

# Club Roster

Woody Alexander (Kathryn) <b>PH</b>	National Defense	214-679-2060
David Allen (Sue) <b>PH</b>	Chiropractor	972-889-7778
Joe Allinder (Sherri) <b>PH/PP</b>	Ret. Forester	972-989-8682
Mary Bedosky (Matthew) <b>PH</b>	Banking	972-768-0226
David Blanchard (Helen) <b>CM/PH</b>	Insurance	972-690-7678
Tom Brooks (Julia) <b>PH/PP</b>	Content Writer	214-415-2551
Doug Crosby (Cassie) <b>PH/PP</b>	Orthodontist	972-680-9882
Mark Denny (Kathleen) <b>PH</b>	Dentist	972-680-2034
Scott Dunn (Lisa)	Information Tech	214-783-6585
Karen Ellis (Ted) <b>PH /PP</b>	Retired	214-293-3352
Ted Ellis (Karen) <b>CM/PH/PP</b>	CPA	972-644-0244
Darryl Fourte (Wyvonia)	City Gov't	972-974-0591
Phil Foster (Wendy)	Supply Chain Mgmt	980-475-5934
David Frazee (Barbara) <b>PH/PP</b>	Optometrist	972-699-4141
James Grogan	Dentist/Retired	469-585-9622
Jim Henderson (Eleanor) <b>PH/PP</b>	Federal Government	972-234-4587
Kathy Higgins (Randall) <b>PH/PP</b>	Principal	469-593-8570
Steve Hull (Charlotte)	Financial Consultant	817-881-0838
Tom Hummel (Debbie) <b>PH/PP</b>	Auto Equip Leasing	214-691-2636
Byron Johnson (Robbie) <b>PH/PP</b>	Ins. Prop & Casualty	972-346-4123
Keith Kockler (Kelli)	Law Enforcement	972-744-4958
Rick Kimball (Debby)	Manufacturers Rep	214-232-2029
Bill Krueger (Lydia)	Lawyer	512-470-3054
Bill Latham (Shirley) <b>PH</b>	AC/Heat	972-497-6012
Kenneth Lawrence (Emily)	Insurance/Banking	214-326-9173
David Loughridge (Beverly) <b>CM/PH/PP</b>	Senior Active	972-424-6108
Bruce MacPherson (Pamela) <b>(PRES)</b>	Performing Arts Mgt	214-801-6679
Chuck Manthey (Arlene) <b>PH/PP</b>	Investment Advisor	972-669-4102
George McKearin (Dorothy) <b>PH/PP</b>	Attorney	972-889-3825
Wendall Ritz (Donna) <b>PH/PP</b>	Credit Union	972-705-4832
Gwen Savant	Realtor	469-855-0177
Chad Sayers	Finance	214-450-5271
D. Schieferstein (Susan)	Livery Service	972-437-3565
Ken Schwartz (Melinda) <b>PH/PP</b>	CPA/PHS	214-692-7181
Monica Scott (Glenn) <b>PH/PP</b>	Retail Advertising	214-912-8628
Kenn Smith (Kaye) <b>PH</b>	Retired	972-661-8677
Langford Sneed (Norma) <b>PH</b>	Pharmacist	214-686-5714
Darwin Spiller	Education	214-770-0456
Jeannie Stone	Education	214-232-6385
Per Treven (Andrea) <b>PH/PP</b>	Telecommunications	972-583-8273
Bill Walker (Ann) <b>PH/PP</b>	Structural Engineer	972-680-0874
Faye Willis (David) <b>PH/PP</b>	Travel Agent	972-994-9484
Ron Wilson (Karen)	Financial Advisor	214-803-8423
Theresa Yarbrough	Education	469-766-7129
Bill Zeigler (Jan)	Electrical Engineer	214-886-5634
Scott Zimmerman (Elana)	Entrepreneur	512-963-9274

CM (Charter Member) PH (Paul Harris) PP (Past President)

In Memory: RERC HONORARY Members:

Volney Shields 1925-2008

Dot McCalpin 1924-2011

**THE REGISTER** was chosen “Best Bulletin” among mid-sized clubs in District 5810 for the past two years.

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**THE REGISTER**

**Richardson**  
**EAST ROTARY CLUB**

**Today's Program**  
April 13, 2016

**Becoming Vegan**  
Melissa & Marcus King

The Kings made a complete transition to a Vegan diet in about September 2012. A month later, Melissa started a blog on the subject and has been going strong with it since.

