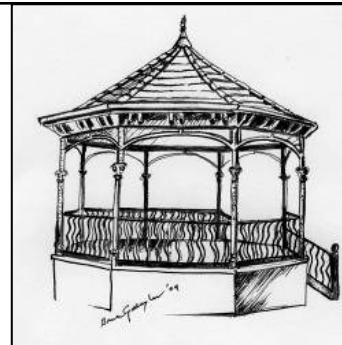




Canterbury Tales

Rotary Club of Canterbury
PO Box 314 Canterbury VIC 3126
Website: www.canterburyrotary.org
facebook: www.facebook.com/CanterburyRotary



President - Nora Ley

Mob: 0419 506 177

president@canterburyrotary.org

Volume 30 – Issue 31 – 10 March 2016

Meeting

Mondays 6:00pm for 6:30pm
Basscare Centre,
2 Rochester Rd, Canterbury
Unless otherwise stated in Diary

Register for Meeting

Guests and Club Members can
Register on the following links
[Register for Meeting](#)
[Register and Pay Online](#)

Apologies

[Notify Meeting Apology](#)

**prior to 10AM Monday*

Graham Bishop

Mobile 0412 154 540

rotaryclubofcanterbury@gmail.com

Advise Graham of a long absence

The Rotary Radio Show
Fridays 6pm to 8pm

3WBC
94.1 FM

The Aussie Pride Badge



Secretary – John Braine

Ph: 0411 1156 129

secretary@canterburyrotary.org

Editor – Max Holland

Ph: 0428 477 488

bulletin@canterburyrotary.org



President's Message

Our speaker last Monday was, John Sedunary, CEO of The Compassionate Friends Victoria Inc. (TCF) who was accompanied by one of the volunteers, Linda Chen. John told us that he has been CEO since July 2015. TCF was established in 1970s and he considers it Victoria's best kept secret. The Compassionate Friends is a not-for-profit, government funded organisation that provides at no cost to the participants, general and peer support for bereaved parents, siblings and friends who have experienced the loss of a child. TCF has saved and/or changed many lives.



John Sedunary

TCF Victoria has 6 paid staff members and 170 trained volunteers. All staff and volunteers have experienced the loss of children and hence have a lived experience. This is a major strength for the group sessions as the leaders have a real understanding of what the participants are feeling. To observers, there is a felt nurturing within the contacts and groups and each individual is slowly able to find a new normal for themselves whilst encompassing their loss in their grief journey.

Peer support groups meet regularly with the trained volunteers facilitating discussion and providing direct support. There is also a 24 hour telephone support line is manned by the volunteers. The participants seek support at varying stages of their grieving pathway and sometimes this may be many years later usually following a trigger factor. Some attendees do not readily participate themselves but gain strength by hearing a story like their own being told by others.

Compassionate Friends Australia acts as an umbrella body with functionally independent TCF organizations in each state. Knowledge about TCF Victoria services has usually been by word of mouth. The Victorian Centre is located at 173 Canterbury Road, Canterbury on the corner with Balwyn Road. The Centre is a 'drop-in' place with an extensive library and friendly staff and volunteers. TCF Victoria is currently developing on-line support programs as more people are using the internet and social networking. One area suited to on-line support is advice on nutritionally healthy living because people in grief often lapse into a poor diet.

www.campassionatefriendsvictoria.org.au

Telephone: 03 9888 4944 Toll Free 1800 641 091

Speaker and Activities Program

Monday March 14
Saturday March 19

No Meeting - Labour Day

Instead of the usual Monday meeting, please come to Relay for Life on Saturday 19th March from 4pm until 10am Sunday, John Gardiner Reserve, Auburn Road, Hawthorn

Monday March 28
Monday April 4
Monday April 11

No Meeting - Easter Monday

Speaker: Vanessa Siow from the Heart Foundation

"The Boroondara Cares CHANCES Scholarships Program"

Sunday Market 7am – 1pm

March 13 - Brett Riley, Brian Bloomer, Roger Taylor

March 20 - David Chudasko, Malcom Short, Gerry Cross

March 27 - Bob Falconer, Jasmine Peldys, Dominique Brown

Contact Tony Simpson for all roster changes and requests, Home 9417 3995, Mob 0488 380 899

Please be on time as if you are late, our Club pays \$50 penalty for each half hour or part thereof.



