



# Rotary Crossroads

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*Proud of our Heritage, Committed to our Future*

*Chartered 6<sup>th</sup> June 1930*

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Lifetime Achievement Award Winner for Best Bulletin in District 3310

## *Beneficiary*



## Samaritans of Singapore

**Rotary**  
Rotary Club of Singapore  
Established 1930



ROTARY  
SERVING  
HUMANITY

## Club's Charity Dinner in support of Samaritans of Singapore

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# In Focus

## Photo Album of the Charity Dinner on 29.4.17

The Club's Charity Dinner in support of Samaritans of Singapore was successfully held on Saturday 29 April 2017 at the Conrad Centennial Ballroom. Speeches were made by President Garry Taylor and Vice Chair Mr Robert Lim, on behalf of beneficiaries, Samaritans of Singapore (SOS). This was followed by a talk from Guest of Honour Ms Tina Hung, Deputy CEO of National Council of Social Service.

We thank performers Guzheng Master Li Kun, Lyrical Singer Chin Whai and International star Federica Marinari accompanied by pianist Corinna Chang for their generous contribution of time and talent to help raise funds for SOS. Our sincere thanks to Rtns Joseph Chia and Uttam Kripalani for their excellent efforts in organizing and arranging for a fantastic event as well as to Rtn "Raj" Rajkumar for the donation of airfares for Ms Federica and her companion.



*Hon Member PP Koh Choon Hui with his guest*



*1<sup>st</sup> Lady Grace and Pres Garry with Mrs Wong Kwok Leong*



*Rtn Amit Chatterjee (left) with Mrs Geeta & Rtn Rewa Mirpuri*



*From right: Hon Member PP Raymon Huang, MC Rtn Uttam Kripalani & PP Perlita Tiro*

## Photo Album of the Charity Dinner on 29.4.17...contd



*Speeches made by President Garry Taylor, SOS Vice Chair Mr Robert Lim & Guest of Honour Ms Tina Hung (NCSS)*



*Masters of Ceremonies Rtn Uttam Kripalani (left) & Rtn Joseph Chia (right)*



*Guzheng Master Li Kun*



*Lyrical Singer Chin Whai*



*International star Ms Federica Marinari (right) with pianist Ms Corinna Chang*



## Photo Album of the Charity Dinner on 29.4.17...contd



*At the dinner tables...*



# Last Week

## Last Week – Report on the Wednesday Meeting – 17 May 2017



*Members with PP Murli Chanrai (seated centre)  
with his granddaughters*

### WELCOME OF GUESTS & VISITING ROTARIANS

The welcome of guests of members and Visiting Rotarians was performed by Rtn Brigitte Holtschneider :

#### Guests

Mrs Rekha Sharma	Ms Shonar Lala Chinoy
Ms Maleeka Lala	Ms Tanvi Rao
Ms Steph Dong	Mr Rajeev Golnka
Mr Low Jian Loong	Dr Hans Schniewind

#### Visiting Rotarian:

PP & ISC Dir Manish Mehta – Ann Arbor North, USA

#### TOAST

PP Perlita invited PP & ISC Director Manish Mehta, son of our member, the late Rtn K S Mehta to address the Club. PP Manish was pleased to be able to celebrate the close ties with the Club, with three joint projects. He further acknowledge the efforts of PP Dr Shahul Hameed's assistance with these projects.



### PRESENTATION OF BANNER

President Garry presented a banner to the Club from the Rotary Club of Matilda Bay, which he received when he visited Perth in early May.

### OPENING REMARKS

President Garry Taylor opened the meeting and warmly welcomed Guest Speaker Dr Yvonne Looi. A special welcome was extended to Honorary Member PP Murli Chanrai who was accompanied by his granddaughters, Ms Shonar Lala Chinoy and Ms Maleeka Lala, as well as Ms Tanvi Rao, daughter of PP Tapan. President Garry took the opportunity to thank Vice President Dr Hoon Sing Keow for chairing the meeting of 3 May in his absence.



