



RECIPE SUBMISSION FORM (One recipe per page)

Thank you for submitting your recipe(s) for consideration in our new cookbook, *Cooking for the Club: Building Goodwill & Better Friendships in the Kitchen*. The Spindletop Rotary Club of Beaumont has developed a cookbook with recipes from a variety of Southeast Texans. CASA of Southeast Texas will benefit from a portion of the proceeds. Learn more about how CASA advocates for the children in our community by visiting www.casasetx.org.

Please check the category in which you'd like this recipe to appear and use the appropriate abbreviations in your recipe.

- ☐ Appetizers
- ☐ Soups and Salads
- ☐ Main Dishes
- ☐ Desserts
- ☐ Breads, Loaves, Muffins
- ☐ Cocktails & Mocktails

Teaspoon.....tsp.
 Tablespoon.....tbsp.
 Cup.....c.
 Quart.....qt.
 Ounce.....oz.
 Pint.....pt.
 Gallon.....gal.
 Inch.....in.
 Pound.....lb.
 Fahrenheit.....F

Your name:

Name of recipe:

Prep time: _____

Cook time: _____

Servings: _____

Ingredients (be sure to indicate quantity or amount). If you need more room, check box ☐ OVER

1. _____
2. _____
3. _____
4. _____
5. _____

6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____

Cooking instructions (please indicate cooking vessel sizes, i.e. 9 x 12 pan, and be very specific, i.e. "bake uncovered", or "use a slotted spoon to remove...", etc.). If you need more room, check box and continue on back - ☐ OVER - Recipe should not exceed one book page.

Please give a brief description of what this recipe means to you (i.e. What is the tradition behind serving it? Does the dish involve friendships? Any good memories associated with this recipe?) If you need more room, check box and continue on back - ☐ OVER Recipe should not exceed one book page.
