



International Women's Day

March 8th, 2016

2015-2016 Board of Directors and Chairpersons

President, Ginny Hayward President Elect, Jonathan Kurohara Past President, Becky Savell Secretary, Deb Holler Treasurer, Hal Ward Sergeant at Arms Mike McGuigan Club Service, Kelly Gaines Community Service, Christina Orta Membership, Terry Marvin Club Programs, Tristian Rodriguez Foundation, Allan Mann Youth Service, Darryl Nind Youth Service, Sharon Lorkowski International Service, Rocky Rhodes International Service, Sharon Austel Vocational Service, Dan Rosen Vocational Service, Kate O'Brien Newsletter, Jonathan Kurohara Webmaster, Becky Savell Grants Chair, Michele Neff Hernandez Allocations Chair, John Lindsey Attendance Chair, Jack Parfitt Public Relations Chair, Dana, Apple-Coolures

DIRECTORS—Kelly Gaines, left, and Dr. Tracey Young are the newest board members of the non profit Free Clinic of Simi Valley





President Ginny led a raucous celebration of Women's Day by dancing to "I am Woman" much to the delight a her fellow male club members.





Free clinic welcomes new board members

Kelly Gaines and Dr. Tracey Young have joined the board of directors of the Free Clinic of Simi Valley.

Gaines, homemaker and community volunteer, became aware of the Free Clinic through her father in law, the late Dr. Elvin Gaines, who was a volunteer at the clinic.

Gaines is a member of the Rotary Club of Simi Valley - Noon Time and the finance chair for the Ventura Community Leadership Council for the American Cancer Society.

Simi Valley Acorn on March 4th, 2016



There were many Happy Bucks for our hero Rocky and the Student of the Year, Sarah Chaffin. Deb was happy for Rotarians helping with Rocky's recovery meals and trips. Pat was happy for the rain. Dan was happy for Sarah and his daughter volunteering in the homeless shelter in Seattle. Steve was happy for Sarah and President Ginny. Bob was happy for Sarah and Rocky. Henry was happy for former First Lady Nancy Reagan. I was happy for antiemetic medicines. Lew was happy for Sarah and his wife Mary. Bob was happy for his daughter, Julie and his wife, Sunny for coming to Rotary. Kate was happy for Women's Day, Yoga, calling Mike to remind him of Women's Day and not hitting the leg of the table. Tristan was happy for Rocky and Sarah. Kelly was happy for Sarah and her family coming to Rotary. Allan was happy for his 134 pound pig not shot by John. John was happy for Paige, Sarah and Mike McIntyre joining him on his trip. Coleen was happy Mike returned in one piece, the rain, Rocky and Tony and Sarah. Sharon was happy for Sarah and her daughter Samantha being invited to be the youngest member of her club soccer team. Darryl was happy for his father's successful heart surgery. Ginny was happy for Sarah, Women's Day, Mike and Nancy Reagan.

A Warm Rotary Welcome To Our Guests

Toni Parfitt

Jack and Antoinette's guest

Darin and Geri Gaines Monty and Nancy Perry Kelly's guest Kelly's parents and guests

Sunny Landegger Julie Bolton, Provo Rotary

Mary Fry

Bob's guest Bob's daughter and guest

Lew's guest

Ginny's guest

Venkata Ketharam



much we give but how much love we put into giving."

"It's not how

~ Mother Teresa





Upcoming Programs Tristan Rodriguez

March 15th Speaker- Allan Mann Topic- Foundation

March 22nd Speaker- Max Setter Topic– The German and U.S. Education Systems

March 29th Dark



April 5th dark at noon

Paul Harris Night at Wood Ranch 5:30pm

April 12th Speaker- Larry Peterson Topic- Park District

April 19th Speaker- Luis Sanches Topic- Moorpark College

April 26th Speaker- Bob Huber Topic- Old Timers













Character Counts by Reverend Dr. Lew Fry

This week Reverend Dr. Lew Fry had a special poem for us on what will matter. He helps reaffirm why we became Rotarians.

