions to the extended Rotary family. Benjamin Fox Hawley, a grandson for Doug and Averil Hawley and Brooke Isabella Sproull, a second granddaughter for Max and Ann Holland. Congratulations to all.

Next Monday Peter McCall OAM will talk to us about beyondblue - until then, have a good week in Rotary.

Nora

The Next Speaker - Peter McCall OAM

Peter McCall is a retired Victorian police officer and has been an elected local government member and has owned and operated small to medium businesses in Australia.

Peter will be introducing beyondblue, the services and support offered, how beyondblue started and the respect that it has garnered in the broad Australian community. Discussion will take place regarding Depression, Anxiety and Suicide in our community. Peter will impart a lot of valuable information, answering questions of those who are concerned, hurting, confused or just need to be assured they are safe and secure.

Depression and anxiety are illnesses that can be cured and it is only recently, in the last 8 or 10 years, that open discussion is taking place in the broader community. We talk freely about cancer, heart disease and bodily injuries but are still afraid, albeit not as much, to discuss mental illness.



January is Vocational Services Month

Click on the Networker Cover Image to download the first edition for 2016.

Canterbury Rotary Club members should read the article on page 13 by our John McCaskill entitled *Why Group Vocational Exchange?* The incoming Philippines Team from District 3800 will arrive in Melbourne on Sunday 14th February and will be hosted for four weeks climaxing with the District 9800 Bendigo Conference.

The Group Vocational Exchange Team consists of Marie Jane I. Liban, Executive Director of Monark Foundation, Inc., Team Leader; John Lou S. Lucenario, Science Teacher; Glaiza Lee L. Diao, Civil Engineer; Karen E. Reside, Supervising Legislative Staff Officer; and Jeremy C. Raquel, Speech Pathologist. Click the following link for [GVE Team Profiles](#).

Could Club members and friends of Rotary please look at the Team Profiles and consider helping find job placements, ideally for three days to achieve more meaningful experience rather than just half day visits. Please contact Peter Shephard 0498 072 8784 or John McCaskill 0414 477 444.

