



Dorothy Kuhn
“Victoriously Living Dementia Free”
www.LiveDementiaFree.com

Speaker Intro and Talk Summary

TITLE: Do You Want to Stop Worrying About Alzheimer’s Now?

PROMISE: Alzheimer’s or otherwise, Worry No More.

*“For people over 40 who love their lives but hate the forgetful part.
And those who want to avoid dementia altogether.”*

SPECIAL GUEST: Dorothy Kuhn, Middle Market Business Coach, Author of *Voyage to Your Vision, Automating Systems Engineering* and more.

While our speaker helps middle market businesses get greater profit, growth and honor, her topic is one of broader interest. Dorothy has turned around what is commonly considered a devastating health condition. One for which the best medical minds predict a cure in 10 to 20 years. And where today’s treatment is to “monitor” the slow and costly fade.

Her business skill, confidence in solving tough problems and consistent blessing for meeting the best people – including her doctor – allowed her to regain her memory and her focus. Tenacious, she’s still working on names.

Today Dorothy shares her journey, out of dementia and into life anew. In this action-packed session **you’ll learn:**

- How to instantly recognize dementia’s early warning signs
- What causes most dementias
- The secrets to designing a dementia-free life, avoiding “the down-hill slide”
- Your next best step so you can enjoy and even recover your memory



DOROTHY'S BIO FOR PRINT

Dorothy grew up a mystical Catholic kid, running around the woods with her little brothers and the neighbor kids. So fascinated with how cool God made the world, she had to learn all about it. Studied science.

She graduated in Physics and Math, won her first professional position knowing more quantum mechanics than anyone else. Honored to be Texas Instruments' representative to Carnegie Mellon University, she co-authored the industry standard in Systems Engineering and served as Product Manager for its assessment method, turning her focus from technology to how teams work well together and get great results. TI and others have used this to expand profitability, market share and building great teams.

Dorothy expanded on this to help other companies get the results they want. From Fortune 100 to middle market firms, she's turned them around, from swamped to smooth sailing. Showing them how to solve the firm's problems not at the symptom, but at the root-cause. Allowing them to more easily create greater profit, happier employees and more relaxed owners. Owners, managers and employees who get to make more money and go home at a reasonable hour most days, enjoying their families and their lives again.

When she began suffering with the early signs of dementia, she partnered with her doctor to use these same skills to turn it around.

Since then, she's gone on to become an international best selling author, win the respect of her peers and clients, and help others turn-around dementia like she has. Dorothy loves her life, once again.

To receive Dorothy's monthly **Dementia Turn-Around Nuggets** and her FREE guide "**Normal Senior Moments or...?**", subscribe today at www.LiveDementiaFree.com.



Suggested Interview Questions

- Tell me a little about yourself.
- How did you come to know that dementia was a problem for you?
- Before that, did you think you would get it?
- What made you think there could be a solution for it?
- Who let you know your memory wasn't working for you, and how?
- How long did it take you to start seeing results?
- When did you realize you'd be OK for the long-term?
- How long before you started talking about your turn-around?
- What finally made you talk about it?
- ***What's the #1 thing people MUST know to Spot & Stop Dementia?***