

THE DISTRICT NEWSLETTER



ROTARY DISTRICT 7030. ZONE 34

December 2019

RI President Mark Maloney's Monthly Message



There is no experience quite like attending the Rotary International Convention. Discover the true spirit of aloha and Rotary with your family, friends, and fellow Rotarians from 6 to 10 June in Honolulu. It is the perfect setting for the entire family of Rotary to celebrate, collaborate, and connect.

There are two types of people who enjoy visits to Hawaii — those who have never been to the islands and are about to have unique and wonderful experiences, and those who have had those Hawaiian moments etched into their memories already and cannot wait to create some new ones.

The convention is the best place to find and share your aloha, which you will soon discover is much more than a greeting. Just as Rotary is a way of life for Rotarians, aloha is a way of life for Hawaiians — one that focuses on living in harmony, being patient, treating everyone with respect, and sharing joy with your family, or 'ohana.

Our host committee has arranged some fabulous events for you and your family. This includes a Hawaiian Culture and Lunch Boat Cruise, a two-hour tour that will feature spectacular views of Diamond Head, Waikiki, and the Kahala Gold Coast. On board, you can learn to play the ukulele, take part in hula dancing, and create your own Hawaiian flower lei.

You will also have the opportunity to enjoy a full range of island hospitality events, from small backyard picnics to multicourse family meals. There will be fantastic service projects to see, including two ancient Hawaiian fishponds. And a sunrise Walk for Peace will take place at the beautiful Ala Moana Beach Park, a 3-mile stroll in the shadow of the iconic Diamond Head crater. Inside and outside the convention halls, we are going to hold the most family-friendly convention in Rotary history, including a family-centered opening ceremony and family-focused events in the House of Friendship. The opening session will, of course, include our traditional flag ceremony.

Our 2020 convention will also be a time to celebrate Rotary's historical ties to the United Nations. As I mentioned in my November message, June 2020 will mark the 75th anniversary of the signing of the United Nations charter. On the day before the start of the convention, Rotary and the UN will host our fifth joint event of 2019-20, one focused on environmental sustainability.

In addition, we are planning the greenest convention in Rotary history — and I will share more details about this in the months ahead. But now, go to riconvention.org and click the REGISTER button right below the Honolulu Hawaii 2020 logo. Early registration discount pricing ends 15 December, so do not delay.

Rotary Connects the World in no better way than at the Rotary Convention. Bring your family to meet our family. See you in Honolulu!

December 2019
Mark Daniel MALONEY, President, Rotary International

December is Disease Prevention and Treatment Month

Through global grants, awarded by The Rotary Foundation, clubs and districts participate in strategically focused, high-impact activities in the six areas of focus. For disease prevention and treatment, the goals are:

1. Improve the capacity of local health care professionals
2. Promote disease prevention programs, with the goal of limiting the spread of communicable diseases and reducing the incidences of non-communicable diseases and their complications
3. Enhance local communities' health infrastructure
4. Educate and mobilize communities to help prevent the spread of major diseases
5. Prevent physical disability resulting from disease or injury
6. Support studies for career-minded professionals related to disease prevention and treatment.

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District Governor's Monthly Message



Fellow Rotarians

My family, Michele, Brittany and Brendan, joins me in extending to you warmest Christmas greetings at this joyous and festive season. It is the time of year when Christendom celebrates the birth of its Saviour, Jesus Christ, with lavish festivals and feasts. However, this season is not limited to Christianity. There were a number of pagan festivals associated with the winter solstice, such as Saturnalia and the Sol Invictus, which were celebrated at this time, long before the introduction of the Feast of Nativity. It was only in the 4th Century that the Church, adopting Africanus's calculation of the date of Jesus's birth, 'christianised' these festivals.

Our brothers and sisters of the Hindu faith honour Lord Ganesha in their Pancha Ganapati celebrations, which could easily be mistaken for Christmas festivities, and may well be a combination in some cases. In Islam, while the birth of the prophets (including Jesus) is not typically celebrated, many Muslims would join in the Christmas celebrations. Likewise, many contemporary Jews find ways of fusing Hanukkah, the festival which celebrates the rededication of the temple, with Christmas.

Therefore, regardless of creed, this time of year, is a time of celebration. It is a time of much merriment and joy, as families reunite – coming home from their meanderings, far or near. My own home is alive again, with the sounds of fondly contesting siblings, and with the vibrancy of youth. It is a time of giving; a time of sharing of gifts with family, friends and loved ones.

