



ROTARY:
MAKING A
DIFFERENCE

The Wahroongler



Bulletin of The Rotary Club of WAHROONGA

Chartered 1975 and Meeting at 7.15 am Wednesdays, at Warrawee Bowling Club

Rotary Australia's first Breakfast Club.

14th Feb 2018, Vol 43, No 31

Sue's News



A great meeting again last week. It is always inspiring to receive a visit from our returning RYLARIANS.

I was fortunate to have such a great deal to do with RYPEN over a number of years when RCW were responsible for organising the RYPEN camps. The delight of the young people when they realise exactly what is happening to them is amazing to watch, and their development over only a weekend, is visible. I stayed overnight at several of the camps and apart from the night-time veranda patrols, and the midnight drives home with a sick child - I found it all most rewarding. Today I received a lovely email from Lucas Reynolds, one of our 2018 Rypenians, thanking the Club for the opportunity to attend the camp. It was great to receive such a warm personal note. Our Rypenians will be speaking to us on 28 February, 2018.

A week at RYLA is a real gift. My daughter Anna attended RYLA, sponsored by Lindfield Rotary, about twenty years ago. This was before I joined Wahroonga Rotary. Anna still uses skills that she learned at RYLA. In the meantime she has led scores of camps and other child development related programs - but still refers to RYLA as being the template.

We are now getting to the pointy end of the year with the Bobbo coming up in March and with NOVUS in May. I thank those of our members beaver away on these projects including Stuart, Christine, Neil, Jim, Doug and Greg with the Bobbo and Rochelle, Peter, Terry, John Collins, David and the Youth Committee, (Christine and now Ann) for NOVUS.

March, in particular is very busy. Just to add to the business, might I bring to your attention the Rotary Presidential Peacebuilding Conference which is being held at the Sydney Town Hall on Saturday 17th March, 2018. The publicity reads as follows:

This is one of a series of six presidential Conferences Rotary International President, Ian Riseley, is convening during the 2017- 18 Rotary year.

The goal of the Sydney Conference is to bring together academics, political leaders, businesses, community leaders and peace activists to explore building peace, and discuss how we can work together to prevent and resolve conflict from an international and local perspective. The Conference will focus on economic and community development, as it relates to peace. We will look at the underlying causes of conflict including poverty, disease, lack of water and food security and the lack of education. The economic cost of conflict within a country and a community will be highlighted.

Janelle and I have registered to attend this conference - which I must say doesn't come cheap at \$250.00 for the day - and we will report back to you on what occurs.

Please feel free to join us. More information can be found if you "google" the conference which is being run by the Rotary Club of Sydney.

The Peacebuilding Conference is of course only one week after our District Conference. There is still time for you to join the happy band of club members booked to attend the District Conference at Leura on 9th-11th March, 2018.

At this week's Club meeting, we are looking forward to hearing from Michael Riley from Relationships Australia. **Sue Owen, President**

CONTACT: THE ROTARY CLUB OF WAHROONGA, PO Box 13, Wahroonga 2076.

President: Sue Owen - 0407 920 467, **Secretary:** Greg Starr - 0418 203 550

secretary@wahroongarotary.org f: **Wahroonga Rotary Facebook page**

Apologies to: Len Stanley - **len.stanley29@gmail.com** or 9144 4049 or 0420 849017

Last Meeting

President Sue welcomed all and guests Jessica Blaxland Ashby, Richard Morris and Rylarians Sonia Elliott and Anthony Zhao. She thanked Stuart for stepping in to run last week's meeting in her absence. Balisch Salisch gave her a surprise of white towel set that she will donate to the Novus Auction.

Welcome back to Anne Prescott, especially after her fall in the street in Kathmandu. She showed us the bruising on her arm, but her leg is far better and Dick Webb is back after a few weeks.



Rob Ferguson gave the Welfare Report and welcomed Alfreda back after many setbacks—her most recent one is a torn rotator cuff. He added his own talent to the limericks after telling us this is the first week of the 50th anniversary year for Phill and Shirley

*There once was a fella named Phill
whose girlfriend gave him quite a thrill
now it seems quite absurd
but he married the bird
and the name of that girlie was Shirley.*



Ron Wainberg still looking for more help for the 4th March at Wahroonga Park or Cliff Oval

Sandy van Dijk & Pymble Players—we have 42 booked in, but need 85 to be worthwhile on 7th March at 7.30 for tea and coffee, then a champagne supper. Tell your family and friends.

Christine Biddle is doing more chivvyng as she only has 5 pieces for the Novus Auction so far. Please dig deep and ask around and we want to make this the best ever.



