



Club of  
Gawler Light

District 9500 | Chartered 10 July 1996

## Bulletin Edition #1194(cv3): 7 April 2020

**President:** Bron Anderson | **Secretary:** David Cockshell | **District Governor:** Jane Owens | **RI President:** Mark Maloney

### **President's Message:** Bron Anderson

It's Easter. A time when we should be coming together, enjoying the company of our friends and families - but it's different in 2020. The message has come through strong and clear. Stay home. Work from home. Don't travel. Use technology.

I'm going to be honest with you. Adjusting to the changes has been difficult for me. I'm struggling. I've been frustrated. I've exploded. Sometimes it feels like the four walls of my home office are closing in on me. I know I'm not the only one who feels this way. The pressures of life are coming down on all of us hard. So, I wanted to share 5 things that I'm grateful for this week –

My morning walks. It helps me to clear my head before I get stuck into the day. I listen to a podcast while I walk such as [The Goal Digger](#), [She's On The Money](#), [Confessions of a Train Wreck](#) or even [True Crime Conversations](#).

The ability to connect with other Rotarians via the District Zoom Meeting on Monday evening. Very informative but also a lot of fun! Hopefully there'll be more like this.

Guided meditations – sometimes I struggle to fall asleep, my brain doesn't want to turn off. I use the '[Insight Timer](#)' app and select a track to help me relax. Best part is it's **FREE**!

The funny videos that are being created around the world during this time of crisis. Here are a couple I've seen this week: the 'Family Lockdown Boogie' - <https://bit.ly/2Rwlr4>, 'Hello from the Inside': <https://bit.ly/2VnmWfb> and of course [Do Re Mi – Covid-19](#).

An email received from former member and District 9520 Secretary **Peter Maas** who enjoyed reading our Bulletin. Many thanks to **Greg M** for keeping the bulletin going! Please keep your contributions coming.

Feel free to share with me or the whole club what you're grateful for in this difficult time.

At the start of this Rotary year, I said during my Changeover speech, that "whatever we do, we do it together". We can be together using technology and hopefully soon we'll be able to host a Zoom meeting for the club. **Stephen A** has offered his assistance with members who are a little unsure of how to get Zoom working/set up.

And before I forget, wishing **Roger F** a very happy birthday for Friday the 17<sup>th</sup>.

Take care everyone, stay safe, stay home but above all this, keep in touch.

*The Rotary Club of Gawler Light  
aims to provide enjoyment and foster  
fellowship between Rotarians and  
others through projects to improve*

PO Box 1577, Gawler SA 5118

**Meetings:** Most Tuesdays 6.15pm for 6.30pm meal, (Optional)  
7.15pm for 7.30pm meeting

Venue: Gawler Arms; 102 Murray St, Gawler SA 5118.

Email: [president@gawlerlightrotary.org](mailto:president@gawlerlightrotary.org)

Website : [www.gawlerlightrotary.org](http://www.gawlerlightrotary.org)

Facebook: [www.facebook.com/gawlerlightrotary](https://www.facebook.com/gawlerlightrotary)

Instagram: [@gawlerlightrotary](https://www.instagram.com/gawlerlightrotary)

### **Blasts From the Past:**

#### **Changeover:** President Elect Dick Milner

DGE David Jones has agreed to attend our changeover to respond to the toast to RI. This, if it goes ahead, will be at the Gawler Arms on Friday 3Jul20. David has committed to visit every club in the district as we used to do but a bigger job than in the past as twice the number of clubs.

Because of this and also as we are a Tuesday night club I have told him that this can also be his official visit (take note board).

Tuesday evening is by far the most popular meeting time for clubs in South Australia. When I was DG I had finished my visits every other night but still five weeks to go on Tuesdays.



Martin Monument presenting Naomi Tucker with a Youth Award April 2007

#### **District Dues:** Dick Milner

The proposed district dues for next year are \$100.00 per member. This reflects a slight increase in Dues for former members of D9500 and a slight reduction in Dues for former members of D9520.



Former Stock Agent November 2008

#### **Welcome to the Rotary Club of Gawler Light Youtube Channel:** Stephen Arthur

This is an unlisted channel at this time, but we can make it public in due course.

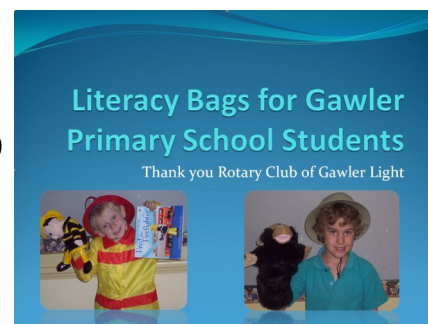
Click on the link to see the first video we have uploaded : [https://youtu.be/D\\_v7vSsHi5A](https://youtu.be/D_v7vSsHi5A)

Please hit subscribe to the channel if you can (not sure under what conditions you can subscribe).

Bronwyn, Susan and myself are the "owners" of the channel for now. Please let us know if there are further videos you would like uploaded.

Let's get creative and see what we might be able to put up there !

Literacy Bag August 2009



Rotary Young Driver Awareness December 2011

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**Instagram:** @gawlerlightrotary

### Guess Who?

TTG Apex Club weekend at Pt Elliott several, perhaps many years ago.



### Zen and the Art of Social Distancing and Isolating

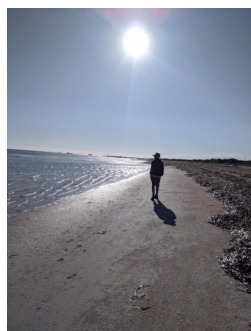
There was an article in The Australian last week which quoted an SA Government source:

"We are quite happy for people to go to the beach, get out for a walk, go fishing or kayaking, as long as they obey all the social-distancing requirements and don't do it in large numbers."

There was no mention of doing rather large jigsaw puzzles but there are beaches relatively close to Gawler where it is a challenge to see other people.



Please send in your own isolation and social distancing photos for future Bulletins.



### Rotary News:

Whilst the world is grappling with the coronavirus, the long running battle against polio continues. On the 31 January 2020 two polio workers in Pakistan were killed close to the border and the tragedy underlines the tough conditions that exist in the corridors between Pakistan and Afghanistan. Rotarians in the area responded immediately, offering assistance to the families of the two victims. Rotary International past Vice President Mike McGovern (Chair, International PolioPlus Committee) reacted immediately and advised that he will lead a delegation of senior Rotary leaders to meet with Pakistan Prime Minister Imran Khan and the chief of the Pakistani Army in Islamabad. "We will emphasise the need for their full cooperation and support to ensure our community-based vaccinators are safe – and also underline the importance of ongoing vaccinations in the fight to end Polio," Mike said. New oral polio vaccine ready to go But Mike's statement was not all bad news. He reported that the new oral polio vaccine, under development for 10 years thanks to funding from the Bill and Melinda Gates Foundation, is ready to go! "We are awaiting final approval, but manufacturing is already underway, with 100 million doses expected to be ready on July 1 – and a further 100 million by year end," Mike said. "The indications from testing the vaccine is that it will eliminate the incidences of vaccine-derived cases that have become more prevalent in the past 12 months." The other polio news highlight came from Rotary's major partner Bill Gates. He announced that the Bill and Melinda Gates Foundation will continue matching donations to Rotary's PolioPlus program two to one, up to US\$50 million for the next three years.

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