As Rotarians, however, the extent of our giving should reach far beyond our familial and social circles. True to our motto, Service above Self, we should, in the midst of our feasting and celebrations, and the inevitable accompanying excesses, remember and share with those less fortunate, those in need. I know that most, if not all of the clubs in our District, have a number of charitable outreach activities at this time, including Christmas food hampers and care packages, and monetary and other gifts to individuals and institutions. As individual Rotarians, however, we could all do more. Let us at this time recommit to giving more within our local communities, but also use this opportunity to give to our foremost charity – The Rotary Foundation. This is an opportune time, if we have not already done so, to make good on our EREY commitment.

From my family to yours, we wish you a very Merry Christmas and a healthy and prosperous 2020. Enjoy the holidays!

December 2019
DG Trevor Blake, 7030

Over US\$132,000 Wired To Hurricane Dorian Relief Efforts – Report 4

As at 20th December 2019, US\$132,288.54 has been wired to support the Bahamas disaster relief efforts.

One club is still expected to wire US\$1,000.

A regional organization is also expected to wire US\$7,100 to the Bahamas Disaster Relief Fund.

Upcoming Deadlines

Don't forget the following deadlines are fast approaching:

- Suspended Interact Clubs should report an Interact club advisor by **31 December 2019** or that Interact club will be terminated.
- Submit Challenging Candidate if any for Nomination for District Governor 2023-24 by **29 December 2019**
- Submit Club Project Presentations for the District 7030 Conference 2020 by **31 December 2019**
- Update your records before **1 January 2020** to ensure that RI invoices you correctly. Rotary cannot change the club invoice after it has been generated or accept membership updates with your payment.

District Governor's Schedule

November
7 – 9 Nov DG Visits Trinidad (North)

December
12 – 14 Dec DG Visits Barbados

2020 Visits include:

**Guadeloupe, French Guiana, Trinidad East
Clubs, Suriname and Guyana**

DG Visit in November –Trinidad North

District Governor Trevor Blake paid his annual visit to the North Trinidad Cluster (NTC) from 6th – 10th November 2019. The NTC consists of 5 Rotary Clubs namely: Port of Spain (RCPOS), Port of Spain West (RCPOSW), Central Port of Spain (RCCPOS), Diego Martin (RCDM) and Maraval (RCM).

DG Trevor was met at the Piarco International Airport on 6th November by PAG Rt Major Lawrence Wilson. Later, he was met by AG Gordon Paul and checked into his hotel, The Courtyard by Marriott at Invaders Bay, Port of Spain.

On 7th November 2019, the DG joined the RCPOSW members who visited a project at Diego Martin North Secondary School where a Spanking New Culinary Arts Kitchen was unveiled. DG Trevor also interacted with Interactors at that School. It was followed by a courtesy Call paid on His Worship The Mayor, Joel Martinez at City Hall, Port of Spain, accompanied by the 5 Club Presidents.

The DG also participated in a **Walk For Diabetes** with the Rotaract / CPOS – Interactors followed by “Conversation with the DG” at Nelson Mandela Park. Afterwards DG Trevor held conversations with the Rotaractors over some ‘light’ refreshments

On Friday 8th November, the DG joined the RCCPOS where they visited the Nursery/ Elementary Schools at Beetham Gardens, Port of Spain. DG Trevor was particularly touched by the great work being done at these institutions and congratulated the RCCPOS on their sterling efforts. He attended a joint meeting between the RCCPOS and RCPOSW. He also met with both boards separately on that same day. Later that afternoon he attended the RCPOS Club Project at St James Police Youth Club, an organization run by Officer Derek Sharbodie, where at risk youth can be set on a path of success in life by positive activities and academics. Needless to say, DG Trevor was highly impressed.

On Saturday 9th November, the DG met with the RC Maraval Board and also had lunch with their members. He attended the RC Maraval Project at La Seiva RC Primary School where a New Library and Music Room was unveiled. A formal opening was done one week later with the President Of T&T; Her Excellency Ms. Paula Mae Weeks was the Patron. That evening he attended a cocktail reception at Chancellor Hotel accompanied by Parang Band, Los Jovenes, a popular DJ and young Pannist Diamond Sharbodie. A great time was had by all. DG Trevor thanked all of the Clubs for the wonderful work they are doing, particularly in the area of youth development as that is close to his heart. He encouraged the Clubs to continue in their sterling efforts to bring assistance, hope and relief to the neediest in our society. He also thanked and congratulated the cluster on a well-organized visit.