You can find her stories at [mywholefood-life.com](http://mywholefood-life.com).

Melissa had been a vegetarian for 16 years before making the switch. She and Marcus extol the virtues of their diet and the results for themselves and their children.

Melissa started the blog to share the family results and tell others about the lifestyle change. She is the author of two cookbooks.

**INSIDE -**

- Vegan vs Vegetarian
- New Members
- District Conference Info

**2015-2016 Rotary Theme**  
**"Be A Gift to the World"**

# Two New Members Inducted

The club welcomed two new members recently. Dr. Jean-nie Stone is a transfer from the Wylie East Rotary Club. Dr. Stone recently joined the Richardson ISD as Deputy Superintendent.

On the same day, Dr. James Grogan was inducted. Dr. Grogan was a member of the Dallas Rotary Club from 1993 to 2005.



He left that club when he began practicing dentistry in Little Elm. He has since retired and expressed interest in becoming more involved in the Richardson community.

## DATES TO REMEMBER

- **April 20:** Teacher Appreciation Day
- **April 27: Dr. Zsuzsanna Ozsváth**  
The Price Of Prejudice And The Legacy Of A Local Holocaust Survivor
- **June 15:** Mark your calendar as this will be our annual celebration and installation banquet in the evening at the Richardson Woman's Club. No regular lunch meeting that day.



## ROTARY DISTRICT 5810 CONFERENCE April 28 – May 1, 2016

**Hilton – Dallas Lincoln Center**  
District 5810 Hotel Reservations  
at 1-800-774-1500 (Code RDM)

### Register for District Conference

Full Registration \$275  
Includes all Meals, All Club Luncheon,  
and A Quiet Affaire

### A'la Carte Registration

All Club Luncheon - \$55  
A Quiet Affaire - \$150

## Vegan vs Vegetarian

This is a topic that can become controversial.



Related to diet only, neither a vegan nor a vegetarian eats meat. Vegetarians often will eat eggs, cheese and other dairy products. Vegans will not eat any product derived from an



animal, including honey. Some vegans go further and do not use any animal derived products, including fur, leather, wool, etc. They do not condone the use of animal testing.

### Birthdays/Anniversaries (Before Next Regular Meeting)

**Birthdays:** David Allen, 4/10\*

**Anniversaries:** Ron & Karen Wilson, 4/10\*  
Per & Andrea Treven, 4/19  
(\*Apologies for missing these last week)

Our program next week will be  
**Teacher Appreciation Day.**  
Let's have a large turnout as we honor  
outstanding teachers from Forestridge  
Elementary School.

### 2015-2016 Officers and Directors

#### Officers

President..... Bruce MacPherson  
President-Elect ..... Bill Zeigler  
President Nominee ..... D Schieferstein  
Secretary ..... Gwen Savant  
Treasurer ..... Ted Ellis  
Sergeant-at-Arms ..... Scott Dunn

#### Directors

Club Administration..... George McKearin  
Club Service/Webmaster..... Per Treven  
Public Relations/Bulletin Editor ..... Tom Brooks  
Foundation Representative..... Charles Manthey  
Youth Service..... Theresa Yarbrough

#### Chairs

Vocational..... Amanda O'Neal  
Community ..... Karen Ellis  
International ..... Woody Alexander  
Fund Raising ..... Monica Scott  
Programs ..... Scott Zimmerman  
Past President..... Kathy Higgins

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Chartered September 1985

## Meeting Assignments

**Greeters Today:** Ron Wilson, Theresa Yarbrough  
**Greeters 4/20:** Joe Allinder, Bill Zeigler  
**Prayer, Pledge, Today:** Darwin Spiller  
**Prayer & Pledge 4/20:** TBA