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**2019-20 Issue 17 Meeting No. 3200**  
**24 October 2019**

**The news journal of the *Barossa Valley Rotary Club***

## Club Information

Every Thursday at 6.00 PM for 6.30 Start

The Clubhouse

45 Macdonnell St

Tanunda, SA 5352

Australia

Phone: 0418 856 569

Email: [secretary@barossavalleyrotary.org](mailto:secretary@barossavalleyrotary.org)

 [District Site](#)

 [Venue Map](#)

World President: Mark Daniel Maloney  
District Governor: Jane Owens  
Club President: Keith Millington  
Club Secretary: Sandie Simons

**The Four-Way Test  
of the things we Think, Say or Do.**

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL & BETTER friendships?
4. Will it be BENEFICIAL to all concerned?



**Invocation:**

Oh lord and giver of all good, we praise thee for our daily food.

May Rotary Friends and Rotary ways help us to serve thee all our  
days.

**PLEASE REMEMBER TO ADVISE MARIE ROTHE OF  
APOLOGIES (MEMBERS) AND ATTENDANCES  
(FRIENDS/PARTNERS) EACH WEEK  
(Ph: 8563-2156 Mob: 0411 524 156)**

**Hiking the Heyesen - Josh West**



**Speaker Josh West with parents Rotarian David West and Valerie West**

It is always wonderful to hear of the successful exploits of Rotarians or members of their families and last Thursday night was just such an occasion where speaker Josh West spoke about the wonders, and sometimes perils, of the Heyesen Trail.

He began by outlining his goals for doing the hike. One, walk the Heysen Trail; this meant setting out a day-by-day itinerary so he knew how far he'd have to walk each section and devise a re-supply plan. Two, raise money and awareness for the Black Dog Institute; wanting to give back to the community, Josh spoke to people and discovered how widespread depression, anxiety and other mental health issues are. Three, document his journey; Josh used a DSLR camera, iPhone, GoPro and a drone to capture the highlights and stunning scenery on his way along the trail.

While candidly admitting to feelings of isolation during the months on the trail, Josh certainly imparted a sense of wonder to us all listening at the scenery, animal life and diversity of the Heysen Trail. As he spoke pictures of what he saw were displayed behind him giving Rotarians a first-hand look of what he was telling us about.

He spoke of physical discomfort; stress on his hips, legs, butt, back and neck which in the first week were almost unbearable but did improve. He spoke of parts of the journey being mundane and monotonous, exhausting and confusing, of awful bland food, of fatigue and hunger. At this stage I was wondering why someone would tackle such a feat. But then he spoke of how he learned to take the positives out of every situation, how he learned to focus on your accomplishments no matter how big or small and a sense of fulfilment which came over him. He described the journey in one word - Transformative.

All in all, Josh walked 1,127km in 59 days. He wrote 58 journal entries. He lost 5 kgs whilst carrying 23 kgs each day. He stayed in 31 campsites, 10 hotels, 11 free huts, and two residential houses. He raised \$12,045.74; \$270 from sponsors, \$880 from community walks, \$1,040 from Rotary and \$9,855 from public donations. He thanked our club for our much appreciated generosity.

What does the future hold? Josh said he'd transformed from a 9 to 5 worker into a long-distance trail walker. He plans to hike WA's Bibbulmun Track to NT's Larapinta Trail. He aspires to write a book some day but for now will take on the duties of magazine editor of Friends of the Heysen Trail' Trailwalker Magazine. Personally, I think it will be good reading!

Thank you Marie Rothe for the following report of meeting 3199.



**Rotary Meeting No. 3199  
Held at Tanunda CFS Station  
Thursday 17<sup>th</sup> October**

Keyneton 'Firie' RTN Mark Graetz, introduced RTN Rick Kessner, who is also in charge of the Tanunda CFS Unit.

He gave us a brief outline of the Station and the people of the Unit.

Tanunda District Council approved the registration of Tanunda EFS Organisation 11<sup>th</sup> October 1960.

Currently there are 37 Members consisting of 21 Firefighters; 7 Operational Support; and 9 Cadets in training.

This Station is one of the Northern Barossa Group – with Nuriootpa, Angaston and Truro. They are under the direction of SA Regional Headquarters. They work in with Tanunda MFS in the township, when needed.

On average they attend 145 incidents a year.