The Rotary Clubs in St. Kitts Host District 7030 Conference in 2020 By Conference Chairman Charles Wilkin QC

The road to eradicating polio has been a long and difficult one, with Rotary leading the fight since 1985. Going from nearly 350,000 global cases in 1988 to just 10 so far this year has required time, money, dedication, and innovation from thousands of people who are working to end the disease worldwide.

As St. Kitts is the home of Rotary District 7030 Governor Trevor Blake, The Rotary Club of St. Kitts and Liamuiga Rotary Club (Liamuiga being the Carib name for St. Kitts) will host the District 7030 Conference from 22nd to 25th April 2020.

The Rotary Club of St. Kitts (RCSK) is befittingly celebrating its 50th anniversary in this Rotary year, the club having been chartered on July 11th, 1969. In the 50 years the club has played a prominent role in the expansion of Rotary within the Caribbean and in the districting of Rotary Clubs in this region. RCSK sponsored Rotary Clubs in Antigua (1972) and Dominica (1973). RCSK has also sponsored a club in the sister island of Nevis, which is no longer active.

In June 1973 RCSK hosted a Conference of Non-Districted Rotary Clubs in the Caribbean attended by Rotarians from the Bahamas in the North to the Guianas in South America. Over 350 Rotarians and their wives participated in four days of meaningful discussions and fellowship. These resulted in a unanimous decision to request Rotary International to establish a District of the then Non-Districted Clubs in the Caribbean. That request was granted and District 404 became a District of Rotary International.

Another landmark for RCSK was the hosting of the District 404 Conference in June 1981. One of the outcomes of that conference was the splitting of the clubs in District 404 into two Districts: 404 and 405. That decision was made because of the growing number of clubs and the distances involved. District 404 comprised clubs from St. Kitts in the north to Guyana in the south. RCSK hosted the District 404 Conference again in 1989.

RCSK Charter President Fred Lam was elected District Governor in 1991. His achievements in that office included the organization of the first Rotary Friendship Conference in the Caribbean which was held in St. Kitts in November 1992. Rotarians from the USA and Venezuela joined Caribbean Rotarians in this productive meeting which cemented contacts between Caribbean Rotarians and expanded connections with clubs in the USA and Venezuela.

The Rotary Club of Liamuiga (RCL) was chartered in September 2003 and like its older sister hit the ground running as a prominent force for community service in St. Kitts. The island of 40,000 has over 60 Rotarians many of whom are experienced in the hosting of District Conferences.

Despite its relatively small size St. Kitts has the hotel and other facilities required for a conference of this size. The conference hotel is a 488-room Marriott with all facilities. There is an adjacent 18-hole golf course for Rotarian golfers in their spare time and for Partners in Service and others visiting with Rotarians. An exciting programme reflecting the best of the island's unique tourism (combining history and nature with the traditional sea and sand) will be offered to Partners in Service. Fellowship small island style will be a feature of the Conference as a good balance to the formal sessions.

1,700+ Computers Donated to Dominican Primary Schools

Portsmouth, Nov 21, 2019 - The Rotary Club of Portsmouth working with its Canadian partners – the Rotary Club of Lethbridge East and the Rotary Club of Bracebridge, in cooperation with the IT for Dominica Foundation – are celebrating the realization of their goal to provide information technologies to 23 schools in Dominica. Most of the funding for the project came from a Rotary International Global Grant. A donation of more than 1700 used Chromebook computers and other pieces of technical equipment was secured by the IT for Dominica Foundation from partners in Alberta, Canada.

The new value of the donated equipment (Chromebooks, switches, wireless access points, projectors, cables, weather safe cases, transport, and installations) is in excess of \$1.5 million CAD (\$3 million ECD, \$1.1 million USD). Current/used value estimate 1 million CAD (\$2 million ECD, \$0.74 million USD). For the past two weeks a team has been working in schools across the island.