Lucy and Jo are running the International Women's Day as a festival week from 2-9th March. Hornsby Ku-ring-gai Women's Shelter want to celebrate the contribution that men make to women's lives. There is a Men's Day at the end of the year, so we encourage you all to participate and support the BBQ. Lucy's husband will run it and deal with scheduling. It will be on 9th—Festival Friday, from 8am to 3pm. It will be held around the Hornsby Fountain. If you want to have a stand

then they'd be happy to have you.

Jo Ann Moffatt has Camilla, a second year uni student doing work experience with her, who wanted to get more administration experience. She suggested she put in her resume to the IWD Festival and she has been appointed as the Admin person for the Festival. She will get so much experience and the women there will help teach her database management software, run meetings, send out emails and learn a wealth of knowledge from fabulous women, that will all help her resume. Sonya Elliott is in charge of social media for the Festival.

Marg Sachs reminded us of the District Conference on the weekend of 10-11th March. We have 8-9 members going, but we are the biggest club in the District, yet Turrumurra has 18 going. It starts on Saturday morning through to Sunday morning with different sessions and speakers that you can book. Saturday night's theme is colour.

Hs&Ts Stuart won the wine again.

Phill Comfort was so touched that he had two limericks in one week. He had only one thing to say about it—high pitched *tweet tweet tweet* whistle.



Sgt Jo told us the story of the [Portland Vase](#) that was smashed into 80 pieces on 7.2.1845. by a drunk who smashed the glass cabinet and the vase displayed in the British Museum. It had been made around 1 AD to 25 AD. It was repaired, but there were 37 pieces left over. It has had three restorations of varying success until recent times and technology. There were still some shards left over.

Josiah Wedgwood, described it as "the finest production of Art that has been brought to England and seems to be the very apex of perfection to which you are endeavouring" by the sculptor [John Flaxman](#). Wedgwood devoted four years of painstaking trials at duplicating the vase – not in glass but in black and white [jasperware](#).

Barbara Salisch fined herself, as on Sunday she went to Cliff Oval and no-one as there, so she went to Wahroonga Park and no-one was there. She was so eager to help, so she made a call to be told—she was one month early!!!

Rylerians Anthony Zhao and Sonia Elliott

Full [RYLA 2018 Presentation](#) in the Link

* Inspirational	– E X P E R I E N C E
* Challenging	– R E F L E C T I O N
* Bigger Picture	– L E A R N
* Week of Growth	– A C T I O N



"Together, we see a world where people unite and take action to **create lasting change** —

Across the globe,

in our communities, and

in ourselves."

Rotary's Vision - Strategic Plan

Sessions on

Limiting Beliefs - Mr Paul O'Brien work with police ranks

HOW DO I COMMUNICATE?

Rebecca Fry - Personality Traits

Old School - What does leadership mean to you?

Courage. Inspiration. Passion. Risk Taking. Compassion. A hunger for positive change. vs. Education. Creativity. The Bigger Picture. Resolve. Analysis. Catalysts.

The Prisoner's Dilemma - Remastered, Les Watson

Leadership takes Compassion, Courage & Risk—Wayside Chapel

"Because what you can give others for the sake of the risk far outweighs the risk itself. It will cost you, for sure. And it won't be easy for sure."

A fulfilling purpose in the world is to take your deepest pains and those experiences that have impacted you. And **No**. Don't just feel the emotion by itself, **TAKE ACTION** and to do all that is possible to bring awareness and change to these local or global issues.

Paraphrased - Wayside Chapel—*Guy Cooper's Friend speaking strongly about their assistance to Refugees as young as a 5 year old girl being deported from detention centres and facing execution.*

Realise there's nothing wrong with you.

Embrace who you are.

Act from the true self.

Love from self and others.

Mitch Wallis—

Heart on my Sleeve Movement

"What a wonderful world", Louis Armstrong

The human condition, though in its essence has so much potential for joy and fulfillment, yet the human experience is not equally free from the potential to commit such treachery and has great **responsibility** to not reciprocate the shortcomings of tragedy, suffering, brokenness, wickedness, villainy, horror, corruption, greed, pain ...

All the more, in suffering we must remind ourselves that suffering is for a purpose.

Romans 5: 3-4 says, *"More than that, we rejoice in our sufferings, because we know that suffering produces perseverance; perseverance, character, and character, hope ..."* **Suffering has a purpose.**

Com + Passion = #1 skill of any leader

Reflection Groups

Reflection was one of the most intellectual and constructive discussion groups; yet at the same time it wasn't an easy task after reflection on some of the tough things we heard about and perhaps experienced.