*Rtn Brigitte Holtschneider*

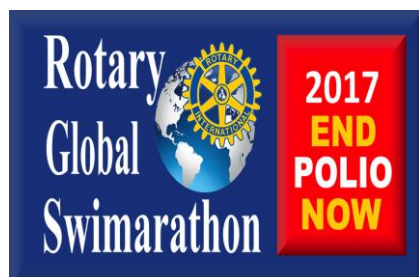


*PP Manish (left) with PP Perlita*

# Last Week

## CHARITY DINNER – 29 APRIL 2017

President Garry reported that the Charity Dinner in aid of the Samaritans of Singapore held on 29 April was a fantastic event which came together beautifully. He extended special thanks to Rtn Joseph Chia as well as to Rtn Uttam Kripalani for the wonderful entertainment which led to an enjoyable evening.



## ROTARY GLOBAL SWIMARATHON – SINGAPORE 2017

Vocational Service Committee Director Rtn Bala Venkatesan reported briefly on the Swimarathon held on 30 April 2017. He noted that the 149 swimmers at the Swimarathon completed 3804 laps (380.4 km) with 9.5 hours of relentless swimming starting from 7.30am to 5pm. Rtn Bala advised that teams were formed such as "Team Dreammakers" with 33 swimmers (thanks to PP Dr Shahul Hameed and his son, Mirza), "Millennial Uncles" from the Club (courtesy of Rtn Hassan Moosa) and a dedicated team from Bank Julius Baer.

Rtn Bala also showed several photos of the dedicated swimmers participating in the Swimarathon, including that of President Garry. A report will be published in the bulletin shortly.

## FELLOWSHIP EVENING

Rtn Joseph invited members to attend in the coming fellowship dinner and Karaoke and to take the opportunity to wish RtNs Terry Lobaton and Amit Chatterjee farewell as they would be leaving the Club soon.



## MULTI DISTRICT CONFERENCE - Districts 3310, 3330, 3340, 3350 and 3360

President Garry reported that 5 participants, including himself, attended the District Conference held in Bangkok from 12 to 14 April. The other participants were PDG Dr Ivor Thevathasan, PP Dr Yap Lip Kee, PP Jimmy Ooi and PN/ISC Director Mark Wang. He hoped that next year, more members would consider attending the Conference and make the Club's presence felt. He announced that the Club received the following Awards:

### **District 3310 Honours 2016-17**

Best International Service Project: Gold

- *Rotary Eye Hospitals - India*

Best International Service Project: Silver

- *Malang Children Project*

Best Interact Club Project: Bronze

- *InterAction 2017 – Victoria Junior College*

Major Donor Level 2

- *Past President Dr Yap Lip Kee*

District 3310 Honours 2016-17 (Continued!)

- *The Million Dollar Foundation Giving Club Award*
- *District Award for a Polio-Free World*



# Last Week

**Speaker:** Dr Yvonne Looi, Joyologist

**Topic:** *“Laughter Yoga for Health and Happiness”*



*Rtn Stacy McCarthy*

President Garry invited Rtn Stacy McCarthy to introduce the Speaker Dr Yvonne Looi. Dr Looi holds a first-class honors in Science, a PhD in Biological Science and is certified in Laughter Yoga and the Science of Happiness. Yvonne is currently active in spreading laughter and joy in Singapore to more than 10,000 people now. Her movement is called the Nation of Joy with a mission to grow Singapore into a Nation of Joy! As part of her social initiative, she and her team organizes free social laughter clubs around the island and lead monthly Laugh with Heart outreach to bring laughter to charity organizations and it is her mission to grow a nation of joy on the island of Singapore and to the world!