What Will Matter? By Michael Josephson

Ready or not, some day it will all come to an end. There will be no more sunrises, no minutes, hours or days. All the things you collected, whether treasured or forgotten will pass to someone else. Your wealth, fame and temporal power will shrivel to irrelevance. It will not matter what you owned or what you were owed. Your grudges, resentments, frustrations and jealousies will finally disappear. So too, your hopes, ambitions, plans and to-do lists will expire. The wins and losses that once seemed so important will fade away. It won't matter where you came from or what side of the tracks you lived on at the end. It won't matter whether you were beautiful or brilliant. Even your gender and skin color will be irrelevant. So what will matter? How will the value of your days be measured? What will matter is not what you bought but what you built, not what you got but what you gave. What will matter is not your success but your significance. What will matter is not what you learned but what you taught. What will matter is every act of integrity, compassion, courage, or sacrifice that enriched, empowered or encouraged others to emulate your example. What will matter is not your competence but your character. What will matter is not how many people you knew, but how many will feel a lasting loss when you're gone. What will matter is not your memories but the memories that live in those who loved you. What will matter is how long you will be remembered, by whom and for what. Living a life that matters doesn't happen by accident. It's not a matter of circumstance but of choice. Choose to live a life that matters.





Rotarians of the Month

July	Darryl Nind
August	Jonathan Kurohara
September	Tristan Rodriguez
October	Becky Savell
November	Kelly Gaines
December	Rocky Rhodes
January	Jack Parfitt
February	Mike McGuigan

SECRET GREETER ALLAN MANN

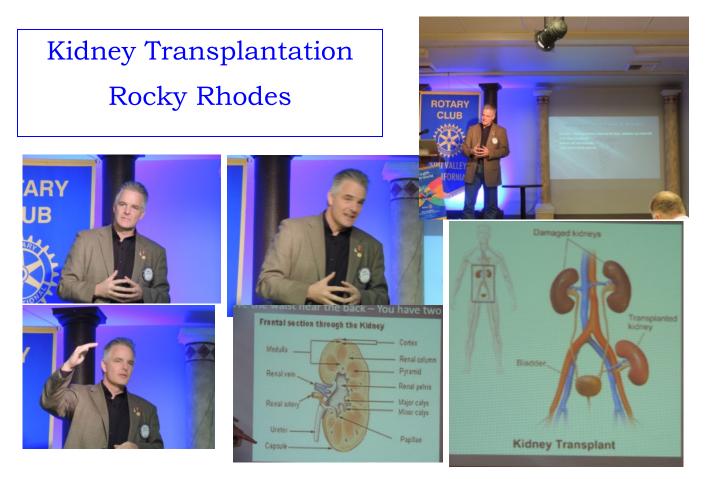


DTARY

ROTARY

Student of the Year Sarah Chaffin

Dan Rosen and Steve Pietrolungo introduce our Student of the Year from Monte Vista . Current Sunrise Rotary President and Principal Steve describes Monte Vista as an independent study academy. Sarah is talented and driven and wants to become a high school English teacher. This fall she will attend Pacific Union College which is Kelly's alma mater.



Tristan introduced Rocky, our hero and Gift to the World, and Rocky talked about his experience with kidney donation. Rocky's journey began when he volunteered to donate his kidney to Tony, who had lost his kidney due to genetics and diabetes. Rocky proved himself to be an excellent donor candidate. He had good blood pressure readings and had an overachieving Glomerular Filtration Rate (he makes a lot of pee).

Rocky gave us the physiology and anatomy of the kidney, in particular the renal artery. He also gave us the harsh statistics of kidney failure and dialysis. Last year 100,000 patients had kidney failure and only 17,000 patients received kidney transplants. The rest were on dialysis and dialysis patients have an average life span is 5.1 years. Every 13 min, someone dies from kidney failure.

