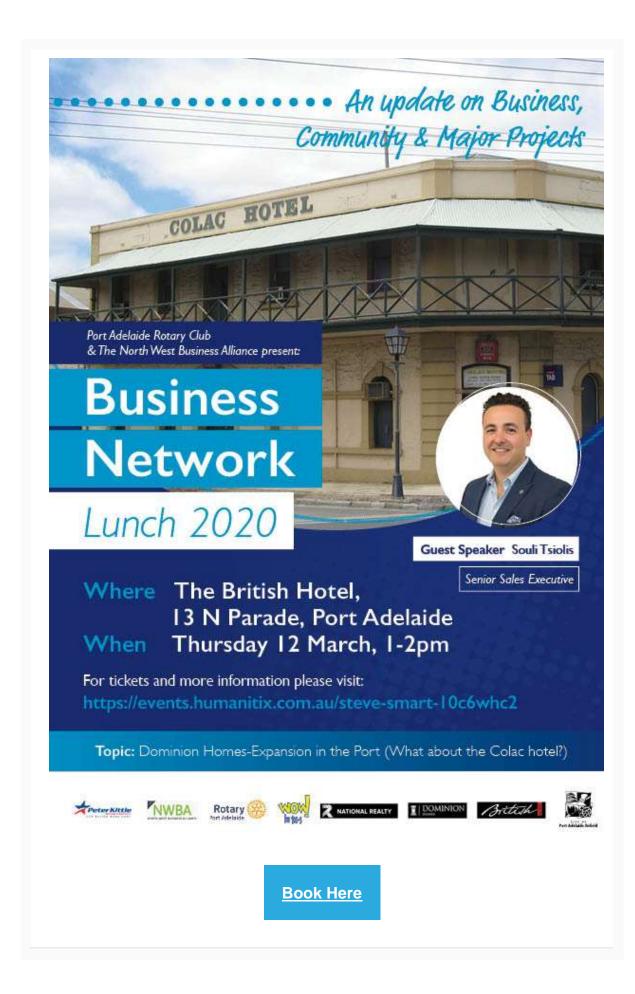
The Port Adelaide Rotary Club Bulletin, March 5, 2020

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Open For Business

(Networking Breakfast)

Rotary

Port Adelaide

let's da Rus

The British Hotel

Thursday 26 March 7.30-8.30 am

Everybody Welcome

- Network with others
- Talk about your business
- Create business opportunities Coffee & Croissant-\$12 Please book for catering purposes



Land Tax

Book Here





FRIDAY 6TH MARCH 2020, 0900-1330 - THE ADELAIDE BUSINESS HUB. 6 TODD ST PORT ADELAIDE SA 5015

"THE COST OF CARING" - SECONDARY/ VICARIOUS TRAUMA WORKSHOP & NETWORKING LUNCH

"IECONDARY TRAUMA" DR "VICARIOUS TRAUMA" AKA "THE COST OF CARING" IS OFTEN THE EFFECT OF WITNESSING A PERCEIVED TRAUMATIC EVENT. THINK ABOUT IT LIKE THIS "THE EXPECTATION THAT YOU CAN BE IMMERSED IN SUFFERING & LOSS DAILY AND NOT BE AFFECTED BY IT IS AS UNREALISTIC AS WALKING THROUGH WATER, EXPECTING NOT TO GET WET" IN TODAY'S SOCIETY WE ARE WITNESSING MORE HORRIBLE AND CONFRONTING NEWS AND EVENTS THAN EVER VIA MEDIA AND THE INTERNET.

THE CURRENT BUSH FIRE SEASON HAS HAD A RIPPLE EFFECT ACROSS THE WHOLE OF AUSTRALIA EXPOSING MANY PEOPLE TO DANGER. RISK OF DEATH, AND OTHER FLOW ON EFFECTS CAUSING FLAR FOR THEIR FUTURE WHICH WILL BE FELT FOR A LONG TIME TO COHE EVEN IF YOU HAVEN'T BEEN DIRECTLY AFFECTED, IT'S LIKELY YOU'LL BE SUPPORTING SOMEONE WHO HAS BEEN AT SOME POINT THIS YEAR.