*Speaker Dr Yvonne Looi*

Dr Looi started off her talk with a brief video clip of the Club's pilot programme to encourage and increase the well-being of seniors in Singapore. She advised that the project which took place in April 2017 was in partnership with the SE Community Development Council (SE CDC). She explained Laughter Yoga as a unique exercise routine that is sweeping the world; it is a complete wellbeing program that has spread across more than 100 countries and over 10000 laughter clubs worldwide. Founded by medical doctor Dr Madan Kataria in India in 1995, it is a combination of interactive laughter exercise, yogic breathing and calming exercise. It is a fun, effective stress relief program that is suitable for all ages and abilities.



*Members happily trying out the Laughter Yoga exercises*

Rtn Amit Chatterjee was pleased to extend the Club's vote of thanks to Dr Looi, adding that there was no better title than a Joyologist! He added his vision and hope that the Club and SE CDC would own this project and see it grow to the other communities.



*Rtn Amit handing a Book of Humour to Dr Looi*



*Pres Garry presented Rotary pens donated by PP Chiang Shih Fang to Dr Looi & Ms Steph Dong from SE CDC (right)*

# Mark Your Diary

## Birthday Celebrants

**RC sends Birthday greetings to celebrants:**

18 May – Uttam Kripalani

## Anniversary Celebrants

**RC sends best wishes to Wedding Anniversary celebrants this week:**

25 May - Bertrand & Maribeth De Mil  
25 May – VSC Director Bala & Suvudha Venkatesan  
29 May – PP Peter & Shirley Tan

## Youth Service Meeting

**Youth Service Committee Meeting & Teacher Advisors' Appreciation Network Night 2017 will be held as follows:**

**Date:** Thursday, 25 May  
**Time:** 7.00pm  
**Venue:** Moghul Mahal Restaurant, 2 Tessensohn Road #03-01 Khalsa Association, S217646

**Hosts:** Rtms Suresh Keerthi, PP Paliath Mohandas & Horst Hagemann

## This Meeting

**24 May 2017**

**Reception Desk duty:** Dr Albert Wee, See Mee Lee

**Sunshine Box duty:** Asheesh Khaneja, Reinhard Klemmer

**Speaker:** Rtn Suresh Hathiramani  
**Topic:** "Are diamonds a store of value or an investment?"

## Community Service Meeting

**Community Service Committee Meeting will be held as follows:**

**Date:** Thursday, 1 June

**Time:** 7.00pm

**Venue:** Singapore Polo Club, 80 Mount Pleasant Road, S298334

**Hosts:** Rtms Haider Nawaz & Kimio Somemiya

Queries, comments and articles request can be sent to [rtvinfo@rotary.org.sg](mailto:rtvinfo@rotary.org.sg)

## Next Meeting

**31 May 2017**

**Reception Desk duty:** Dr Claus Dusemund, Anant Jain

**Sunshine Box duty:** Sunil Kalra, Terry Lobaton

**K S Mehta Award and Presentation to Winners**

## Coming Rotary Events

### May

#### **Youth Service Month**

**24 May** – Fellowship Dinner & Karaoke at Senior Police Officers' Mess at 6.30pm

### June

#### **Rotary Fellowships Month**

**10-14 June** – R I Convention, Atlanta, Georgia, USA

**24 June** – Installation Dinner, Pan Pacific Ballroom







## The Four-Way Test

Of the things we think, say or do:

- Is it the truth?
- Is it fair to all concerned?
- Will it build goodwill and better friendship?
- Will it be beneficial to all concerned?

## The Guide to Daily Living

Before doing the things we want to do, consider first, the Precepts of the guide. Ask ourselves these 4 questions and act upon them:

**First:** *Have I spent some time in self-examination?*

**Second:** *Have I spent quality time with my family?*

**Third:** *Have I given my best to my work?*

**Fourth:** *Have I given some time to someone near and far?*

The Guide, in fact, encompasses the 4 parts of the Object of Rotary.

**ROTARY  
SERVING  
HUMANITY**

### BOARD OF DIRECTORS 2016/2017

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President Elect	Keith Harrison
Vice President	Dr Hoon Sing Keow
Vice President	Jasbir Koh
Hon. Secretary	Louis Lim Hee Thuang
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Director without portfolio	Dr Ruediger Ackermann