Be a gift
to the world



Canterbury Tales
Rotary Club of Canterbury

President's Message - Continued

Last Monday we returned to the Rochester Road venue following a very enjoyable evening the previous week as 46 members, partners and friends gathered at Helen Hartnett's to celebrate Leap Year Day. Fine finger foods were provided by Cru Catering and special dietary needs, cheese and fruit platters and punches were provided. Thanks are extended to particularly Helen and to all those that assisted in making the evening such a success. We wish Helen safe travel as she heads to Hong Kong to visit family.

The Salvo's Mock Job Interviews

Michael Chong reported to the meeting on the Salvo's Mock Job Interview Program seeking a volunteer for a specific interview. When it became apparent that no Club members or their known contacts could assist with the professional needs and skills for a particular person, our speaker for the evening, John Sedunary generously offered to assist with the mock job interview for this person. John told us that he had formerly been a member of the Rotary Club of Maryborough - service above self is still strongly evident in his life! Thanks are extended to John for his willingness to assist in this matter and an invitation is extended for him to come and join us at any time.

The Bendigo District 9800 Conference

The District 9800 Conference for 2016 will be held at Bendigo over the coming long weekend of 10th & 11th March 2016. There will be fourteen people attending from our Club including the Royce and Jean Abbey Scholar, Metchie Arnaiz.

The Conference will be held in the new Ulumbarra Theatre which was developed on the site of the former Sandhurst, later Bendigo gaol. The theatre is a striking mix of contemporary and Victorian era architecture.

Max Holland won the raffle to pay the admission fee to attend the Bendigo Conference. President Nora Ley presented Max with a cheque to reimburse him for the cost of the Conference fee. Thank you to all those who bought tickets each month last year.



Max Holland and Nora Ley

Movie Night for 'End Polio Now' Foundation

The East Side Cluster is holding a movie night in support of the 'End Polio Now' Foundation at the Lido Cinema in Hawthorn at 6:30pm on Sunday 3rd April. The movie is the very funny comedy 'My Big Fat Greek Wedding 2'. Tickets can only be purchased online via credit card for \$17.500pp and flyer is attached to this Bulletin.

The Gourmet Barbeque - Saturday 19th March

The next Rotary Club of Canterbury Event is the Gourmet Barbeque to be held on Saturday 19th March coinciding with the 2016 Hawthorn (Boroondara) Relay for Life. The venue is the John Gardiner Reserve, 423-425 Auburn Road, Hawthorn East. The Relay for Life starts at 4:00pm and continues over night to finish at 10:00am on Sunday. The Gourmet Barbeque is 6:45pm for 7:00pm and the cost is \$25pp (kids free) with the balance after costs going to support the **Canterbury Rotary CANTROT Team**.

For administrative and insurance reasons you need to be registered to participate in the walk/jog/run part of the Relay for Life. This can be done on line at [join the CANTROT Team](#) or you may be able to fill out some forms on the day to join in the walking. Online donations can be at [donate to the CANTROT Team](#).

There will no Monday meetings of the Club until Monday 4th April when we will have a speaker from the Heart Foundation. The Gourmet Barbeque on Saturday 19th March will be in lieu of a meeting on the following Monday.

I hope everyone has an enjoyable long weekend and I'm sure those at Bendigo will enjoy the Conference activities.

Nora

Request for ANZAC Day Marshals

David Blackwell, Chief Marshall of Melbourne's ANZAC Day Commemoration, has again asked for the support of Rotarians and Friends to act as Marshals for the ANZAC Day March on 25th April 2016.

David has also asked me to assist again in marshalling the Rotary (and Friends) Marshals and confirming their proposed attendance:

- a) at the briefing from 6 pm to 7:30 pm at Level 1, ANZAC House, 4 Collins Street, Melbourne on Wed 20 April 2016; and
- b) on ANZAC Day from 7 am to 1 pm on Monday 25 April 2016 at Federation Square.

If you are already on my email list and received my email and David's email attached to mine on Monday 7th March 2016, please respond to David's email ASAP with your intention to participate if you have not done so already, with a copy to me to enable me to keep track of Rotarians and Friends confirming. If you are not on my email list already and would also like to volunteer as an ANZAC Day Marshal, please contact me ASAP. We do need additional volunteers due to the fact that we know already that several of last year's Marshals have indicated their unavailability this year.