They have two tankers: 'Tanunda '34P' used predominantly for structure fires, road accidents etc and 'Tanunda 24' used mainly for bushfires. At the Station they have a radio room equipped with UHF, VHF and Link to Adelaide Headquarters and the trucks in the field of operation. The whole building looked beautifully organised with big screen notification to follow proceedings,

different fire-fighting uniforms - boots, hats etc for each member, depending on type of fire to be attended, in a state of readiness to go. We were given a comprehensive guided tour by 5 'Firies' in attendance and later a demonstration of the dreaded 'Burn Over' using Tanunda '24' truck. The '24' has Cabin Deluge System (sprays water over truck cabin); in cabin breathing system, a remote monitor and drop-down safety window curtains and rugs to protect the crew. Water also sprays the tyres and the road in front.

The older truck - '34P' (13yrs old) doesn't have these features but has other equipment. We saw 4 sets of breathing apparatus, chain saw, generator and the 'Defib', which our Club had presented to them. CFS is in the midst of retrofitting or replacing these older trucks, but it is a massive and costly exercise. The five 'firies' who gave up their evening to show us their Station and equipment, demonstrated just how passionate and disciplined they all are. All have day jobs - Cooper, Vigneron, school teacher, retired paramedic etc.

We were all looked after with a yummy dinner by Chef Peter Sich; chief workers and organisers Bill and Sandie Simons and Rotarian helpers - a big thank you! The evening was certainly an eye opener for some of us.

**Congratulations Tanunda CFS and we wish you a great day on Sunday 20<sup>th</sup> for your 'Open Day'.**

## **Announcements**

**Remember to diarise and consider getting a table together for the Spring Lunch.**

Date - 3 November 2019.

Where - Tony Robins' house in Penrice Road.

Cost - \$35

BYO - chairs, cutlery, plates, drinks. No wine will be available for purchase.

Races will be called as per the Clayton's Cup.

Hat Competitions; prizes for best male and best female

Auction and raffles

Anyone wanting to purchase tickets and pay direct:

BSB 105024

A/C 033200940

PLEASE ADD YOUR NAME TO THE DEPOSIT

\*\*\***NEWSFLASH**\*\*\*

The Spring Luncheon will go ahead as planned due to a huge response after last Thursday's (impassioned) announcement that it was in danger of cancellation. Thank you everyone who replied. If you haven't yet got tickets but wish to attend, please contact Bill Simons ASAP, or pay online, details above.

**Birthdays**


Geraldine Fiebieger -  
31 Oct

**Anniversaries**

None

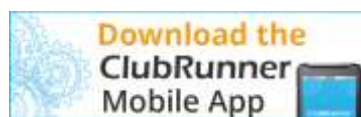
**Attendance Report 1 August 2019**

Total Club Members Attending	35
Total Friends Attending	2
Partners Attending	1
Visiting Rotarians	1
Guests Attending	4
Apologies/Leave of absence	15

Duty Roster		
	<b>3201</b> <b>3 November</b> <b>Venue: Penrice Rd</b> <b>Spring Luncheon</b>	<b>3202</b> <b>7 November</b> <b>Venue: The Clubhouse</b>
<b>Invocation</b>		Ray Fiebiger
<b>Loyal Toast</b>		David Adams
<b>Sergeant</b>		John Little
<b>Chairperson</b>		P. Maitland
<b>Speaker</b>		Oscar Seppelt

<b>Subject</b>		NYSF
<b>Rotary Info</b>		Grant Schuyler
<b>Bulletin</b>	Roxane Canning	Roxane Canning
<b>Setting Up</b>		Graeme Lawrie
<b>Cashiers</b>	Marie Rothe & Bev Stephenson	Marie Rothe & Bev Stephenson
<b>Clothing Bins</b>	<b>31 Oct - 14 Nov</b>	<b>31 Oct - 14 Nov</b>
Angaston	P. Graetz	P. Graetz
Nuriootpa	P. Perkins	P. Perkins
Tanunda	G. Schrapel	G. Schrapel

***NOTE: MEETING NO. 3201 IS THE SPRING LUNCHEON.  
NO MEETING THURSDAY, 31 OCTOBER***



**"It is well known** that a **vital ingredient** of success is not knowing that what you're attempting can't be done. A person ignorant of the possibility of failure can be a half-brick in the path of the bicycle of history."  
Sir Terry Pratchett



This email was sent to Marie-Louise Lees by Roxane Canning  
Rotary Club of Barossa Valley | PO Box 251 | Tanunda | SA | 5352



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