The team includes Hans Schilders and Lise Van de Kamp from the Rotary Club of Portsmouth DM, Andrew and Geri Bronson from the Rotary Club of Lethbridge East, as well as Dr. Maurice Hollingsworth, IT for Dominica Foundation Co-Founder and President and his technical team from Alberta, Canada. This all volunteer team included Jason Yaremchuk, Director of Technology from Northern Gateway Public Schools, Chris Sluggett, Lead Network Analyst from Wolf Creek Public Schools, Jake Cameron, Systems Support Specialist from the University of Lethbridge and Chris Hollingsworth, IT for Dominica Foundation Fundraising Committee Chairperson. Their efforts were fully supported by the Ministry of Education and Human Resources in Dominica and their technical team led by ICT Coordinator, Timothy Lavinier.

The schools were selected by the IT for Dominica Foundation Board of Directors. IT for Dominica has an almost 20-year history working with the Ministry of Education, schools and teachers on the island providing technology-focused professional development through their summer institutes. The selection process involved schools completing a comprehensive online application. Each school was also asked to complete a Community Needs Assessment, gathering input from stakeholders including students, teachers and parents. In total, 38 schools (29 primary and 9 secondary) completed the online application. Of those, 23 also completed the community needs assessment. The information received in each application was carefully considered with a focus on identified needs and the plans each school shared for using the new technologies to improve teaching and learning.

Twenty-three schools were selected to receive learning technology installations as part of the IT for Dominica Foundation/Rotary Global Grant partnership. Each school received Chromebooks, weather safe case(s) for storage - particularly in the event of severe weather - one or more digital projectors, wireless access points, switch(es), and power bars for charging.

Before the Canadian team leaves Dominica on November 23rd, installations will have been completed in 20 primary schools as well as at CALLS, an alternative school for at-risk youth in Portsmouth. Two primary schools that successfully applied are scheduled for major reconstruction and will be cabled and networked once this work is complete. Technologies were also provided to the Dominica Association of Teachers. These will be used to support teachers island-wide as they work to develop skills and access resources to serve higher level learning in their schools. In addition, technologies were provided to Dominica Community High School in recognition of their ongoing support for the work of the IT for Dominica Foundation and as a trial program that will help the foundation explore the use of Chromebooks at the high school level. The foundation has a three-year plan to replace learning technologies in all schools on the island that still need them. Their work over the next year will focus on raising the funds necessary to install technologies in more schools in November of 2020. In addition, the IT for Dominica Summer Institute will be offering professional development to Dominican teachers, in July. This year will mark the eighteenth time that teams of volunteer Alberta teachers have travelled to Dominica to offer summer courses. More information on the foundation, its history and its work in Dominica can be found online at www.itfordominica.com.

The Rotary Club of Portsmouth, DM is the younger of the two Rotary Clubs in Dominica (Rotary Club of Dominica, Roseau celebrates 45 years). Its 21 members, of which 6 live off-island, are still very active with recovery projects post-Hurricane Maria. Apart from the 23 schools mentioned above, they have provided learning technologies to 4 more primary schools and a secondary school. They have also donated new roofs, fish pots, water filters, and various items to primary schools. The RCP Recycle Project was created together with Recycle Rebuild SCIO from Scotland, and currently the club is preparing a diabetes awareness project for the Portsmouth region.

The Rotary Club of Lethbridge East, Alberta, Canada is very pleased to participate in this project. The 28 members of our 59-year-old club fundraise in Lethbridge through our Rotary Roses, Dragonboat Festival and Agricultural Scholarship projects. Funds for this project were then matched by our Rotary District 5360, the Government of Canada and The Rotary Foundation. We are looking forward to participating in the next phase of this project in 2020.

The Rotary Foundation is a non-profit corporation that supports the efforts of Rotary International to achieve world understanding and peace through international humanitarian, educational, and cultural exchange programs. It is supported solely by voluntary contributions from Rotarians and friends of the Foundation who share its vision of a better world. The Foundation was created in 1917 by Rotary International's sixth president, Arch C. Klumph, as an endowment fund for Rotary "to do good in the world." It has grown from an initial contribution of US\$26.50 to more than US\$1billion. It has one of the largest and most prestigious international fellowship programs in the world.

The Rotary Club of Central Port of Spain Serves Beetham Community Kids

The Rotary Club of Central Port of Spain's (RCCPOS's) Service Projects Committee has been an ongoing source of support to the All in One Child Development Centre (AIO) and the Each One Teach One School (EOTO) schools, in Beetham Gardens, Port of Spain (P.O.S.) for over a decade now. Families in this community are primarily female single-parent households with low or no income and a history of minimal, insufficient education to gain meaningful employment.