Kyle Wightman, Email: kylewightman@bigpond.com Mob: 0411 110 045



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Canterbury Tales
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Maling Road was Painted Purple for Relay for Life

Many thanks to the Maling Road Traders Association and Maling Road businesses for showing their support towards the upcoming Hawthorn (Boroodara) Relay for Life, through 'Painting the Town Purple'. They dressed their windows, displays and stores in purple, the colour of Hope, to help spread awareness of the Relay for Life. Congratulations to the winning store Bohemia Cakes, runner up Nourish On Maling, and honourable mentions to Maling Road Toyshop and Flowers Canterbury.



Paint the town
PURPLE

Aussie Pride Badge Fund Raising

Our budget this year is \$22,000 net sales and so far we have sold \$15,000 to existing customers and \$8,460 to new customers, which is a total of \$23,460 to 47 customers. Last year 30 schools bought \$8,130 of badges following the mail out to 250 schools. We now have a mailing list to secondary schools in NSW, QLD and WA with a total of 1,330 records. We will do mail outs to 200 of the larger schools this week, and do similar mail outs, say, each month through the year. We will develop a strategy to follow up mail outs to all Municipal Councils in August last year. We received 35 new sales from Councils.

Whitey's Walk 2 - Relay for Life and the National Jockeys Trust

Adam White, the son in law of our Club member David Robinson, is walking to Sorrento next Thursday 17th March in support of the Relay for Life and the National Jockeys Trust. He would dearly love some people to walk part of the way with him if only for a few kilometres as the whole journey alone is very hard and lonely. Last time it took him 27 hours. It was a fine effort.

ABC Grandstand's and RSN's Adam White is once again walking to Sorrento for the Cancer Council's Relay for Life and the National Jockeys Trust.

Four years ago, Adam first did the 96 kilometre walk from the city to Sorrento and managed to raise over \$15,000 and helped raise the awareness for both the Relay for Life and the National Jockeys Trust charities. He had many sports, racing and media stars walk with him along the journey. It was a personal journey for Adam.

In 2009, just three months before his wedding to now wife Emma, his mother-in-law Mary Robinson passed away from stomach cancer only a matter of months after being diagnosed.

It wasn't the first time Adam was affected deeply by cancer. He idolised his grandfather Jim as a child, only for Jim's life to be cut short by lung cancer. Both Jim and Mary were in their early 60s just when they were about to start to enjoy the next phase of their lives with their grandchildren.

And two of Adam's closest friends at primary school have had their lives tragically cut short by cancer. Tiffany Jacobs and Jimmy Logan passed away when most of their life was meant to be ahead of them.

As a result of these experiences, Adam wanted to take the opportunity to walk in their memory and link up with the Cancer Council's Relay for Life, something Adam's family does every March in Hawthorn.

Through Adam's work in the racing industry, he's struck up a close relationship with the National Jockeys Trust. The Trust that's dedicated to providing funds and other benefits for the relief of financial duties for jockeys and their families when faced with serious injury illness and even death. This time Adam wants to lift the bar and raise even more money and awareness for two charities close to his heart. You can head to RSN's website at rsn.net.au and follow the links to make a donation.



Special Eastside Cluster Rotary Foundation 'End Polio Now' Film Night



MY BIG FAT GREEK WEDDING 2



Please Support this Eastside Cluster
ROTARY FOUNDATION 'END POLIO' FILM NIGHT
Brand New Release. Very Funny Movie!

"It's Funnier Than a US Primary" – Don Trump

SUNDAY 3rd APRIL. STARTS 6.30pm.

At the fabulous new Lido Cinema. Glenferrie Rd. Hawthorn
Range of Food and Drinks (soft and alcoholic) available for purchase.
Private cinema. Sit anywhere. First in best dressed! Movie starts 6.30pm.
(near Glenferrie Railway Station. Ample Parking Nearby)

\$17.50 p/p

Includes a donation to
Rotary Foundation 'End Polio Now.'

ONLINE / CREDIT CARD BOOKINGS ONLY!

<http://camberwellrotary.org.au>

(Online Ticket Sales End Midnight –Tuesday, 22nd March)