7 months after Tony's clock started ticking, Team Tony formed and found their hero. When the operation day came, Rocky said he was calm and felt everyone thoughts as he lay on the operation table. Unfortunately during the operation, a surgical tool misfired and failed to ligate the renal artery resulting in an bleeding and an emergency midline incision. Rocky woke up the next day in the ICU and recovered except for a right visual field loss due to a stroke. Rocky has special prism glasses to help him see objects his right side and has been going to visual therapy with slight improvement.









Tony, now his blood brother, has also been recovering from his kidney transplant. He was in isolation after being started on powerful immunosuppressants to prevent kidney rejection. However Rocky and Tony were recently able to reunite at Rocky's home. Rocky tells us part of the joy in donating your kidney is being able to urinate in different bathrooms when were his kidney recipient comes over.

Cedars-Sinai Medical Center has treated Rocky well , "Like a Faberge Egg" and also presented him with a special pin for kidney donation. The pin has two halves for donor and recipient. Tristan speaks for all of us when he is proud to introduced Rocky as a member of our club.







Save the Date And Announcements



- Special Guest Paige Orta at next club meeting on March 15th.
- March 26th at 8am to 12pm, 5 Club Rotary Clean up at Elven Star Ranch on 15618 Tierra Rejada Road. Contact Jon
- Paul Harris Night April 5th at the Wood Ranch Golf Club at 5:30pm. This is a required meeting (you're paying for it, might as well come). Contact Jon
- State of the City, a special annual address by Mayor Bob Huber, is on April 13th at 11:30am at the Grand Vista Hotel. Contact Bob :)
- RYLA will be April 14 to 17 in Ojai. Contact Sharon to volunteer
- The Simi Valley Education Foundation will have their Academy Awards Gala on Saturday March 19th at the Lost Canyons Golf Club. Contact Allan
- The Simi Valley Youth Summit is on Friday March 18th from 8:00am to 2:45pm at the Ronald Reagan Library. Volunteers are needed. Contact Sharon
- The Annual Five Club Rotary Meeting is on April 7th from 7am to 8:30am at the Grand Vista Hotel. The guest speaker will be Stanley Livingston, best known for playing "Chip" on My Three Sons.
- Lighting of the Cross on Mt. McCoy begins on Monday March 21st at sunset and continues daily to Saturday March 26th. There will be a BBQ on Saturday evening.
- Platinum Sports Center is having the Gymnastic State Competition on March 18th. Volunteers are needed from 8am to noon. Contact Tristan
- Hats Off to Women is at noon on April 15th at CLU. Contact Deb.





Bob Landegger	6th
Kelly Gaines	7th
Rocky Rhodes	11th
Tristan Rodriguez	16th
Allan Mann	21st
Patricia Becker	29th
Kate O'Brien	29th















Narch Spouse Birthdays

Sunny Landegger	13th
Darin Gaines	17th
Ann Lindeen	29th

March Anniversaries

Dana Apple-Coolures and Bobby Coolures	25 years	13th
Ginny and Jeff Hayward	17 years	27th



And Then

Now







Gordon Lindeen	44 years	1st
Gary Whitney	22 years	8th
Patricia Becker	2 years	11th
Kelly Gaines	2 years	11th
Christina Orta	2 years	27th















Be Part of History on March 26, 2016!

What: On Saturday March 26 the Moorpark and Simi Valley Clubs will begin the first ever Adopt-a- Road Program in Ventura County.

Where: Our clubs will be picking up trash along Tierra Rejada Road between Moorpark and Simi Valley.

Time : 8:00 am to 12:00

Meeting Place: Elvenstar Ranch : on Tierra Rejada take the Lapeyre Road turnoff (Elegant Garden Nursery location) continue for a 1/4 mile and the ranch is on your left.

Please Note:

All participants (no exceptions) will receive a safety briefing lead by our Rotary Project Leaders.

All participants must be at least 16years old.

Please contact your club coordinator to get on the list. We need 5 participants from each club.