The club provides assistance to these two schools via infrastructural improvements, furniture and fittings, vision testing, monthly food hampers, stationery and school supplies and educational summer outings. The Club's Adopt A Child program also assists the children in the Beetham Community with school books and supplies, uniforms and school transportation.

Christmas is that magical time when all children look forward to special treats, a present under the tree and Christmas cheer in its many forms. The RCCPOS is grateful for its members, supporters and contributors who made it possible for the children it serves to receive some special joy this Yuletide season.

Our Service Projects Committee collaborated with MovieTowne which hosted a total of 177 children and their guardians for a Christmas outing to the P.O.S. cinema complex. The children enjoyed treats and a film, and the little ones received a goody bag from Santa. The club was also able to raise funds and get donations to purchase and distribute over 120 Christmas toys/gifts to the children and teachers of AIO & EOTO, ably assisted by Anthony Rostant, who did a remarkable job as Santa.

Finally, Christmas Hampers were distributed to those families in the Beetham Community whose children receive educational sponsorship through the Club's Adopt A Child program, which also greatly assists these children to obtain a Secondary School education.



Color to Beat Diabetes

On 16th November, the second phase of the Color to beat Diabetes project was held; a joint project between the Rotaract Club of F.R.E.S.H. and UNICEF Suriname.

The aim was to create more awareness amongst the Surinamese population about Diabetes through an educational mural painting on the outer fence of the J.H.N. Polanen school.

The homage took place at this elementary school, located along a busy road; an ideal location for reaching more people with our message.

During the first phase on 14th November, World Diabetes Day, students from this school were given information on Diabetes.

One More Chance

“One More Chance” is an International Service project in observance of Mental Health Awareness that was divided into two phases.

The first phase took the form of a group discussion where we invited high school and university students to speak about their understanding of mental health. The discussion was hosted by a representative of the Institute of Gender Studies. The participants of this discussion opened up about their personal experiences with mental health and even exchanged self-care tips.

In the second phase, members and guests met to reflect on the discussion. The prominent statements from the discussion were included in a video that was shared with the public.



The first phase of the Color to beat Diabetes Project



A student sharing his experience



Reflecting and gathering ideas



The second phase of the Color to beat Diabetes Project; the educational mural painting.



DISEASE PREVENTION AND TREATMENT

DISEASE PREVENTION

1 billion people

suffer from neglected tropical diseases such as dengue fever and leprosy each year.

TIPS FOR SUCCESS

- 1 Consult with Rotary members who have medical or public health expertise.
- 2 Communicate with local and regional hospitals, clinics, universities, and ministries of health to avoid duplicating efforts and to take advantage of local resources.
- 3 Enlist community workers and health and medical volunteers to perform immunizations.
- 4 Partner with successful community-based health care organizations to strengthen and expand existing services.

TAKE ACTION

Support health education programs that explain how diseases are spread, and promote ways to reduce the risk of transmission.



TAKE ACTION

Help immunize people against infectious diseases.

HEALTH CARE

2.4 million doctors,

nurses, midwives, and other skilled caregivers are needed worldwide.

57 countries

have fewer than 23 health workers for every 10,000 people.

TIPS FOR SUCCESS

- 1 Work with local health centers to develop programs that attract health workers with a variety of skills. A shortage in a particular skill area can burden health center staff and limit the care available.
- 2 Ensure that training facilities are located where the workforce lives and works in order to improve retention rates.

TAKE ACTION

Support continuing education and training for health workers through scholarships, stipends, and public recognition.



100 million people

are pushed into poverty each year by medical costs.

1 in 6 people

worldwide cannot pay for health care.

TIPS FOR SUCCESS

- 1 Focus on providing long-term support for community health centers.
- 2 Partner with global health systems to increase access to equipment, facilities, and the latest health care programs.
- 3 Incorporate innovative technologies such as mHealth, which can be accessed on mobile wireless devices, to extend the reach of health centers.

Improve and expand access to low-cost and free health care in underserved areas.

Registration Raffle!

WIN

a 100% REFUND on your District 7030 Conference registration fees!

To enter, register for District 7030 Conference on or before **January 31st 2020**. Winner will be randomly selected and announced on February 5th, 2020.

REGISTER NOW: www.districtconference7030.com

Merry Christmas

And a Happy New Year!

From Your District Leadership 2019-2020