"Real life isn't the Instagram moments, but the moments in between".

- Mitch Wallis

***Rick Van Der Zwann
Theory of Ambiguity***

What are the motivations of people?
How does EQ play into that equation?

L A N D & Team Building Essentials
The **Application** of Team Building

Richard Buckland—Motivation & Team Building requires **Diversity**

Are you sure the **Pyramids** were built by slaves?

Community Service

Service & Sacrifice & Leadership in Crisis

"The challenge of a leader is to get people from where they are to where they have not been." - Henry Kissenger

"The first sacrifice a leader makes is time."

— Corporal Shane Healey

"Leaders sell dreams."

e.g. "I have a dream ..." - Rick Van der Zwan

The Science of Stress—

Dick Smith helicoptered at short notice
Communicate, Ask advice, Simple, Honesty, Enthusiasm, Discipline

Mock Interviews + Kristen Austin -
Personal Branding

Nikki Mann, Escaping Civil War, starting from zero—Roses to Go

Ali Yznepour - Light of the World

The Indigo Foundation—the first thing we offer is **respect**

HUMANITY & Servant Leadership

At Wayside, we see everyone as a person to be met, not a problem to be solved.

Final Reflection

Where are we now and where to next?



Bob This leadership program is for young people who work with other young people. Rotary have done it for many years. It costs \$7,000 and businesses also donate money for it. This course costs \$850 pp and is free for the participants who live in. We allocated money for four participants, but only two went this time. Anne and Bob did it 50 yrs ago. After he did it he had a scholarship to the US to do an MBA, that otherwise he would not have been able to do otherwise.

He and Anne Prescott are the only members from RCoW who went through this program. The questions he posed for them were how has this program affected these folk, and what may it do for them, and one year on, what impact has it had?

In the Communications Section Sonia told us of the characteristics of birds and who they matched up to on this **DOPE model**.

DOVE: The **peaceful** dove. The dove is people-orientated, loyal, friendly, hard-working and a great team player but tends to avoid change, confrontation, risk-taking and assertiveness.

OWL: The **wise** owl. The owl is logical, mathematically minded, methodical and sometimes seen as a perfectionist. The owl can be slow to make decisions and inflexible if rules and logic says otherwise. Owls are not big risk takers but love detail.

PEACOCK: The **showy** peacock. The peacock loves talking, being the centre of attention, has passion/enthusiasm and is happy/optimistic. Peacocks can be accused of talking too much, and aren't good with detail or time-control.

EAGLE: The **bold** eagle. Eagles are dominant, stimulated by challenge, decisive and direct. Eagles can be blunt/stubborn, can lose sight of the big-picture and can be insensitive to other people's needs. Eagles are natural achievers.



In their groups they had lots of doves and no eagles and no Scrub Turkeys!!

In the **Prisoner's Dilemma**, remastered by Les Watson, they were in two groups in different rooms with different instructions with the aim to win. Some didn't listen to the instructions and to see who showed leadership to get to a win-win situation that is often neglected.

They considered Martin Luther King's example.

The Wayside Chapel do a lot of work to reduce crime and youth on drugs and we need to do more to take action to help improve mental health and intimacy.

Les Watson—with intimacy it is not just sexual, but allowing yourself to be open, let down your guard and be vulnerable. They paired up and took hands and looked deeply into each other's eyes—this is vital to having a mindful relationship. Everyone allowed themselves to be vulnerable and a lot were emotionally drained.

Reflection to debrief is really necessary in order to learn. **Mitch Wallis** told them he was not there to teach them, but to shine the torch and help everyone. He has worked for Google in the US in his dream job. He talked of depression and anxiety, that was worse as he got older and there was no-one to help. It is important to speak & open up to people who can help.

The Theory of Ambiguity every generation faces this at this age and people in leadership roles face it with a sense of ambiguity where there is an element of stress. It is very important to understand how everyone feels and their emotional states and communicate with them. They put on a concert on Thursday night with different groups doing motivation, singers, poets, stand-up comics, designers, yoga and other parts. **Richard Buckland** from UNSW stressed the importance of **Diversity** and using the skills of all people. They looked at Community Service and not to take it for granted that people do this and it involves Service and Sacrifice. Leaders can command, but this is different from leading people.

One highlight was Dick Smith flying in by helicopter at short notice, and shared his thoughts on leadership and business. They did mock interviews and understood personal branding and having a vision about what you were selling. John Welch thanked them both. Anthony is the first person from the MOU with RCoW and PCYC. He said he'd definitely apply what he'd learned. Sonia wants to take theatre to the bush for those who never see it and for people with disabilities.