THE AIM OF THIS WORKSHOP IS TO PROVIDE AN UNDERSTANDING OF HOW SUCH TRAUMAS CAN AFFECT THOSE OF US IN SUPPORTING ROLES. IN THE COMMUNITY AND IN OUR BUSINESSES AND HOW TO REDUCE 'COMPASSION FATIGUE'. IT WILL BE PRACTICAL, PRAGMATIC AND HAVE 'TAKE AWAY'S' FOR ALL BUSINESSES.

TICKETS \$85.00 NWBA MEMBERS \$120.00 NON-MEMBERS (INCLUDES LUNCH) TO REGISTER: https://events.humanitix.com.au/thecostofcaring

Book Here

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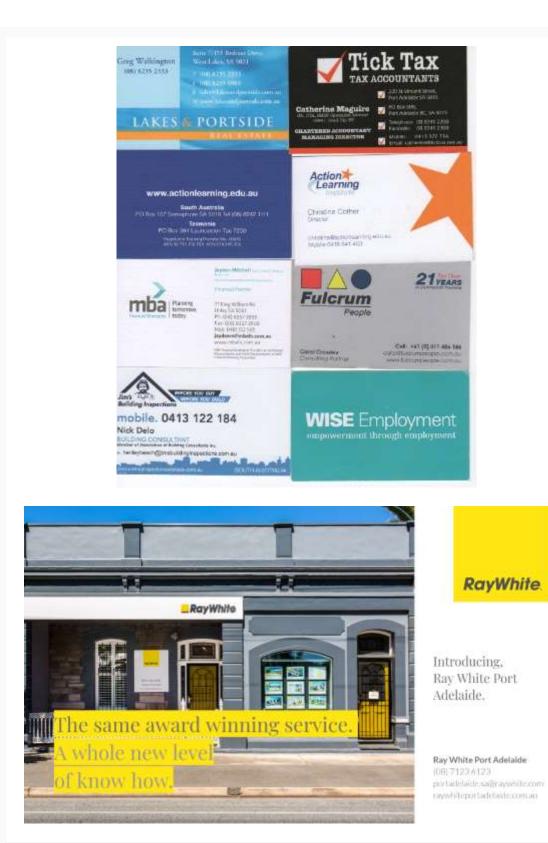
Proudly serving Adelaide's north-west community since 1887.

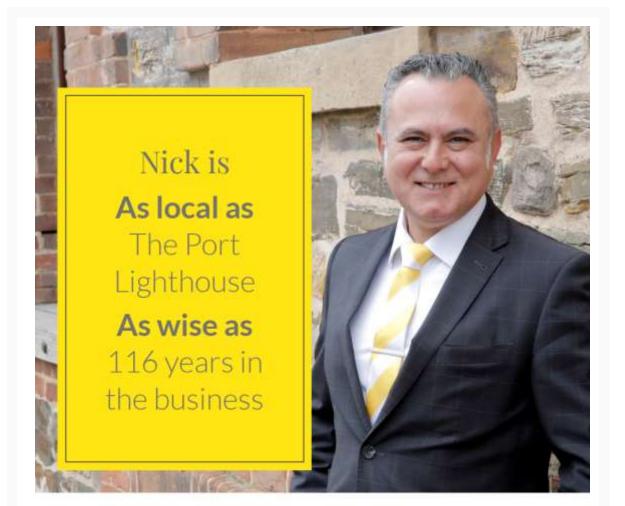
- Wills & Estates
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- Criminal, Police and Traffic matters

235 St Vincent Street, Port Adelaide SA 5015 (08) **8447 4466** ptadel@scammell.com.au www.scammell.com.au









Nick Psarros | 0400 506 555 raywhiteportadelaide.com.au

Facebook

Port Adelaide Rotary Club

Use the link below to go to the Port Adelaide Rotary Club Facebook page.

Check it Out

Website

Port Adelaide Rotary Club

Use the link below to go to the Port Adelaide Rotary Club Website

Click Here



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Advertise in our Newsletters



Rotary & NWBA members: \$150 Non-members: \$250

- Distributed twice a week
- Potential audience over 1,500
- Support Rotary to support your community



Proudly supporting the 2019 North West Business Awards





Phone Rod - 0414 471 814

SUMMER BREEZE

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MEETING SCHEDULE

THIS THURS (5th March)

British Hotel 1pm AGM & Open Board Meeting

THURSDAY 12th March

Business Networking Lunch British Hotel 1pm Speaker: Souli Tsiolis Dominion Homes - Expansion in the Port

THURSDAY 19th March

No meeting, social day on Saturday instead.

