

# ROTARY VOTARY

The Rotary Club of West Chester, District 7450
Barry Rassin, International President 2018-2019
Bulletin #5 www.WestChesterRotary.us August 2, 2018

This Week's Program: August 2, 2018
Speaker: Deb Ryan
Stewards of Children

Next Week's Program: August 9, 2018
Speaker: Don Waegel
Chester County Youth and Family Services

## **MINUTES by Winnie Stroup**

President Bill Friedmann opened the meeting. Howard Sundwall gave the invocation inspiring us on gratitude and kindness. The guest speaker, John Nanni, led the Club in God Bless America with his startlingly deep voice. Visiting Rotarians included George Trajtenberg (Sunrise), Marjorie Wentz, and Debi Friedmann (both Passport Club members). Our many guests included: Bill Muller, Lucas Kramer, Nicolas Gotleib, Heather Havinghurst, Jerry Hollow, Bruce Kirk.

Several members were happy. Marjorie Wentz had just returned from a TDA panel on the next generation and participated in ringing the closing bell at NASDAQ. She also, with the help of **Deb Sparre** closed on a property in West Chester. **Cathy Palmquist** is happy about her family reunion with 170 plus cousins at Alligator Point, FL.

**President Bill** shared several Days of Yore tidbits with us.

1775: Ben Franklin was appointed the 1<sup>st</sup> Post Master General of the US and the organization became an official cabinet agency in 1971.

1940: The first Buggs Bunny film was released starting with the words "What's Up Doc?

1974: Allen Olen Esq. was the Club meeting speaker on the topic of No Fault Divorce.

1980: Mike Schmidt hit his 219<sup>th</sup> home run setting a record for the Phillies. (While checking that I wrote down the correct number, I discovered that I can't make sense of baseball statistics.)

1992: **Michelle Venema** was inducted into the Club

1993: 83-year-old Alice Young, described as the daredevil Grandma spoke to the club about skydiving.

**Sue Casso Rogers** showed us samples of Rotary apparel with our club name that will only be available until mid-August. There is a link on the Club web page.

President Bill shared sad news that long time Rotarian Vernon Brewer had passed away. West Chester University is holding an English Language Program from October 7 thru Nov 3<sup>rd</sup> and is looking for housing for the students. Speak to Bill if you could offer room in your home. The next board meeting is on August 8 at the Senior Center at 7:30 AM. All club members are invited to sit in.

**Mickey Hall** had some unfinished business and relished the feel of the microphone in her hand again. She thanked outgoing board member **Cristina Combee** for her service.

**Brad Abel** was at a low in coming up with a quote for the Chili Cook Off: the only Chili Cook Off in 2018. But he recovered by thanking **Jim Gasho** for his sponsorship and encouraging others to sign up teams and donors. He reminded us that donors names can appear on charity flags at the Cook Off. August 8<sup>th</sup> will be a pub crawl starting at Ryan's to sign up restaurant sponsors. The Cook Off is October 14. 2018.

The 50-50 was won by **Christine Wildauer**. She didn't pick the Queen of Spades but last week **President Bill** drew the winning card for the huge pot of more than \$800!

# **SPEAKERS REVIEW by Faith Woodward**

**President Bill** introduced Rotarian John Nanni to speak on Post-Polio Syndrome. There are still 2 million people in North America and 25 million worldwide who suffer from the after effects of Polio. John invited us all to hug or shake hands with our neighbors and then shared that polio was spread quickly this way!

Polio was the most feared malady in the 20th

century yet there is evidence that it existed in Egypt in 1500 BC.

In the 1950s the iron lung was a common treatment for polio that John experienced for one day. His diaphragm had not been affected so he didn't need this treatment simulated breathing for those whose lungs could not fill to capacity without it. Ten people in the world are still on iron lungs. Whole families were quarantined until Salk shared his vaccine (without obtaining a patent).

John was paralyzed from the neck down for 6 months. Had his Mom not given physical therapy, John would not have been able to walk one year later because his muscles would have atrophied. He lived a normal, sports-filled childhood but the effects of polio were very painful.

At the age of 40, he began to experience fatigue, muscle aches, weakness, joint pain, sleep disorders, and swallowing difficulty. This is labeled Post-Polio Syndrome and he is now confined to a wheel chair. Thirty to forty years after contracting polio, 70% of the people experience Post-Polio Syndrome.

To keep polio at bay through Herd immunization, 85% of the population must be inoculated. This will protect those who cannot take the vaccine. Other vaccines are being shunned by the population in this country and we have seen a resurgence of diseases like mumps and measles. Fifteen hundred children die every day of vaccine-preventable diseases.

Bill Gates stated that \$1 of immunizations gets \$44 benefits. Polio Plus was begun by Rotary International in 1985 when there were 150,000 cases in the world. Now there are only twelve, 9 in Afghanistan and 3 in Pakistan. Muslim women are now endorsed to give the oral vaccine. Rotary has immunized 3 billion children, sixteen million cases have been prevented, 1.7 million deaths avoided, and \$2.2 billion has been raised.

John asked that we make Polio Plus a central focus for our club. Oct 24 is World Polio Day. When asked the projection for eradication, John said maybe this year but we must keep up immunizations until 3 years after the last case.



#### ORDER ROTARY APPAREL

Here is an opportunity to display your Rotary pride! You can now order high quality shirts, pull overs and sweatshirts with the Rotary logo and our club name. Check out the website at <a href="www.rcwcapparel.com">www.rcwcapparel.com</a> for all the details and place your orders right away!

#### SAVE THE DATE

Aug 8 Board meeting at Senior Center Aug 8 Pub Crawl for Chili Cook Off

Oct 14 Chili Cook Off

Check out the Rotary Calendar of events at <a href="http://www.westchesterrotary.us/clubcalendar.htm">http://www.westchesterrotary.us/clubcalendar.htm</a> Add events: calendar@westchesterrotary.us

### **THANK YOU**

Copies of the Votary are provided today by **Matt Holliday**, Prothonotary of Chester County

#### THE ROTARY CLUB BOARD of DIRECTORS

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#### **HOW TO GET IN TOUCH**

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