Anthony Zhao, President Sue, Sonia Elliott and Bob Howe

Wahroonga Park and Cliff Oval

4th March 8-10 am

Contact: Ron Wainberg

Tel: (02) 9489 7214 Mob: 0418 427 481

You will need—Sun gear, hat, sunnies, sunscreen, gloves, sensible shoes, food, water and garbage bags & sense of humour.

Rotunda: designed by **Gordon Fuller**



MAR
4

Clean Up Australia Day - Wahroonga
Public - Hosted by Rotary Club of Wahroonga

"Wahroonga" at websites for each site:

<http://www.cleanupaustaliaday.org.au/rcwsite1>

CLUB MEETING, 7th Jan 2018

Attendance: 47/62 members, 75.81%

Apologies: James Edmundson, Ian Faulks, Brett Goods, Barbara Harvison, Carol Johnson, Stephen McGregor, Richard Pitt, Abhi Poudel, Douglas Reid

Guest Speakers: Rylarians - Sonia Elliott & Anthony Zhao

Visitors: Jessica Blaxland Ashby (Ian Cameron), Richard Morris (Jim Fulton)

Make-up Credits: The following lists of dates & names complete the record of all 37 outstanding make-up credits that were earned in Xmas Raffle Ticket selling sessions before the Christmas Break.

Nov 11, 2017 Wahroonga Village: Barb Harvison, Rob Giacometti, James Edmundson, Len Stanley.

Nov 18, 2017 Turramurra Village: Rob Giacometti, David Russell.

Nov 18, 2017 Wahroonga Village: Sandy van Dijk, Barb Harvison, Ross Catterall.

Nov 25, 2017 Turramurra Village: Rob Giacometti, John Collins, Ian Cameron.

Nov 25, 2017 Wahroonga Village: Ron Wainberg Sandy van Dijk, Rob Ferguson, Lucy Dahill.

Dec 03, 2017 Wahroonga Village Fair: Rochelle Wiley, Jim Verco, Sandy van Dijk, Barbara Salisch, Margaret Sachs, David Russell, Jo-Ann Moffat, Terry Hodge, Colin Grundy, James Edmundson, Helen Clarke, Ross Catterall, Ken Broadhead, Christine Biddle.

Dec 09, 2017 Wahroonga Village: Lynn Varvel, Colin Grundy, Rob Giacometti, Lucy Dahill.

Dec 16, 2017 Wahroonga Village: Jim Verco.

Dec 16, 2017 Turramurra Village: Rob Giacometti, Peter Kirkwood.

14th Feb - Michael Riley, Relationships Australia

Title: Relationship Matters

He will focus on effective ways of communicating within any relationship dynamic and the importance of building and maintaining strong relationships, with some practical suggestions on how to achieve this goal. Key topics will include:

- ♦ How to manage common communication issues
- ♦ The empathic communication approach
- ♦ Constructive ways to raise issues
- ♦ Connecting with your better self
- ♦ To be understood or to be understanding?



RECEPTION & HOSPITALITY ROSTER, from Club's Website for the year

If you are unable to attend any day please arrange a substitute and inform

Len Stanley at len.stanley29@gmail.com or 0420 849 017, or 9144 4049

Date	Set up & put away	Hospitality	Reception (2 Rotarians)
14 th Feb	Ross Catterall	Leon Clark	Ian Cameron, John Cameron
21 st Feb	Helen Clarke	John Collins	Phill Comfort, Lucy Dahill
28 th Feb	John Collins	Helen Clarke	Lucy Dahill, Phill Comfort