SATURDAY 21st March

Social day "Crab Fest" Home of Rod & Pat Newell Port Parham 10am for morning tea

CLUB MEETINGS: BRITISH HOTEL

13 North Parade, Port Adelaide

- Open Board meeting 12.30 for 1pm in week 1 of each month
- Business Network meeting 12.30 for 1pm in week 2 of each month
- Social meeting 5.30 for 6pm in week 3 of each month
- Open For Business (Networking) breakfast 7.30 to 8.30am last Thursday of each month
- For information
 contact Steve on 0407248127

CLUB OFFICE BEARERS

President Wade Bekesi Past President Steve Smart Godfrey Evans Secretary Treasurer Wayne Gould Directors Business Lunches Steve Smart Rod Newell Fund Raising International & Brian Windle Community

then crabs & other food \$30 per head. BYO drinks and salad or dessert/cake

New Generations/ Vocational

MEALS ON WHEELS ROSTER

On the day you are rostered for duty

kitchen on 84475171 before 9.15am.

If unable to attend, please arrange a

kitchen. For emergency help contact

substitute yourself and notify the

Report to the kitchen in Langham

please confirm by phoning the

Place by 10.45 a.m. on the

Wednesday.

Godfrey on

0424286490

Bob Buchanan

Greg Walkington

THURSDAY 26th March

Open For Business Networking Breakfast British Hotel 7.30am

LEAVE OF ABSENCE

Brian Windle: Feb 24 to March 19

IMPORTANT DATES

CRAB FEST

Saturday 21st March

Home of Rod & Pat Newell Port Parham. The event was postponed from Feb 25 to March 21

4th March	Godfrey Evans
11th March	Wayne Gould
18th March	Greg Walkington
25th March	Steve Smart
1st April	Brian Windle
8th April	Geoff Parker
15th April	Rod Newell
22nd April	Godfrey Evans





It's Beach and Burger time in Adelaide!

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BRIOCHE

25

Our ever popular, delectably buttery and delicious gournet hamburger bun, available as a 10cm (packs of 30) and a 12.5cm bun (packs of 60), also available as Hotdog buns (packs of 12)

SPINACH new

A soft, light bun, made using real spinach, a great "healthy" looking burger, perfect for a breakfast bun with eggs and bacon and a side of smoked salmon, it will also make a great Vegetarian themed bun loaded up with a grilled field mushroom, tomato and fresh lettuce. Vegan friendly, available as a 10cm (packs of 30)



A potential social media star – this could be a spectacular point of difference on your menu. Made using squid ink, it gives a light nutty flavour to the soft, delectable black bun. Great as a regular hamburger, it would also work perfectly for a seafood burger. Vegan friendly, available as a 10cm (packs of 30) and a 12.5cm bun (packs of 60)



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BEETROOT new

Our stand out pink bun, soft and light, great for an all Aussie burger loaded up with classics like egg and fresh beetroot. It's also a perfect Valentine's Day promotion in the making. Vegan friendly, available as a 10cm (packs of 30)



A soft, light, melt in your mouth bun, great as a breakfast bun with bacon and egg, as a vegetarian bun with a grilled field mushroom, or just as an alternative to the regular brioche bun that is Vegan friendly, available as a 10cm (packs of 30)

The Skala Difference: All natural colour from the ingredients (no additional colour added), Preservative Free, Made fresh overnight and delivered within hours to your door.



MILK BUNS new

A soft, light bun with creamy colouring,

a light alternative to our popular brioche bun available as a 10cm

(packs of 30)



Friends of the Rotary Club of Port Adelaide

Our Friends:

- Have no obligations of attendance or subscription
- Have supported the Rotary club in some way
- This may include financial support, in-kind support or volunteering support

You can:

- Attend any Rotary meeting
- Participate in our service activities
- Join us at our social events
- Help us to strengthen our relationship with the community

We will:

- Send you a weekly copy of our Bulletin
- Occasionally ask you if you can support or help us with our service activities

If you would like to become a Friend of Rotary and help us you can contact:

Past President Steve Smart on 0407248127 or

<u>ssmart@senet.com.au</u>

ROTARY CLUB OF PORT ADELAIDE

P.O.Box 82 Port Adelaide, South Australia 5015 Chartered 3rd July 1946 R.I. President: Ian Riseley District Governor:Jane Owens

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