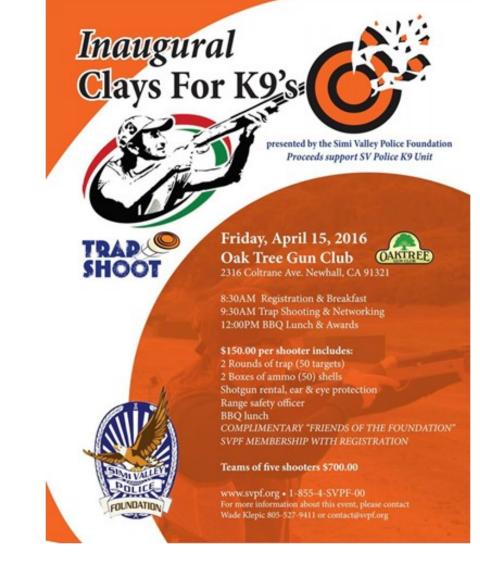
The County of Ventura will be placing signs with the club names and the Rotary Logo at each end of Tierra Rejada-so wear your Rotary attire for the picture

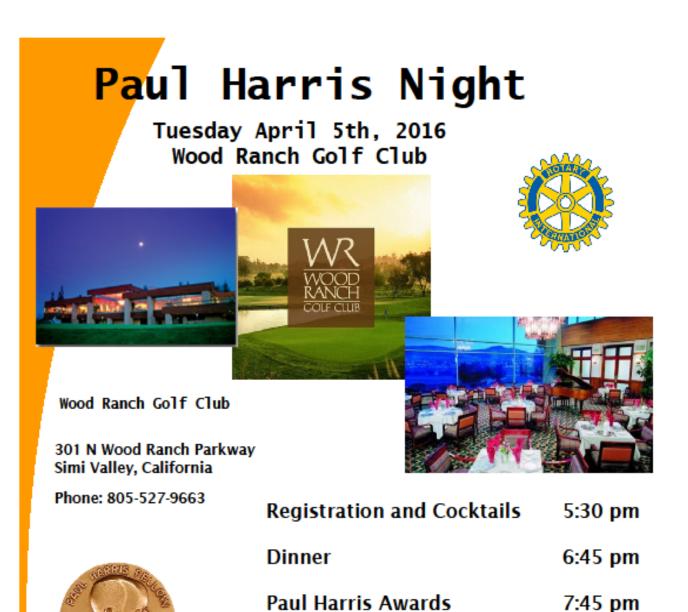
The County will be providing vests, gloves, hats and trash bags. Please bring any trash pickup devices you may have.

Rain or Shine.

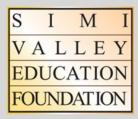


Hats Off to Women is an annual luncheon complete with activities such as complimentary health screenings, a shopping boutique, live & silent auctions, an inspirational keynote speaker, a fashion show and the presentation of the community Woman of the Year award (<u>Nomination Form Here</u>). This year's event, which is expected to be a sell-out, is on Friday, April 15, 2016 from 10:00 AM – 2:30 PM at California Lutheran University in Thousand Oaks. All proceeds will support the final phases of the Emergency Services and Hospital Expansion Project, benefitting over 30,000 patients cared for in the emergency





Please sign up or notify me by *Tuesday March 22, 2016* Jonathan Kurohara 805-208-8282 cell 805-522-0115 fax Email: jkuro@pacbell.net



Academy Awards Gala

We're rolling out the red carpet and planning lots of fun too, some auctions and surprises we have it all waiting for you!

Come celebrate education it will be "reel" exciting don't dally, a night of raising money for students here in Simi Valley. March 19, 2016 5:30 PM to MIDNIGHT

SATURDAY

LOST CANYONS GOLF CLUB 3301 Lost Canyons Dr, Simi Valley, CA 93065

Come Dressed for the Red Carpet | Hosted Bar Dancing | Live Entertainment, | Live and Silent Auctions

Tickets \$125/person