CLUB & DISTRICT DIARY 2018

18 Feb & 18 Mar 8am-4pm District Office Thornleigh Rotary Leadership Course \$75

21 Feb; 26 Mar; 17 or 18 Apr 12.30-2.00 or 3.00-4.30 Dementia Awareness St Ives RC

23 Feb. 2-4 pm Family Drug Support—Sydney School of Engineering & Mechanics 280 Pitt St

4 Mar. Clean up Australia Day. Contact: Ron Wainberg, 9489 7214, 0418 427 481

7 Mar. 7.30 pm Pymble Players \$25—see Sandy van Dijk, or call 0411 132 807

10 & 11 Mar. District Conference at the Fairmont, Leura

2-9 Mar International Women's Day & Harmony Day—we work again with K-gai Council

25 Mar. Bobbin Head Cycle Classic

28 Mar. Bill Leventhal Breakfast

18 April. Our ANZAC Day meeting

24 April Joint dinner meeting with Turramurra and St Ives Rotary Clubs

5 & 19 May Saturdays The Rotary Leadership Institute 2 day course, as above

5 May The NOVUS Dinner

23 May The Bobbo Presentation Dinner

4 July The Changeover Dinner

SPEAKER'S PROGRAM FOR FEB-MARCH 2018

21 Feb Club Meeting—Kerry Dougherty the author, Australian in Space

28 Feb Club Meeting—RYPEN kids are coming to speak to us

7 Mar Club Meeting—TBA on IWD

14 Mar Club Meeting—Kerrie Dougherty Australian in Space

21 Mar Club Meeting—RYPEN Graduates

PAUL HARRIS FELLOWS:

Link for up-to-date listing—

[Paul Harris Fellows Listing](#)

ANNIVERSARIES

Phil McCarroll 8 yrs 10 Feb

Greg Starr 19 yrs 10 Feb

The Rotary Club of Wahroonga

Sue's Super Heroes & 2017-2018 Board & Committees

BOARD	AVENUES OF SERVICE COMMITTEES
President Sue Owen Past President & IPP & Community Service Director Neil McWhannell President-elect Stuart Armstrong Secretary Greg Starr Treasurer PDG John Cameron	IPP & Community Service Director - Neil McWhannell Team - Stuart Armstrong, Daksh Baweja, Leon Clark, John Collins, Barry Edmundson, John Julius, Peter Kirkwood, Max Lake, Jo-Ann Moffatt, Lynn Varvel, Ron Wainberg International Director - Anne Prescott Team - Jim Fulton, Colin Grundy, Janet Grundy, Richard Jackson, Jo Karaolis, Richard Pitt, Abhi Poudel
LEADERS	
Sergeant Jo Karaolis Archivist/Historian Ken Broadhead Badge Collection John Julius Child Protection Phil Easton, Kerrin McCormack Communications Team Photographer George Richards PR, f & t Janelle Speight Wahroongler Editor Kerrin McCormack Webmaster Ian Cameron Year Book & Asst Treasurer Steve McGregor Insurance Officer Phil Easton Mailbox & Noticeboard Key Holder Greg Starr New Badges Phill Comfort Public Officer Judith Kaine Risk Management & Insurance John Collins Roster & Attendance Len Stanley Rotary Foundation Chair Marg Sachs Speaker's Program Helen Clarke, John Cameron, Phil Easton Welfare Officer Rob Ferguson Asst Welfare Officer Barbara Salisch	Vocational Director - Hugh Burne Team - Ken Broadhead, Ross Catterall, Jo Karaolis, Kerrin McCormack, Jim Verco, John Welch, Alfreda White. Angus M Robinson on leave Youth Director - Bob Howe Team - Christine Biddle, Phill Comfort, Ann Davidson, Lucy Dahill, Phil Easton, Ian Faulks, Ross Grant, Doug Reid, Barbara Salisch, Greg Starr
	OTHER COMMITTEES Bobbin Head Cycle Classic Support Committee Chair - Stuart Armstrong Team - Christine Biddle, John Collins, Jim Fulton, Neil McWhannell, Doug Reid, David Russell, Janelle Speight, Greg Starr Grants Chair - Peter Smith
	Membership Processing & Welfare Chair - Helen Clarke Team - Rob Ferguson, Judith Kaine, Barbara Salisch Partnerships & Fundraising Chair - Jenetta Russell Team - John Collins, Barry Edmundson, Rob Giacometti, Terry Hodge, Dick Webb
	The Ministry of Fun Chair - Rochelle Wiley Team - Phill Comfort, Kerri Hodge, Sandy van Dijk Club members on the Novus Board John Collins, Terry Hodge, David Russell, Rochelle Wiley Hon. Members - Alister Henskens MP, Paul Fletcher MP

LINKS [Bobbo](#) 25.3.18. [Support Café Lyon](#) [Wine Order Form](#)—especially the Chardonnay

Pymble Players *The Blonde, The Brunette & The Vengeful Redhead*, by ROBERT HEWETT

International Women's Day Festival Week (IWDFW) [Rotary Leadership Institute](#)

[District Conference PR](#) [District Conference](#)

[Free Public Education about Dementia](#) & [Upcoming Dementia Seminars](#) with Tim England

[Preventing Dementia Free MOOCS 15.5.18.](#) [Understanding Dementia Free MOOCS 20.2.18.](#)

[Bobbo Newsletter Issue 3](#)

[NOVUS Raffle Progress on Items No 1](#)